

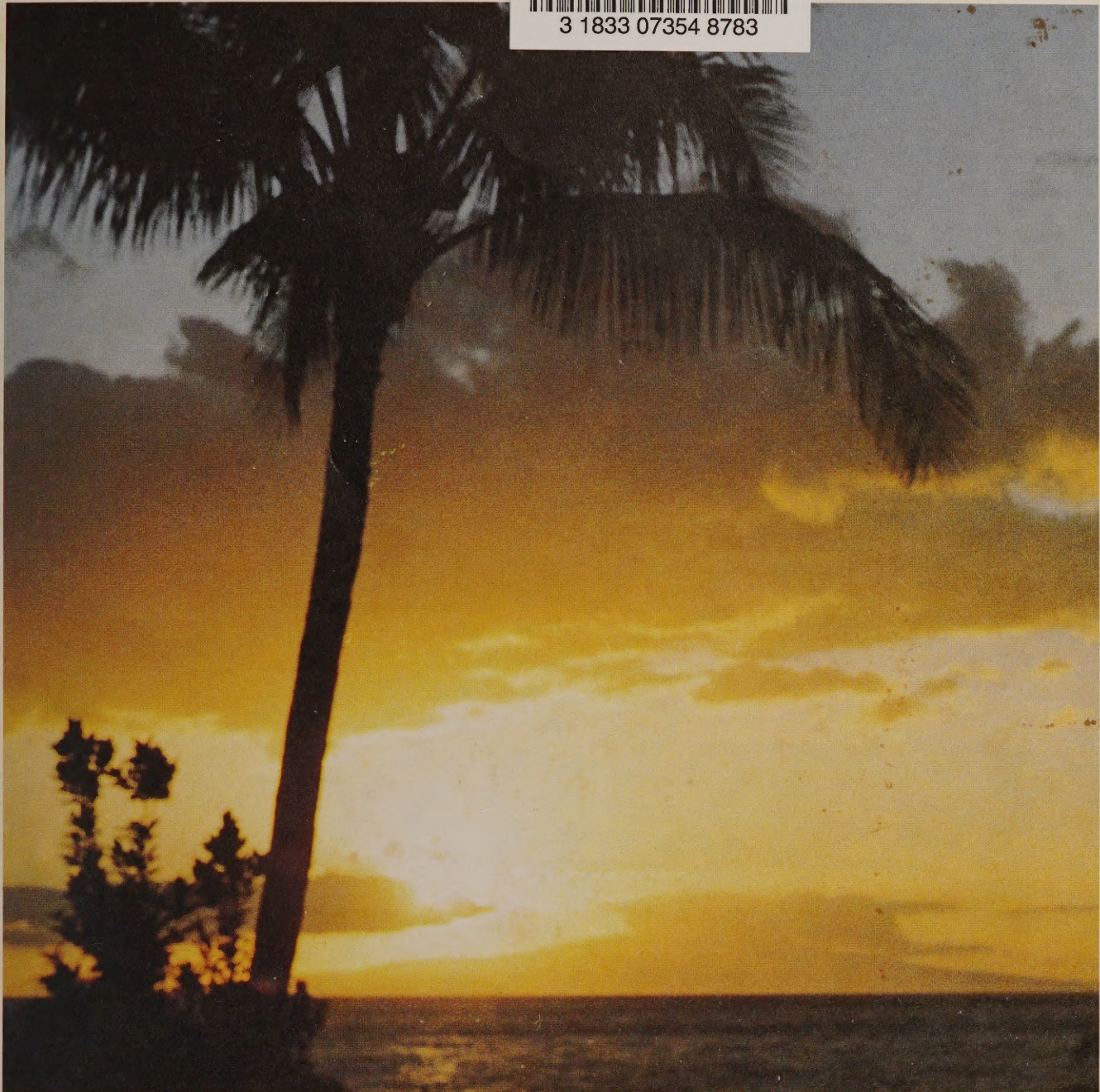
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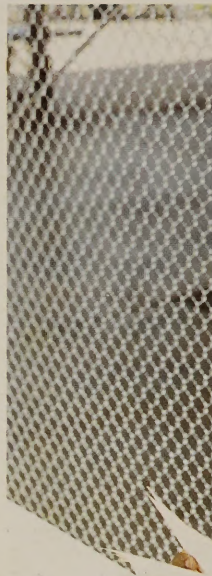


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**University City High School
6949 Genesee Avenue
San Diego, California
1983-1984
Volume 3**

Looking Today At



Yesterday's Dreams



~~I think you~~
are a fantastic
person. you've made
class really fun
with your jokes!
(and also "lets have
A show")

Take-care of
yourself. Enjoy your
Summer.

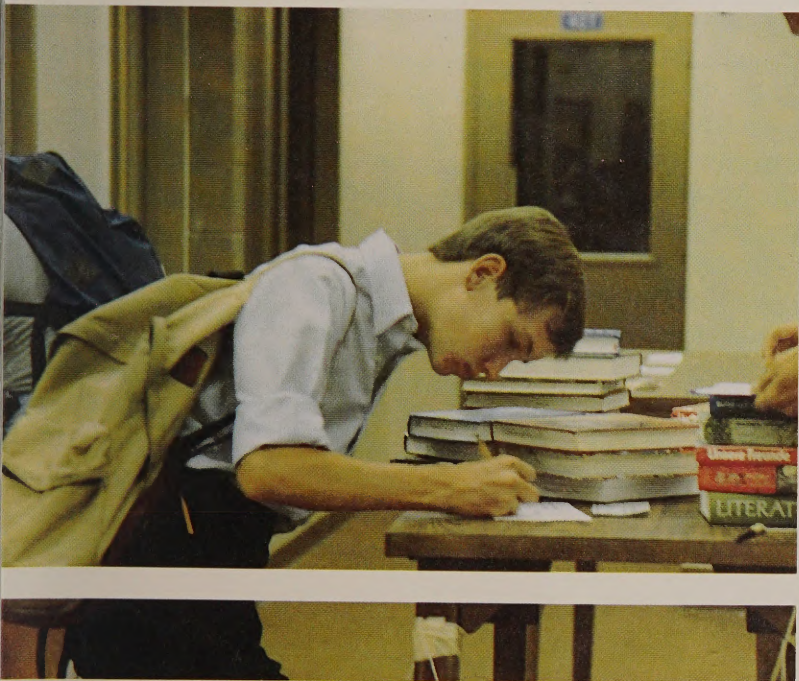
Mary Wachtler
'84

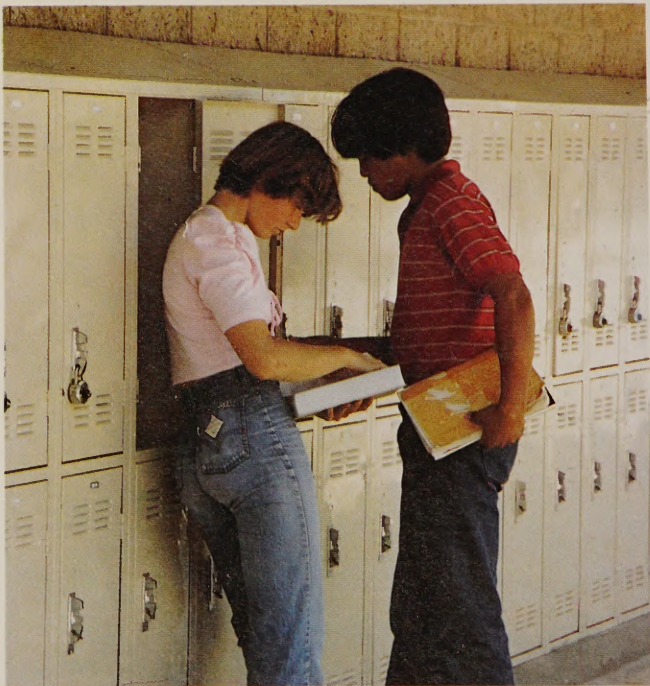
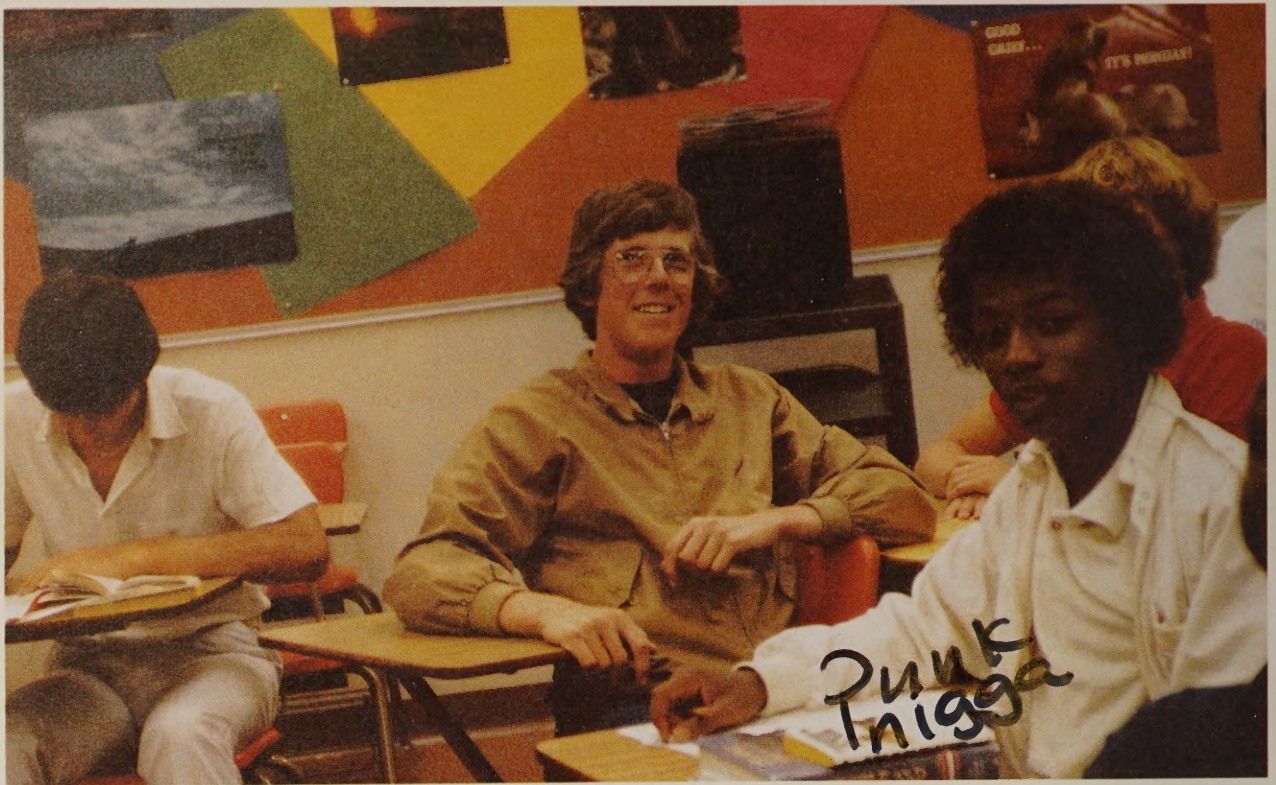


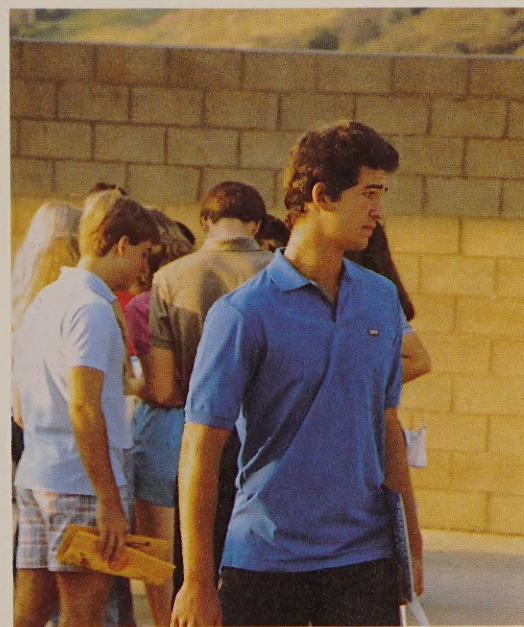
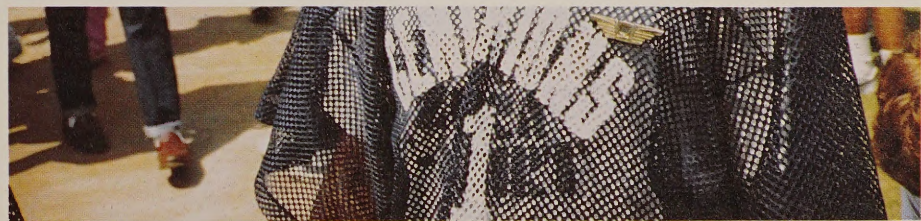
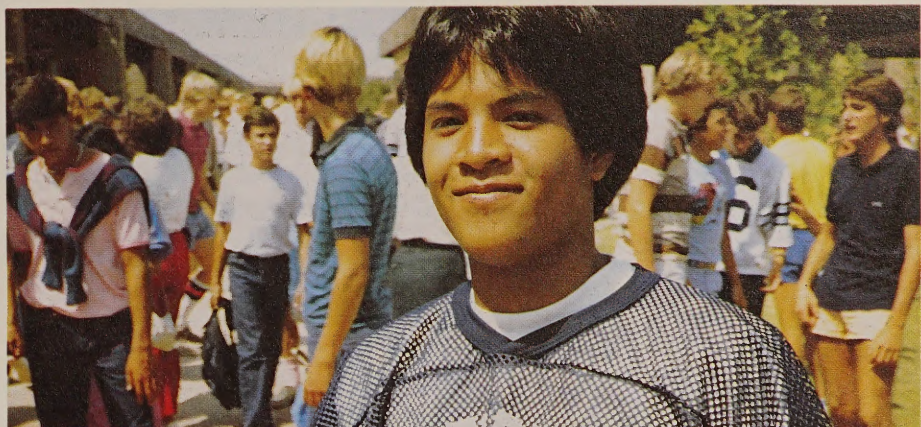
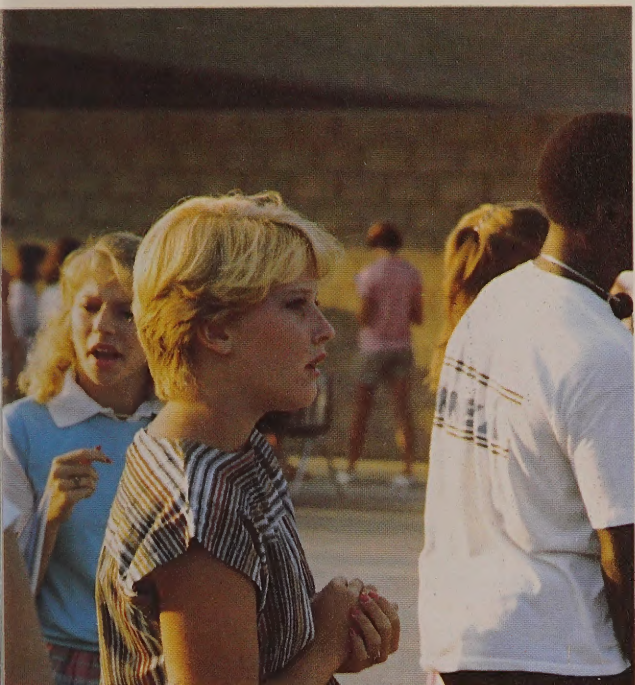
"Nothing happens unless first a dream," Carl Sandburg tells us, and one of the first places where enduring dreams are made is in high school. Our years at University City High were not just hours of classes and nights of homework. They were times of dream making. We dreamed of pleasing that certain someone, of finding just who we were among the crowd, and we dreamed of scoring—on the field and off, in whatever endeavor. We tried on roles and goals, and we tasted the more exalted dreams of fashioning a career and future for ourselves.

In our dream making, we absorbed all around us. We formed our dreams from the heroes of our youth, by the models of our teachers, the historical greats we encountered, the generous outpouring of ideas from our parents and teachers, and no less, by listening to each other. Even career speakers, college visits, the unforgettable Career Planning Inventory (Remember: "Would you rather work outdoors with your hands or inside at a desk?") helped form our aims. So did the wisdom of the past and the energy of the present.









We fulfilled our dreams by thinking "Why not?" instead of saying "I wish," and such thinking led to memories. Because we thought and reasoned and dreamed together, we had a homecoming parade, a first-time, tradition-setting event in the community at large. Because of this idealistic thinking, the Centurion emblem graced our gymnasium. Due to the dreams of the men and women athletes, we made our name among the athletic teams of the city. No longer could anyone say "University who?"

More personally we shaped our dreams in solitude, shared them in friendship. We dreamed dreams so daring we told them with hesitation to only a close few in the late hours after "scheduled" activities were over.











We shared our urgent ones in notes none-too-subtly passed in class. We shouted others from the bleachers. We discovered that he who possesses a dream knows doubt no longer.

Our parents told us that good dreams lead to good memories, that remembrance of things past can be bitter if we don't follow our dreams, so we questioned those dreams. We learned more than what was taught in class. We discovered where we were strong, where we might fall. We grew to temper our loftiest dreams with reality, practicality. We learned that Utopias are not easily made, yet we realized, too, that when dreams wither, there is no more greatness.



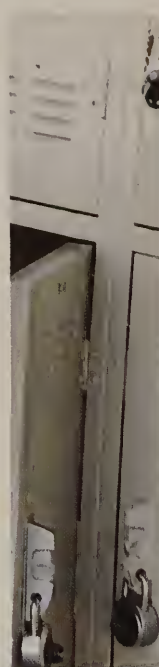


In that learning process, we created memories—some indelible, others vague; many wonderful, some just plain silly, inevitably a few painful. Though memory might be cruel, forgetfulness comes to the rescue. That's fortunate. Looking back on yesterday's dreams—the ones we achieved and the ones we outgrew—our hearts are warmed.



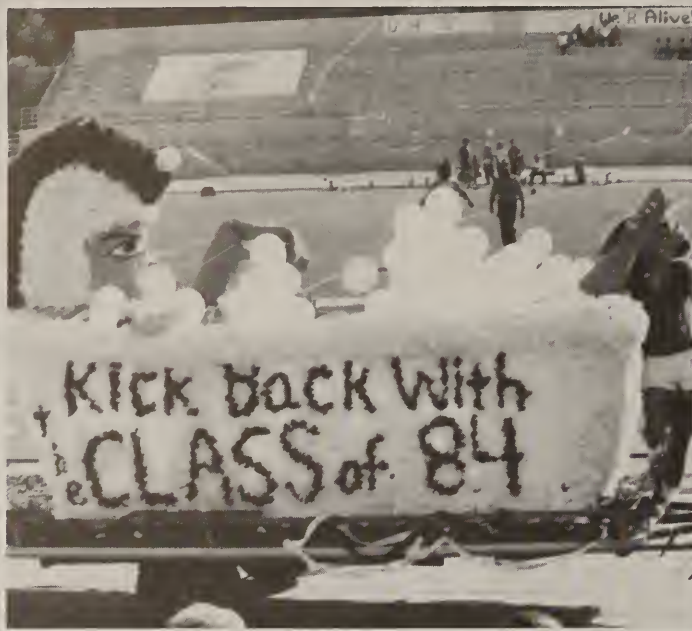
Bitch





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Activ





ities



Happy people are active people, people who are involved. U.C.H.S. not only provided students with educational courses and sports but also offered a multitude of activities to suit the needs of the students. Involvement was the key factor that generated the Centurion spirit. Pep rallies, formal dances, drama, spirit week, and the talent show were just a few extra activities that made school more enjoyable.



Let's Celebrate

Friday October 27th was a day for anticipation at UCHS; chairs creaked as students squirmed and thoughts dwelled not on $F=ma$ or Chaucer's **Canterbury Tales**, but on the evening ahead, the evening of UC High's first Homecoming dance.

It was to be the first Homecoming with returning alumni and the school had prepared a parade fitting for the occasion. Organized by Mr. Michael Price, the parade, consisting of three class floats and one anonymous skull, began at Standley Park, proceeded through the UCHS campus, around the track, and past the crowd assembled to watch the televised football game between the U.C. Centurions and the University Dons, with the ceremonial crowning of the King and Queen during half-time. "The parade almost didn't happen," said Mr. Price, "I had to haggle with the police department for weeks before they would agree to provide an escort, and that didn't happen until just before the parade was due to start!"

The Senior float of a Centurion in a bathtub with a beer in his hand took first place, with the Junior and Sophomore entries coming in respectively. The former queen, Diana Covert, relinquished her crown to Nancy Nadeau and Matt Brock inherited the throne of king from Ron Vance. The prince and princess were Eric Bridge and Bebe Abrigo, the Duke and Dutchess were Steve Mamber and Beth Nadeau, and the senior attendants were Darnell Hopkins, Randy Barnes, Lisa Khoo and Jill Hemingway.

U.C. High's first homecoming game ended a victorious 31-14 over the Dons and ushered in the enthusiasm for the dance ahead.

Tires squealed and engines roared as the students raced off to prepare for the celebration, wining and dining before venturing back on campus to the dance.

The lights dimmed as an announcer stepped to the center of the floor, setting the spotlight for the introduction of the Homecoming Court. Tears ran and flashes burst in honor of the joyous celebration and everyone danced to the theme song "Celebrate Me Home."

The float parade, the returning alumni, the victorious game and a smash of a dance all contributed to the memory-making success of U.C. High's first homecoming.



The Homecoming Court anxiously awaits the results.



Junior Prince, Eric Bridge, and Princess, Bebe Abrigo, enjoy the traditional slow dance.



Steve Mamber and Beth Nadeau delight in a special sophomore Duke and Dutchess dance.



The juniors exhibit their creativity in the Homecoming float.



The senior class takes the lead with a winning Homecoming float.



The coronation of the 83-84 Homecoming King and Queen



Centurion mascot, Annette Peynado, prepares for battle.

Flae



The sophomores display a unique interpretation of the Homecoming theme.

Guilty Or Not Guilty

Mrs. Saracino's five drama classes were overflowing with strong talent and ambition. The first mysterious production of the year was the Agatha Christie tale, **"Witness for the Prosecution."** The action revolved around a young man accused of murder. The testimony of his wife was expected to save him, but she turned against him and stopped just short of hanging him. The suspenseful thriller didn't end there. With its uncanny twists and ploys, it kept the audience gasping up until the final curtain.

The major roles were played by Greg Henry, Jackie Kutnick, David Newell, Chris McCauley, and David O'Barr. All twenty-two members of the cast impersonated English and German accents superbly and made the audience feel as though they were in the actual trial. Rehearsals began in mid-October and ran three to four hours a day.



The defendant, David O'Barr, awaits the decision of the jury.



Adam Wopshal, the barrister, stands by as Jackie Kutnick takes her oath.



Sean Safreed, Brigette Klein, and Mike Howell, the jury, listen intently as the trial progresses.



Kim Rose, as Greta, does some paper work in the office.



Kent Ninomiya contemplates the possibility of a lefthanded murderer.

Michelle Myking, the stenographer, silently takes down the proceedings of the trial.



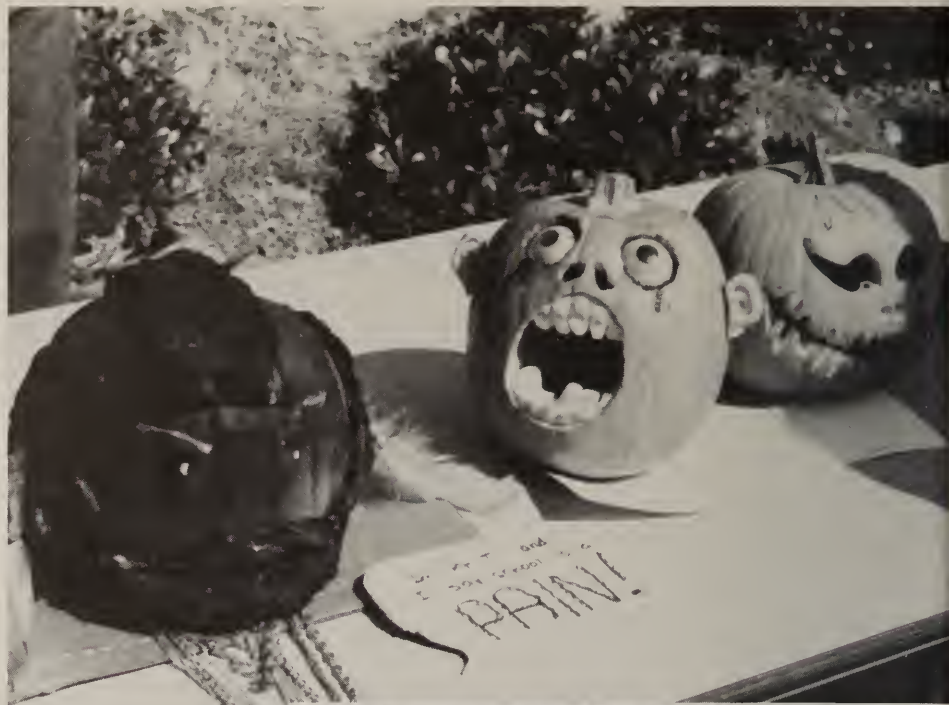
David Newell awaits the answer to his prying question.

Halloween Spirits

Ghosts and goblins? Well, maybe not, but a bear on a unicycle flashed around campus and even a tricycling Charlie Brown was spied.

Halloween itself held the costume judging contest. The winner's circle included Monique Moxey as a nerd and a mutated Mr. Owen who appeared to have spent too much time near Jeff Folsom. Last, but not least were the men of the sea; Steve Mamber's pirate, Randy Barnes' Captain Crunch, and Old Spice man, Joe Weigand.

The annual pumpkin judging was divided into two categories, the pure pumpkin and the pumpkin plus. The pure pumpkin category was for all standard carvings and was won by a grimacing pumpkin from Mrs. Climes' class. Pumpkin plus was the category for those who wished to add props or decorations to their pumpkin. This category was taken by Mrs. White's class with their version of Mr. T.



Mr. T. knocks out the others in the homeroom pumpkin carving contest.



To bee or not to bee.



"Anyone need a hand?" asks Brenda De-barko.



Women wait for Joe Weigand to come home from the seas.



Hey, Linus! Throw me the ball!

Ascending Stars

Air bands, dancers, singers and Maurice Johnson-what could this be? The talent show, of course. The show, co-ordinated by Mrs. Saracino, featured a variety of acts. Two air bands performed, one poked fun at Boy George; the other imitated Judas Priest. The most humorous act had to be the Glimmer Twins, a parody of disco-dancing in the seventies complete with gold chains and polyester suits. The Inmates returned with a hot set of U2 songs. Maurice Johnson provided the humor and kept the audience in line by reminding them that he knew where they lived.



Piano soloist, Eileen Alfonso, plays "Remember Me".



The Inmates reunite, performing a U2 medley.



The show's Master of Ceremonies, Maurice Johnson, takes it off.



The Glimmer Twins", Geoff Folsom and Steve Powers add a humorous touch to the evening.



Ananda Turner performs a solo dance medley.



Julia Freer and Manuel Wingfield perform "On the Wings of Love".

ASB Ball Rocks All Night Long

The Regency Ballroom of the Hyatt Islandia was the site of the traditional ASB Ball. The students danced to the sounds of The Monsters and Music As You Like It. The theme of the dance was "All Night Long" by Lionel Richie. The decor was simple and sophisticated with white tableclothes, flaming hors d'oeuvres, and bright lights. Tables were set around the dance floor for tired dancers to rest their feet and sip fruit punch. Stuffed mushrooms and a variety of desserts were a few of the hors d'oeuvres that were served. Elegant dresses and tuxedos filled the crowded dance floor until twelve o'clock when all went home full of memories made that night.



"Mmmmm, those look good!", comment M. Meyers and Mike Fitzsimmons.



Lisa Hunt and her sharp dressed man, Steve Asselin.



"Uh, Lani, what are you doing to my hair?!"



R. Miller and K. Melcher dance to the sounds of Music As You Like It.



"Can you believe **"she's dancing with him?!"**"



"Oh yeah,?! Well, WE went to dinner at ..."



"OK, now you move over to the right just a bit!"



"CHEERS"

Liza Raymond & Damon Werner dance to the theme song, "All Night Long."

Handwritten: Fucker
JR

Novice Thespians Produce Fun Evening

"They showed a lot of interest in drama and were very motivated for a first year class," commented Ms. Saracino of her beginning drama class, who under her direction put on the second annual Night of Scenes. The purpose of the Night of Scenes was to provide the students with a chance to perform in front of a live audience. The money raised from the night went towards funding the Spring drama production, "Don't Drink the Water" by Woody Allen.

The show consisted of six scenes from well-known dramas and comedies such as "The Owl and the Pussycat," "Blithe Spirit," and "The Importance of Being Earnest." There were no sets for the scenes and props were minimal so the audience had to employ their imagination.



Helen Carson belittles Cherie Tedde.



Stacy Greateon and Dawn Clark go Greek.



Stacy Greateon and Dahny Glazerman in "The Owl and the Pussycat".



Dawn Clark comes back to life as El Vira.



"One lump or two?" asks Philippee Hammerling.



George Balle and Kent Ninomiya discuss camera posture and procedure.



The Student View Announcers in camera pose.



Cameramen Greg Smith and Brian Steffen set up the camera.

5, 4, 3, 2, 1 Action! Cues technician Geoff Folsom.

Director George Balle taking charge of operations.

On Campus News

"Hello and welcome to this week's edition of Student View! The on campus news program which gets you the inside story on the campus-life news you want most. We'll cover everything from sports to dances, A.S.B. activities to the latest in local news. Getting the opinions of you students for this, your news station, the Student View."

"After the first few productions I acted as an advisor and tried to let the students, mainly producer George Balle, run the show" commented John Collins, supervisor of Student View.

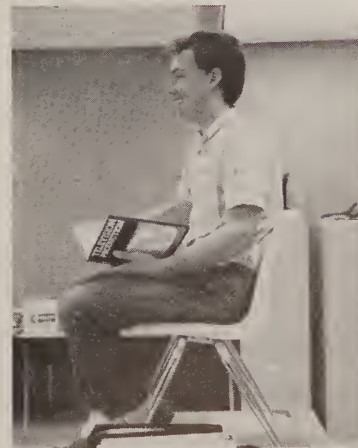
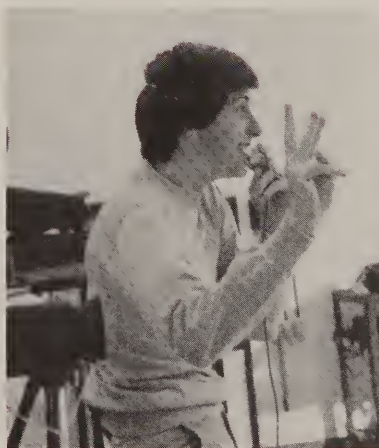
Student View was created by University City High School students and was aired over closed circuit television in all English classes.

"Writing my articles plus being the anchorperson was a lot of work but I feel that my experience from last year helped me a great deal." reflected David Adams.

Also helping David Adams was co-anchorperson Michelle Riley and sportsperson Kent Ninomiya.



Top-Greg Smith, Kent Ninomia, David Rauch; Middle-Jordan Shipiro, David Adams, Lisa Khoo, George Balle, Michelle Riley; Bottom-Brian Steffen, Geoff Folsom, Ken Kashman, Robert Carlson.



A Helping Hand

The Booster Club to the rescue! Have you ever wondered how the baseball team got a pitching machine or the football team got a blocking sled? Thanks to the U.C.H.S. Booster Club, which has been aiding the school for three years, we were able to have those conveniences. A few of their other contributions were loop films and starting blocks for track, a communications system for football games, and socks for the soccer team. The Booster Club was organized in 1981 by Joe Tefoya, former vice-principal of U.C.H.S. and Majorie Johnson, an active parent. "Our purpose is to assist coaches financially, where the school can not, in getting equipment," said President Bob England. The club started out with a handful of parents contributing a five dollar annual membership fee and has grown to a membership of about twenty families with over two-thousand dollars in their account. The Booster Club raised most of its funds by sponsoring dances and social functions like banquets and the ever popular Dr. Dean. These funds were put aside until a coach or parent approached them with a need and the club helped them out. As an all-school booster club, it welcomed input at its meetings which were held whenever there was an issue to be discussed. The Booster Club is an invaluable asset to the school and with continuing support it will keep on doing its best for U.C. High.



Pat Schneider, Sue Wilson, Sunny Pippin, Bob England, Sharon Paladino. Absent, Bill Werner.



"Listen, this is really a great idea," says Pat Schneider.



"We only need to raise another three thousand dollars!"



"OK, I'll sign," says President Bob England.



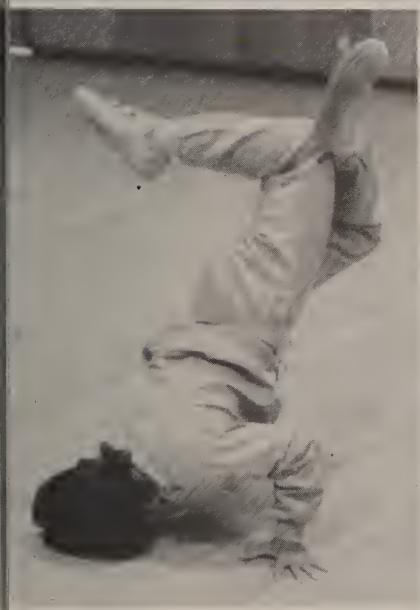
First row: Terry Carter, Dominic Lucina, Mike Hansen, Allen Daniels, James McHenry, Joe Jordon, John Williams, 2nd row: Ms. Mendoza, Dwight Bagby, Front: Frank Fogliano.

Dancers Break Tradition

In the sixties we moved our feet side to side like windshield wipers on a rainy night, and called it the twist, and in the seventies John Travolta, and the Hustle became the big trend. Now in the eighties, students are not only doing all of the above but they are spinning on their heads like tops and even wiggling across the floor like worms on a hot skillet. This unique and extraordinary form of dancing became known as Break dancing, and has become popular cause of its popularity students have been Breaking in places that range from shopping malls to school hallways, it was for this reason that the Breakers Club was formed. Mrs. Mendoza agreed to be the sponsor and a new club was born. In the future the Breakers Club hopes to go into competition with other Breaking Clubs in San Diego.



A breaker "crab walks".



Frank Fogliano shows how to "freeze."



Eddie "The Snake" Ellis demonstrates some new moves.

John Williams practices his original moves.

The Brainy Bunch

A box contains eleven balls, numbered 1, 2, 3 ... 11. If six balls are drawn simultaneously at random, what is the probability that the sum of the numbers on the balls drawn will be odd?

Problems like these were what attracted more than twenty students to join the Math Team. The Math Team headed by advisor Nanci White, met two Wednesdays of each month in room 450 to work on problems similar to this one, and to discuss upcoming contests.

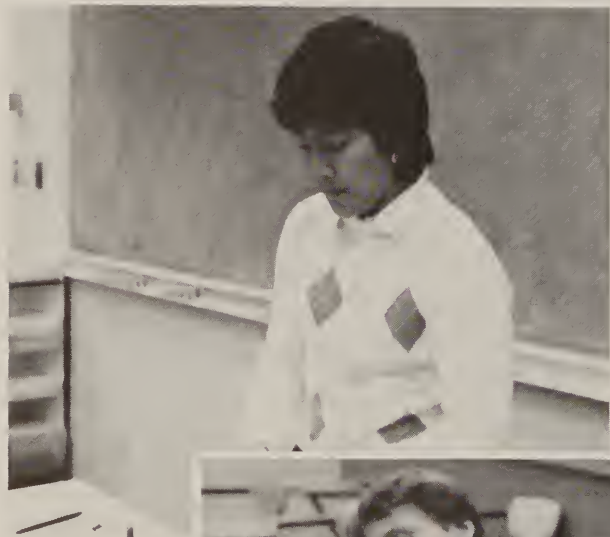
The team competed in contests both county and statewide. In the San Diego State Math Field Day on February 25, Mike Liang received honorable mentions for excellent scores in games such as "Chalk Talk", "Rapid Transit", and "Calculator Capers".

In the California Math League Contest, to which our Math Team belongs, members competed against other California high schools by taking tests every month.

"All right, bring on the next problem"



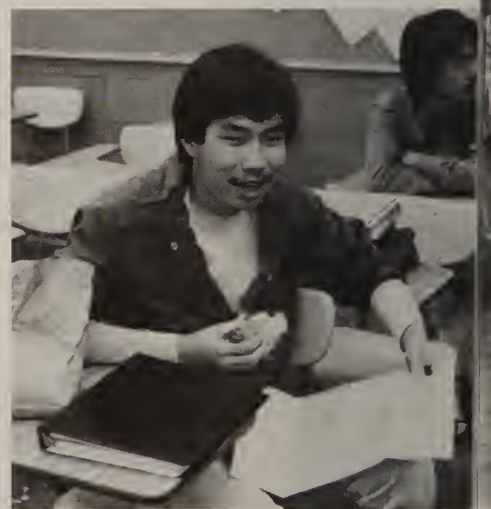
Front left: Mrs. White, Dave Nicklas, Randy Zounes, Chihhsin Chiang, Craig Halder, Brian Vowinkle, Victor Wong, Edwin Lai, Hans Rose.



Advisor Nanci White searches for the answers.



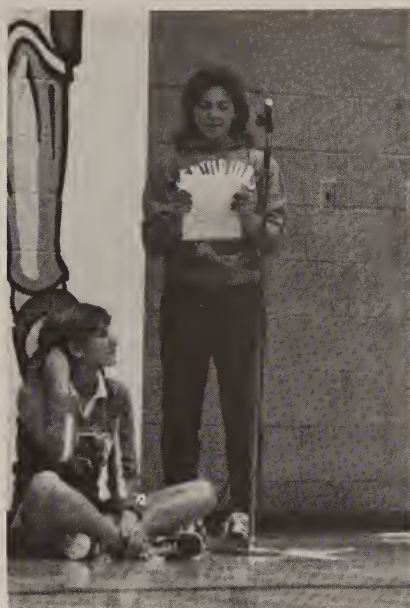
Randy Zounes and Dave Nicklas relax before taking a Math Team test.



Victor Wong peruses an intricate problem.



Captain Matt Brock reports team progress.



Team talk from Athletics Com. Missy Henry.

Ceturian Spirit Soars

Pep Rallies- we all attended them. They promoted school spirit and pride. They gave many students a chance to relax from a vigorous schedule of classes and a chance to become involved in the activity ... or a quick trip to McDonalds.

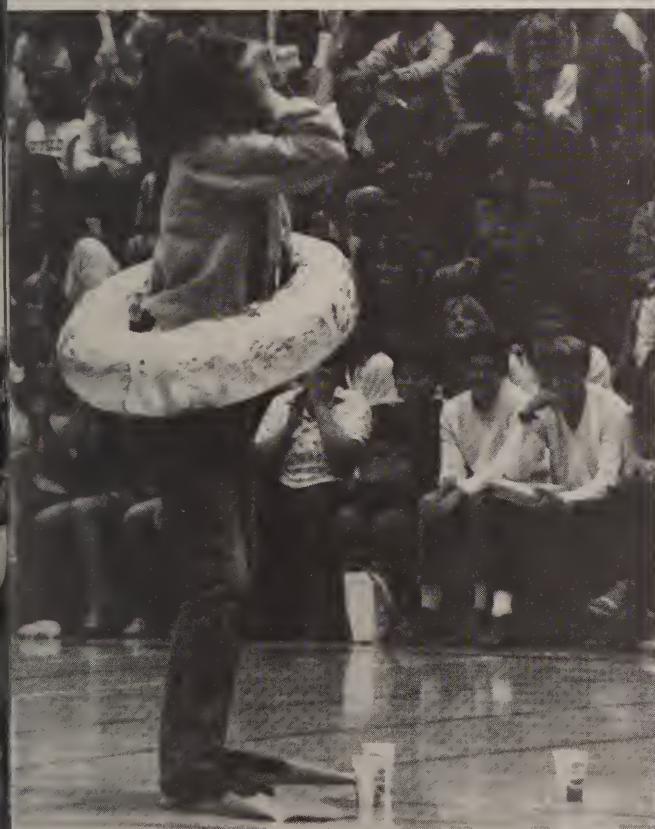
Throughout the year the Pep Rallies that were offered displayed the class and spirit U.C. maintains. The Homecoming Pep Rally with the cheerleaders performing a colorful skit was one of the most successful pep rallies during the year.

In case one wonders just who the masterminds of these activities were, try looking at the cheerleaders and student government officers. The planning, writing and much of the performing was done by these groups. Although pep rallies were fewer this year, the success of many of the athletic teams made them more exciting and livelier than ever.



Class points are in the bag for Dave Moore.

Cheerleaders "can can" to the fight song.



Junior Gretchen Smith makes a Pepsi dive.



Varsity cheerleaders in flight formation.

Funky Fashions And Freaky Fads



"You did what with my lollipop?!"

POPULAR PRICES

Levi's	\$21.00
Guess jeans	\$52.00
Converse high-tops	\$19.99
Plastic shoes	\$6.99
Good haircut	\$16.00
Suede boots	\$34.00
Esprit sweater	\$36.00
Double belts	\$15.00
Long earrings	\$4-\$17.00
Ear cuffs	\$6-\$12.00
Scarf	\$9.00
Sweats	\$20.00
Miniskirt	\$19.99
Jean jacket	\$81.00
Bracelets	\$5.00
Short socks	\$3.00

"Hey dude, what's shakin'?"

"Times are hard. The serious partying scene is fully floundering."

"Hang with it. Do some scamming, hit the happening scenes, you'll be jamming, it's no problem."

"I can't deal with my teachers. They're wenching on me."

"That's bogus You're achin'. Get a clue, go for some heavy skankin'. Have an idea!"

"O-tay. Let's get some scoot."

"Too cool. Thrash on this lagging scene."

Like, you know the school year 83-84 was totally radical. It's like the most awesome styles were, like seen, everywhere and most everyone wore the coolest fashions.

Guys as well as girls like had their hair bleached, and wore ear cuffs and like lots of make-up 'n stuff. With the maximum of holes were in lots of their ears with long earrings dangling from them.

Then there were like the rockers with their spiked wristbands and concert T-shirts, always wearing worn-out jeans with radical Levi jackets and had their favorite rock group printed on the back.

It's like UTC was just the totally in place to be. The movie theatre and the arcade were like really popular to almost everyone around the school.

Next year might not have the same unique styles as we had this year, but there will be a lot of newer fads to take their place.



Bobby Clark: The personality, the athlete, the man!



"Can I read your purse?"

Tom Goddard, a new-wave haircut.



Put your right foot in, put your right foot out ...



Spirit Week A Sizzling Success

Just another spirit week at U.C.? No way! Lunchtime activities like the Licorice Kiss and dress-up days sparked the students' spirit. On Friday, School spirit and unity culminated in the most enthusiastic pep rally ever. Enthusiasm carried into that night's big hoops game against Clairemont. The pandemonium of the crowd ignited the Cents to a satisfying win. The goal of the ASB for spirit week was to create a strong sense of pride and unity. In addition, they brought enthusiasm to a fevered pitch. School spirit prevailed throughout the U.C. campus.

Becky Muka gets prepared for her next act.

"I give up, who is it?"



Ready, set, hut 1, hut 2.

Darnell Hopkins refuses to play the game.

"You can't get away with the crunch ..."



Brian Engleman gets a needed relief.

"How would you like to carry a load like this around?"

Beatle Revival

THE BEATLES ARE COMING!, or so read the headlines of 1964. Now, in 1984 The Beatles have come and gone but their music lives on.

Penny Lane, the Las Vegas night club group, specialized in Beatles music. Songs such as "Yesterday" and "Hey Jude" as well as a couple of their own songs, "Simple Girl" and "Crack of the Whip" were performed for U.C. students in an evening concert and daytime preview in February. After the concert the musicians handed out photos and signed autographs.

Although the audience was small the music was excellent. The fans enjoyed an evening of music from a past generation.



Penny Lane brings back an era that we were too young to appreciate.



The Penny Lane drummer emulates Ringo Star's enthusiasm and style.



Jim Campanero, on, vocals and guitar, portrays the late John Lennon.



Vic Campanero assists on the keyboard to recreate the ever popular Beatles music.



James Young takes time out to call his girl. Again.



Sheryl Martin kicks back on the way to Washington.

U.C.H.S. Close-Up

How far would you go to further your education? Eight UCHS students went 3000 miles to further their education in Washington D.C. What would seem to be a vacation from school was no vacation at all. They were up by 7:30 every morning, attended seminars and workshops until 9:00 at night. "The seminars were intriguing and we met a lot of important politicians" exclaimed Sheryl Martin.

This trip gave students a chance to talk with such public officials as: Congressman Pete Wilson & Congressman Bill Lowery. They attended seminars on topics ranging from the Art of Lobbying to Defense and everything in between. The teacher who went on the trip was our ASB advisor Mr. Sam Wong. There were over two hundred students total; from Southern California and Delaware. They broke up into groups to visit their own congressman. The last day in the capital, the students were set loose on their own. Most of the kids went shopping and looking for the steps shown in the movie "The Exorcist". "It was more fun than I ever thought education could be!" stated Celeste Ogata



Sitting: Sheryl Martin, Anh Tran, James Young, Cory Krell, Celeste Ogata, Standing: Richard Wallen, Mr. Sam Wong and Madelin Gooden.



The Capitol Building: center of the students' study.

Anh Tran, Cory Krell, and Chris Halkin study the agenda.

SA



CLUBS ORGANIZATIONS

Clubs and activities- they gave us direction, an area to direct our talents and a place to utilize excess energy. The wide variety of clubs offered a niche for everyone. Whether you were a math whiz or a science fanatic, clubs and activities offered a sanctuary, an escape from normalcy. By providing social activities, clubs helped people enjoy themselves, meet others with similar interests, and occasionally learn something. Although they required long hours, learning was better through clubs and activities because it came through being active.

From hiking trips to the Grand Canyon and ski trips to Mammoth; Dungeons and Dragons to Chess, clubs and activities were a place for students who had many talents.





BS & ZATIONS



"Where are those pictures I was promised?!" a desperate voice cries out on deadline day. All eyes fall to the floor to avoid that persecuting glare someone gives you when they undeservingly get stuck with the burden of meeting a deadline. Some feeble excuse is mumbled and unease sets about the room. Suddenly, a fatigued photographer bolts through the door with his final prints.

The staff sets to work, redrawing a new layout, cropping pictures, and exchanging ideas on preparing the last minute edits. The pages are completed and the deadline is met, enabling a June distribution instead of September.

"The Yearbook Staff is really just one big family," Advisor Rob Coons commented. "There is so much pressure loaded on our shoulders that we have to work as a team to accomplish our goal: producing the best quality yearbook we can, on time, and at the lowest price possible."

The improved quality was aided not only by a conscientious staff, but with the help of volunteer copy editor Susan Vreeland, a literature teacher at UCHS.

In overseeing the various stages of composing the yearbook, Lisa Monita, editor-in-chief, was supported by assistant editors: Jeni Bets and Diana Lublin; copy editors: Collette Murphy and Karen Phillips; layout editor: Diana Lublin; and head photographer: Tom McSherry.

Mr. Coons added, "We only had five people returning from last year, so they had to train

Headlines To Deadlines Made Times Hard!!!



Between trains: Mike Houghton, Mark Nicholaw, Tom McSherry, Jeni Betts, Climbing on train: Celeste Ogata. Under clothesline: Leesa Drost, Kim Kramers, Lori Phillips, Karen Phillips, Michelle Silva. Standing: Sue Ventimiglia, Maurice Johnson, Monica Meyers. Sitting: Mary McGroarty, Diana Lublin, Collette Murphy, Kim Kaas. Lying down: Rob Coons



"I can't believe they expect the yearbook to print this!"

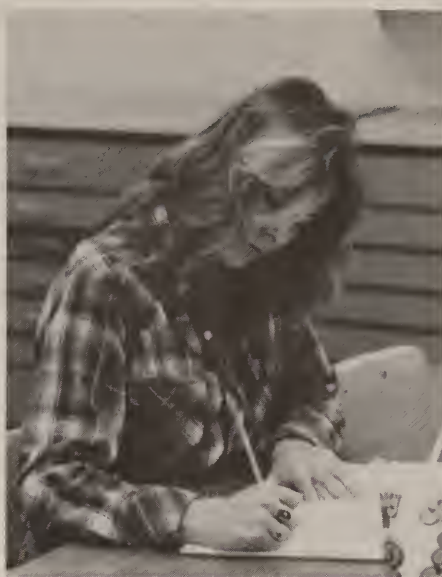


Collette Murphy makes corrections on Yearbook copy.





"Congratulations Coons, we made our deadline!"



Karen Phillips adds the final touches to her copy.



Maurice Johnson sketches his layout plans on a dummy.



Mike Houghton focuses in on the cheerleaders. "Our deadline is today?!?!"



"I don't know who he is, but I wish!"

the rest and carry a significant part of the burden of the first deadline." The staff was short on numbers at the beginning of the year because many students' applications were rejected. Yearbook is a demanding class that requires hard workers with particular skills, contrary to the misconception that it is a "cruise class". "Sometimes we work harder for this class than all of our others put together!" agreed the staff.

We thank all those who helped us create the memories this year and put them into print; resulting in the finest quality yearbook this school has ever produced.

Opening Locked Doors

"Hey, why didn't you join the Key Club?"

"Why? My dad isn't a locksmith!"

"No, it has nothing to do with keys. The Key Club is ..."

A community service group. It is affiliated with Kiwanis International and plans events together. If you can remember back to Christmas, you probably bought your tree from a Key Clubber. They took your shoes at the dances in the gym and, in addition, planned a fund-raising dinner, with the proceeds going to Children's Hospital. They looked forward to more chances to serve their community.



The officers of the Key Club go over their notes.



"Bill, Please don't eat the magazine!" screeched Chris Lechner.



Back row: Ajay Narian, Roger Joe, Omar Rodes, Andy Micone, Martin Lechner, Ramone Murray, Sean Safreed, Heather Beaton, Biran Engleman, Coach Mitchell. Middle row: Robin Gibson, Cory Krell, Tina Streeper, Bridget Klein, Kim Long, Sandy Rodes. Kneeling: Benny Singer, Gretchen Smith, Chris Lechner, Bill Autenreith, Richard Kim.



Mike deGuzman takes a break while loading the bus.

No Guts No Glory

Snow! Where? In U.C.? Well almost. The U.C. High Ski Club headed by Jean Baumann and Ed Yandall, in a sense brought snow to U.C. High. The club offered the students an excellent opportunity to ski at conveniently reduced rates. The first trip was to Mammoth where they encountered a wind chill factor of forty degrees on the first day. "The rest of the weather was great and the snow was all powdery" commented Maurice Johnson. The trip accommodated experienced skiers as well as first time beginners like George Balle, who discovered paralleling on his second day. "You just have to go for it!" said George. Another benefit of the Ski Club was being able to ski with classmates and friends. The skiers got to know their fellow members better and also exchanged skiing tips. "We have a fun group" commented Ms. Baumann.



Kristen Strange and Jackie Rios take a lift to the top. Kris Stewart having a little trouble with her skis.



Maurice Johnson heads for the lift lines. A little ski ballet from George Balle.



Kelli Gragg and Ross Talner get ready for a run.

United Are We

"Let me see you get down," yelled Nikkie Weaver smiling as she twisted down to the ground. This was a favorite cheer of the Varsity squad in which the crowd and the girls took turns "getting down." Another bizarre antic of the squad was the one and only cockaroach. The girls lay down on their pom poms flailing their arms and legs in the air like an overturned cockroach. When it came to crowd involvement the girls were prepared to do whatever it took to get them motivated. "Anything goes," as Nancy Nadeau put it.

In addition to cheering the Varsity squad organized and participated in the school pep rallies. The first one right after summer had a beach theme, in which the girls entered in beachwear but threw it off, symbolizing the end of summer and the beginning of the school year. Dancing was a big part in the pep rallies, the most memorable being the traditional fight song at the conclusion of the rally.

All of these activities took a great deal of time and effort. The girls spent most of their summer learning cheers and many long, hard hours after school drilling and perfecting them. Spending so much time together resulted in a very close group of friends, like a family with head cheerleader Julie Aylesworth as the mother figure. Each had her own personality and contributed to the completeness of the squad. Although they were all different, in the way they strove together to promote school spirit, they were all the same. They were united not only on the field and in voice but in feeling and friendship. The sentiment of being together as one was best illustrated in the cheer, "United are we!"



O.K., who took my skirt?



You can go to battle, I'm going home.



Come on, take the picture!



Don't mess with U.C.H.S.



Top row: Pat Tanquaio, Jill Hemingway, Annete Peynado, Andrea Hill, Celeste Ogata,
Bottom row: Lydia Rios, Nikkie Weaver, Junifer Ravelo, Julie Aylesworth, Heather Croft,
Nancy Nadeau.



Here's looking at "U" kids.



Don't let go, Nadeau.



Hey look us over.



How sweet it is.

Our Spirit Is Sky High

"Boy are we enthusiastic. We are feeling G-O-O-D," cheered the eight members of the J.V. Cheerleading squad. Their kicks, flips, jumps, and pyramids combined with an assortment of catchy cheers helped to excite a crowd that came to cheer their team on to victory.

Each girl was a different individual who projected her own personality and expression in stylized cheers and chants. Laney's alto voice could be heard throughout the stadium (even without a megaphone) shouting, "Let's go big blue." Jenna Scarafone's back handspring displayed the perfection of an acrobat.

The purpose of these eight highly motivated girls was to get the crowd's adrenalin flowing at football and basketball games and also at pep rallies. This they did when they led the crowd with easy to remember cheers that encouraged the fans to clap their hands and stomp their feet. It undoubtedly inspired the teams to give just a little bit more.

The girls had much devotion. "Our school this year worked together as one and we developed many special friendships!" commented Head Cheerleader Sue Ventimiglia. Lara Klein replied, "A good cheer squad succeeds in promoting school spirit if they do it without thinking that they are better than everyone else."



Top row: Laney Beres, Jenny Lees, Beth Nadeau, Wendi Scheck. Bottom row: Rosalia Hayakawa, Lara Klein, Jenna Scarafone, Sue Ventimiglia.



The cheerleaders enthusiastically inspire the crowd.



"All right, all right, all right, awesome, awesome, awesome."



Head cheerleader, Sue Ventimiglia, gives her dazzling smile.



"Hey, Crowd! Show your spirit!"



Fishermen Angle For Results

"It was enjoyable to be a member of a group of people who have the same interest and hobbies," commented Kevin Knox, President of the UC Castmasters Fishing Club. The club has been successful and active for three years due to the close friendships that have developed. "The friendships I've made have been well worth the catchless fishing trips," said Kevin Knox.

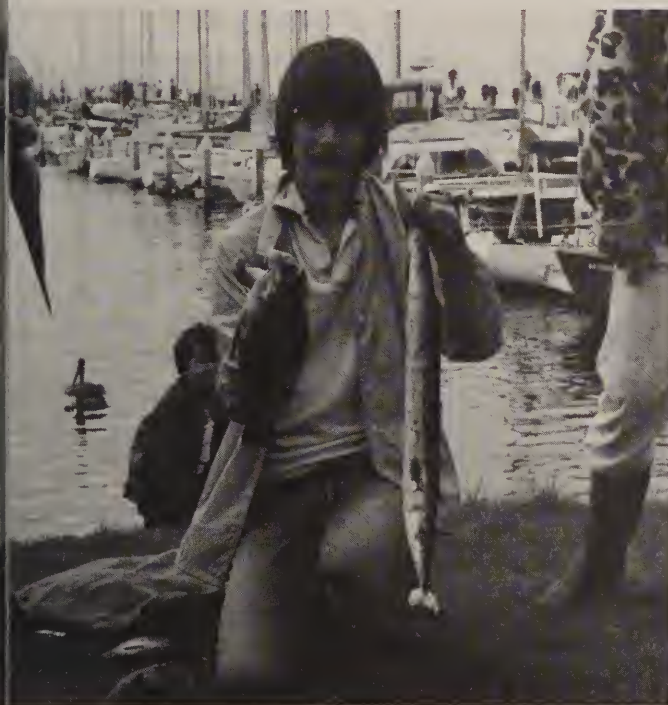
The Fishing Club met every Monday and Friday during lunch to plan their upcoming fishing trips. One of the many trips taken was to the Salton Sea, where the Club camped out and fished for several days. "When there wasn't a fishing trip planned, small groups would get together and go to Mission Bay to salt water fish," said advisor Mr. Reed. All in all the Castmasters Fishing Club had a prosperous year.

Bottom Row: Mr. Asakawa, Ken Parker, Mara Dillo, Kevin Knox, Patrick Herman, Steve Finch, Robert Falcone, Mr. Reed. Top Row: Kevin Kempton, Mark Slater, Ayad Kazzazi, Mike Stewart, Phil DeMarco



U.C. fishermen are awaiting the "fishing paradise."

Mike Stewart displays his dinner while Mr. Reed already starts on his.



Mr. Reed and Steve Lynn gaze in awe at David Hymann's award winning catches.

Patrick Herman shows off his barracuda and bass.

Choir Offers New Form Of Expression

"The funniest thing I remember," recalls choir member, Lara Flower, "was the time we were singing in front of the school and someone was way off key and we all started laughing! We couldn't stop!"

The Girls Ensemble of '83-'84 was, at the very least, an exciting experience for the eighteen girls involved. The ensemble was a mixed group consisting of both experienced and amateur voices. As Mr. Gilliland, their director, put it "They pulled together anyway and were always enthusiastic about the shows."

Throughout the year the Girls Ensemble entertained at many locations. These included University Towne Center, La Jolla Village Square and at the City Festival in San Diego. The girls all felt the same about one thing and that was that the Girls Ensemble of '83-'84 would not soon be forgotten.



Top row: Julie Kinslow, Julie Emerson, Jennifer Dunham, De Anna Mills, Cherie Tedde, Middle row: Karina Heimburger, Lara Flower, Suzanne Garret, Stephanie Grammer, Mara Dille, Evelyn Lopez. Bottom row: Anita Wolf, Rebe Carcabuso, Elena Manalo.



It goes like that, Mr. Gilliland



Dainty Duet



When is this song going to end?



Sing, sing, sing a song.



Top row: Martin Lechner, Peter Hissong, Robert Fidel, Kevin Heck, Ramon Murray, Andy Micone, Johnny Tabor, Manuel Wingfield, Chris Lechner. Bottom row: Julia Freer, Brigitte Klein, Robin Gibson, Lisa Baker, Michelle Loomer, Susan Reinhardt, Marla Mealey, Jeanne McCracken, Kristen Anderson, Michelle Riley.



A dentist's dream, willing patients.



Soloist, Robin Gibson, sings "O Holy Night."



Ramon Murray, a very talented tenor.

sad

The Sound Of Song

"After almost every performance we invaded Farrells, wearing tuxes and our dresses; walking in, arm's linked, looking like fools. I suppose by now the people there dread our coming. Every time we go there, we make it someone's birthday-totally embarrassing them." remarked an Honor Ensemble member. Good times and good memories were the results of many hours of "sweating under the spotlights".

The members of the Honor Ensemble auditioned in the spring of 1983 to the "Disney Song" leaving only a select 19.

During December they sang traditional Christmas songs to "many appreciative people", from those at University Towne Center to a few at the Gas Lamp District. One person commented, "I will remember the fun, the sore feet, spending almost all of December in a tux, but mostly Mr. G's green plaid jacket that he always wore at our performances."

They have come a long way together because of the time and dedication not only on practicing but, "making memories that will last forever."



Robin Gibson and Martin Lechner in "Baby It's Cold Outside."

A Mark Of Excellence

It requires a 3.5 GPA or better, life membership earns a gold seal on your high school diploma and it takes a year-end trip to Disneyland. What is it? UC high's finest group of high achievers, the CSF.

The California Scholarship Federation is an organization designed to acquaint eligible students to the scholarships available to UCHS. A \$500 scholarship will be awarded to the most outstanding student in each of the fields of math, chemistry, physics, English and history, and a special Seymour scholarship goes to the most outstanding student overall, evaluated by a scholarship council.

"CSF meetings consisted of boistrous lunches and discussions on scholastic opportunities," said one member. "I also made a few new friends and had a blast on our Disneyland trip! I definately found CSF a worthwhile organization!"



President Eric Ryan leads a lunchtime meeting.



Back row: R. O'Barr, M. Jungling, C. Colborn, C. Thomas, T. Wilson, E. Sorenson, S. Waisman, M. Bari, F. Hooks, S. Huckleberry, R. Joe, R. Kim, J. Ring, 3rd row: B. Creek, D. Skogland, J. Shyu, S. Shih, J. Lin, S. Hsu, B. Engleman, G. Smith, H. Croft, C. Ogata, F. Morocco, K. Miller, M. DeGuzman, L. Mathis, D. Adams, S. Gordon, S. Martin, W. Janon, A. Tamano, Mrs. White, 2nd row: R. Kelly, D. Nicklas, S. Smith, R. Gibson, J. Freer, L. Ferguson, M. Noorani, T. Ong, P. Tanjuaquio, J. Hemingway, J. McCracken, Front row: R. Zounes, C. Chiang, E. Ryan, J. LaMotte, H. Phillips, A. Bakhos, K. Romito, R. Day, D. West, K. Kellers.



CSF officers: Katy Kellers, Dave Adams, Rosemarie Day, Eric Ryan, Debbie West.



Richard Kim signs in at a lunch meeting.



Mrs. White, Katy Kellers, Eric Ryan, and Debbie West go over plans for the Disneyland trip.

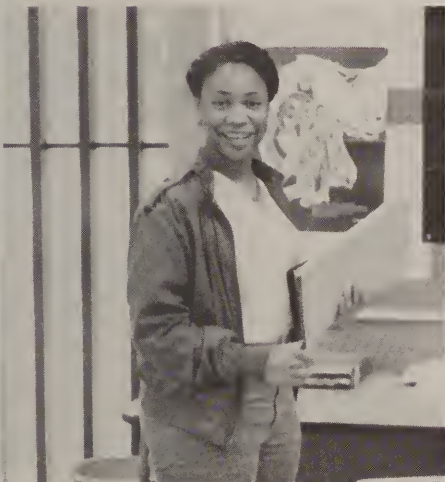


It Takes All Kinds

"Trying to get students to react with each other outside the class as well as inside is what Race Human Relations is all about," commented Harriet Balle, head of the Race Human Relations Committee.

The Race Human Relations commission is made up of a faculty committee and a student committee. Both committees work together to promote and create integration activities. In the future the Race Human Relations commission hopes to organize some lunchtime activities.

It takes all kinds, but everyone still eats!



Madelyn Gooden awaits to present her ideas.



"I know you like school, Bill, but it's 2:05pm and time to go home," says Mrs. Balle.



"Don't look until I'm finished," sighs Lupe Alvarez.



"You don't REALLY have film in that camera, do you?" asks Mrs. Balle.



"I should have had a V-8!" exclaims Bill.

Cultural Interaction Promotes Friendship

Imagine the babbling of many different languages... A room filled with Spanish, French, Hebrew, English, Persian, and Danish accents. The aroma of homemade Italian lasagna, steaming Mexican enchiladas, Greek baklava, delicate French crepes, Chinese wontons, and American hamburgers is all around.

Imagine people buying and selling cultural artifacts and crafts, and others listening to music and dancing their national dances. This scene describes the International Fair, and the club which helped organize it was the International Club. This club was mainly concerned with exploring different cultures, meeting those of different backgrounds and social groups, and promoting friendship. The club was composed of ten students all of whom had different ethnic backgrounds — Philipino, Israeli, Persian, Mexican American, and French. The club had several fundraisers, such as Button sales and the International Fair, which enabled the students to participate in fieldtrips which allowed them to learn more about other ethnic backgrounds.



"Mmm, muy bueno!"



From left to right: Mr. Ron Schmidt, Marla Medina, Nancy Feinberg, Kathy Wright, Michele Martin, Evangeline Bigornia, Steven Scuderi, Deanna Tulagan, Mrs. Priscilla Climes. Sitting: Peter Wright.



Mr. Schmidt daydreams about France.



"I sure bet France beats this."



Citadel Provides Literary Opportunity

The **Citadel** is the name of the school's own art and literary magazine and it is also the name of the club who produces it. This year's **Citadel** staff was led by the senior officers, Caryn Gold, Mary Proenza, and Kent Ninomya, who were appointed by the sponsor Ms. McGowan. The staff began collecting poems, short stories and artwork in the Spring. They met once or twice a week to edit the manuscripts and select the best pieces for the **Citadel**.

The **Citadel** provided an opportunity for students to have their artwork and creative writing published, and it gave pleasure to all those who received a copy at the end of the year.

Top row: Kent Ninomiya, Laura Ferguson, Mary Proenza, Felice Marocco, Caryn Gold. Bottom row: Ms. McGowan, David Skoglund.



"You want me to do what?!" "I'm tired of reading this stuff"



Selections for the Citadel are being chosen by Caryn Gold and David Skoglund.

"Come on, don't you want to advertise in our paper?"



"They just hired me for my looks!"



"My whole life is reading, writing and reviews."



Tina Sullenberger working vigorously on an article for The Commander.



Lisa Rahiser and Pam Ceren are thrilled with their new assignments.



Extra! Extra!

Read All About Us!

"For the most part, being inexperienced and having to struggle together gave us a great deal of personality!" exclaimed **Commander** Editor-In-Chief John Griffin. John said that he and the rest of the staff were proud that they put out a paper almost twice as often as they did the year before. Major efforts were made by Advisor Ms. Arlene LaPlante and Co-Editors Yasuko Shirakawa and Adam Behar, to make sure that people met their deadlines and papers come out on time.

Many steps were necessary to put out a paper every three or four weeks. First, articles had to be conceived and the writing and photography assigned. Finished articles were sent to the printer and the returned columns of copy were fit to the earlier layout sketches before final printing was done. After each issue was printed the staff critiqued the completed paper. Mistakes were not blamed on a few; the entire staff took responsibility for both victories and defeats. This made the **Commander** staff a close one. According to Ms. LaPlante "We either sink or swim but, we do it together."

Mrs. LaPlante and John Griffin are stunned by a good idea.

Mark Richards and Editor Yasuko Shirakawa work on a layout.



Paul Sinfield critiques his article on Rastafarians.

Back row: Tina Sullenberger, Pam Ceren, Lisa Rahiser, John Ring, Adam Behar, Trevor Wilson, John Griffin, Mike Lupro, Paul Sinfield, David O'Barr. Front row: Kim Kramers, Yasuko Shirakawa, Monique Craven, Mrs. LaPlante, Bill Yeamans. Sitting: John Helsing, Mark Richards, Vic Villiapando. Not shown: Ajay Narian.

All That Jazz

The stage lights go out, the audience is silent and a voice is heard over the microphone. You realize that the months of hard work spent practicing are going to be put to the test. Your heart beats faster as you hear, "And now it's time for this year's dance production, "A Dance Kaleidoscope." Under the guidance of Ms. Josie Scanlon, two dance performances were held during the year. The dances were performed by her beginner and advanced classes, and included jazz, ballet, Polynesian, and Spanish dances. The show featured twelve dances. Among them were a ballet danced to "5th of Beethoven," an eerie "Dance of Hydras," a futuristic look at "1999," and a 20's style dance "You've Got To Be Modernistic." The addition of four male dancers enhanced the show in "Puttin' On The Ritz" and "Sexy and Seventeen". The students spent their dance periods, school lunches, and many hours after school preparing their routines. Not only did they contribute a lot of their time towards the perfection of the performance, but they also made and financed their own costumes. As the finale ends, the dancers watch the curtains close and realize that their training has been validated in their growth in self-confidence and experience.



"How long must I stand this way?"



Mark Nicholaw puts on the ritz.



"This is the end ... isn't it?"



Tanya Perkin and Carolyn Wolf swing to the Charleston.



Dance members dazzle the audience.

Matt Mohr as Charlie Chaplin.



A taste of the islands with Leslie Buscit.



Mrs. Romito, Kathy Romito, Carol Sonnenberg, John Eichhorn, Matt Jackson, Ray Kelly, Ajay Narian, Coach Mitchell, Eric Belz, Scott Schneider, Doug Lewis, Ron Freedman, David Nicklas, David Gosney, Chip Buck, Peter Wright, John Ring.

Packing It Up

When one thinks of backpacking, their first thought is one of a treacherous, tiresome journey up one side of a mountain and down the other, but actually there is more to it than that. "Backpacking is totally isolated from civilization, your survival depends on your camping supplies" commented John Ring, president of UCHS' backpacking club.

After a few delays, Mr. Rick Mitchell led his backpacking troop on their first adventure to Sheep Canyon, located near Borrego Springs. The high desert and tall rock terrain made it the ultimate backpacking experience. On this two day trip they hiked 110 miles round trip.

The club was formed by Mr. Mitchell and John Ring, based on their common interest of backpacking. The club consisted of twenty active members who met twice a month to discuss the tricks of the trade, and went on two to three day trips throughout the year.



On the road again. Ray Kelly searches for his teddy bear.

"Powdered eggs anyone?", asks mess attendant John Ring.



Kathy Romito takes the plunge.

Fun, Credit And Experience

"It's one of the few places where you can see the results of your work," commented Bill Yeamans, a member of the Graphic Arts Club.

The purpose of the club is to give graphic arts students the opportunity to finish and get ahead in class projects. Advanced students worked on production for the school and printed material for the community.

Chad Neale reflected that Mr. Schofield's curriculum "was demanding, but really helped us find our abilities."

A few of the student monitors for the year were Eric Kay, Dora Barrett, Junior Williams, and Tami Lopeman.

The club finished their year of production with a relaxing two-day trip to Magic Mountain, a well-deserved break from the schedule.



Back row: Ayad Kazzazi, Bill Yeamans, Brian Engleman, Mike Boren, Claire Scott, Mr. Schofield, Junior Williams, Tami Lopeman. Middle row: Debbie Fugita, Farhut Bari, Dora Barrett. Front row: Vic Villapando, Eric Kay, Tim Danziger.



Dora Barrett and Ron Crena put their heads together on a project.



Peter Snee not so cautiously using the paper cutter.



"What?! Finish this by tomorrow?!"



Concentrating on her silkscreen is Debbie Fugita.



Top Row: Left to Right-Sean Safreed, David Newell, Jackie Kutnik, Michelle Myking, Shayne Ireland, Chris Halkin, Bottom: Left to Right, Helen Carson, Kim Cox, Judi Harris, Kim Rose, Monique Moxey, Linda Wallace

Drama Creates Creative Illusions

"The Drama Club is really the nucleus of the Drama Department," explained Drama teacher, Mrs. Saracino. The Drama Club didn't put on any of their own productions because it would have cut too many other students out of the picture. The club did, however, put on small performances for the general public around Christmastime. Eight Drama Club members went to University City Village and performed five scenes there.

Mrs. Saracino was trying to get UCHS to become a chartered member of the International Thespian Society. The members of the club had to earn at least ten points to qualify for admittance to the Drama Club. They earned their points by having a role in a play, working on lights, setting props and building the sets for productions.

At the end of the year they finally had enough people to become chartered members of the UCHS International Thespian Society.



"Charmed I'm sure."



"Oh darling it's alright."



"Oh no. Don't take my picture!"

Taking Care Of Business

Tricycle races, apple bobbing, and balloon stumps . . . To whom do we owe all these crazy memories? The Associated Student Body was the student government who helped bring about the fun side of school. They sponsored many of our dances, pep rallies, and lunch activities this year, and made school more exciting than the students ever imagined. ASB traditions such as the Homecoming Parade were started, and past traditions such as "pie in the face" continued to be a smash. Besides all the entertaining activities, ASB also arranged canned food drives, blood drives, and had several other activities in order to raise money for the needy. The goal of ASB last year was to lay a strong foundation for future years, establish a sound base, and to maintain a good number of fantastic activities throughout the year. This year they accomplished all their past goals, and also got more people involved in school decisions, activities, and policy making. Mr. Price, the ASB advisor commented, "We want everyone who leaves this school to be able to say that they had a part of it."



Ken Park prepares a fun-filled A.S.B. activity.



Eric Ryan, Nancy Nadeau, Kathy Romito and Rosemarie Day prepare a Homecoming Centurion.



Class officers: Mitra Noorani, Erin Shean, Felice Morrocco, Gretchen Smith.

"Well, what do you think?", asks Mr. Price.





Ken Parks, A.S.B. Pres., hard at work.



Sophomore Class Officers: Dave Moore, Bill Auter-neith, Scott Jalowsky, and Brian Vowinkel.



Senior Class Officers: Jeanne LaMotte, Paul Sinfield, Ken Parks and Pam Ceren.



Nancy Nadeau asks, "Is that really me?"



Roger Joe paints by numbers.



Ken Parks and Paul Sinfield "Socrates and Aristotle"

High School Days & Teenage Nights

Pondering thoughts, dreaming dreams,
Going to dances, devising schemes.
Planning a party, taking a test,
Always remember, never forget.

High school days and teenage nights,
Getting cars and motorbikes.
Watching TV and drive-in shows,
Where's the time gone? No one knows!

Chasing boys and running wild.
Your mom still treats you like a child.
Home by ten, asleep by eleven,
Up in the morning for school at seven.

The school ends, it's been the best,
Now our friendship's put to the test.
We must part and go our way
But our memories will never fade.

Michelle Henry Jessica Olsen



Hi ho! Hi ho! it's off to college we go.
We shouldn't worry and shouldn't fret,
Don't do anything that we'll regret.
It's time to party for a while
Celebrate with a smile.
Class of '84 is best,
I can speak for all the rest.
Good times, good friends, memories too,
Let's not linger to get through.
Your high school years are soon to be,
Locked, and kept through eternity!

Andrea Drucker



Suzie Dieter

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Laura Christensen Mark Nicholaw

A girl is a person
Just like you and I.
She likes to go out
And have fun with a guy.

She may take you out,
On a trip far above,
But just 'cause she's friendly
Doesn't mean she's in love.

To a record she'll dance.
And a radio she'll sing.
But she might take her stance
And do not a thing.

She's someone who's with you
From beginning to end.
But if she just likes you
She could be a friend.



Teresa Ong

Darkness falls and the starlight shines
And the moon glows full and bright
This is when my true life starts
With the beginning of the night

While all the world lies in slumber
My spirit runs wild and free
And travels to enchanted lands
Across the distant seas

A horse of Zephyrus leads me through
Magical heaven and beyond
While silver angels dance above
And the wind sings a haunting song

But alas my journey comes to end
With the last sight of the night
Thus returns my spirit with the dawn
Back to earth and mortal light ...

Yasuko Shirokawa

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My 1st Job

The first day on my job was the worst one of my life;
I dropped the food on the floor, and cut myself with a knife.
I mixed up the orders, and the customers complained.
If it weren't for my break, I would've gone insane.
The day was finally over, and boy was I tired;
I was really quite relieved when the boss said I was fired!

Debbie Fischel



Jim Bremner Patty Mercado



Leesa Drost Lorene Phillips

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The Word With An Unknown Meaning

There is a word with an unknown meaning
a meaning not even a dictionary knows
This word can bring us happiness
like the petals of a bright red rose.

Not only is this word happy
but it can also be very sad.
And if it is used the wrong way
it could make one very mad.

Sometimes when we hear this word
it could make us want to cry,
but if it wasn't for this word
I believe we all would die.

This word can be found most everywhere
in a song, a poem, or book.
It's in flowers, and trees, and animals
It's everywhere you look.

What is this word God gave to us
that we are always thinking of,
the word that we all dream about,
this mysterious word is "Love"

Tina Caldwell Karen Phillips



I Believe

I believe in God, for he's shown me the light;
I believe in the Sun, for it shines so bright,
I believe in love, for it has found you,
I believe in these things, for I need them SO true.

Johnny Tabur

Laura Mathis

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*Troy
Class clown*



Adminis

Fac

"Why do I have to go to school? Who really cares?"

There are hundreds of people who care. No, they are not your friends that you see every day; these people are teachers, administrators, counselors, T.A.'s, gardeners, and cafeteria workers who are interested in you and your well-being.

Have you ever complained about having to get up at 6:30 a.m. to get ready for school? Just think. Some of these people are already at school by the time you are starting to crawl out from under your sheets!

They don't do this for the monetary aspect, they do it because they really enjoy working with young people and seeing that they receive a good education in a clean and healthy environment.





tration
ulty



The Backbone



Ad-
ministration? Who,
or what is that?

The administration is the spine of our school. This highly skilled threesome is responsible for making UCHS tick without skipping a beat.

Two new recruits were added to the staff of administrators this year. One of them was our principal, Robert Press, and the other, John Nagle, a new vice-principal.

Mr. Press is not entirely new to the U.C. area. He was the principal of Standley Jr. High for its first two years and spent five years at Gompers Secondary School. Mr. Nagle comes to us from O'Farrel Jr. High after having spent seventeen years there and two years at SCPA. Along with these two newcomers, we still have Ms. Mary Castleberry who has been with UCHS for all of its three years.

This trio was devoted to pouring themselves into their goal of making UCHS a place for students to get an excellent education while at the same time enjoy these precious high school years. Mr. Nagle and Ms. Castleberry have carried things as far as being substitute teachers for various classes on campus.

This is the threesome that it took to succeed in making the third year of UCHS the best it could be.

Mr. Bob Press, Principal



Ms. Mary Castleberry, Vice Principal



Mr. John Nagle, Vice Principal



"You want me to sit in for WHAT class?!?"



"He actually said that to Ms. Peterson?"



Ms. Castleberry decides on the winning pumpkin.

good
people



"Whatever it was, we didn't do it!"



Mr. Press is always ready with a smile.

Shaping Our Dreams



CHAIRPERSONS: Art-Rob Coons; Indust. Ed.-Pat Scanlan; Math-Nanci White; Social Studies-Sam Wong; English-Madelon McGowan; P.E.-Alan LaMotte; Cons./Fam. Studies-Madeline Noakes; For. Lang.-Donaldo Viana; Bus. Ed.-Nadine Reid; Science-Clint Owen; Music-John Gilliland.



Mr. Wong sports his favorite hat.

The UCHS faculty was a special group of teachers because they were more than just instructors of basic skills. They taught the students other important things such as morals and responsibility by using their own experiences and ideas, as well as by pushing the students to live up to their full potential.

In every student's memories there will be a special teacher. It could be the math teacher who spent her lunch hour explaining a tough concept in trigonometry, or the physics teacher who jumped from a desk to prove the laws of gravity. It could also be the English teacher who, by giving the student an understanding of the author's ideas, made the class a true experience, or the coach who used his knowledge of the sport to help iron out an athlete's problem. When the students look back, they will see that their dreams were shaped by this special faculty.



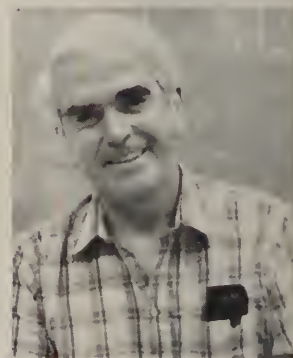
Byron Asakawa
Science



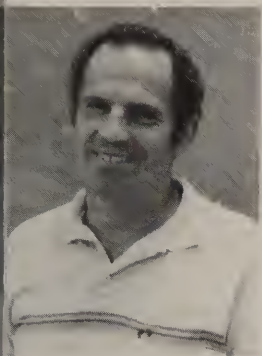
Harriet Balle
English, Journalism



Jean Baumann
Special Education



Carl Baxter
Computer Science



James Berger
Science



Alberta Fryer
ROP, Mathematics



John Gilliland
Health/Driver Ed., Music



Holly Harding
Mathematics, Athletics



Richard Brown
English



"The frog can't feel anything, Audrey. It's dead already."



Priscilla Climes
Mathematics



Karen Kapp
Art, World History



Rob Coons
Art, Yearbook, Athletics



Bitch

Terry Goodhue
History, American
Government



Sandra Goehring
Business Education



Allan LaMotte
Physical Education,
Athletics



"Okay you guys, who's got the answer key?"



Arlene LaPlante
English, Journalism



Madelon McGowan
English



Anita Mendoza
Special Education



Rick Mitchell
Mathematics, Athletics



Donna Morris
Cons. Family/Social Studies



Ed Newton
Political Science

Don't Teacher



Madeline Noakes
Cons. Family Studies,
Spanish



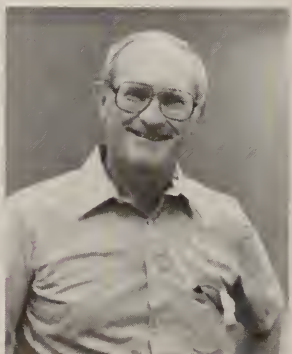
Joy Nowak
English



"What's a guy to do when the class doesn't show up after lunch?"



Clint Owen
Science



Roy Owenbey
Social Studies



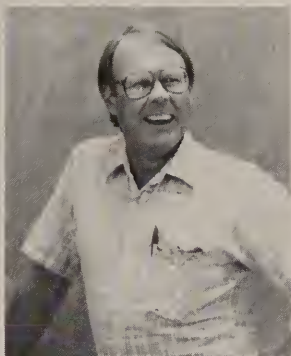
David Pais
Mathematics, Athletics



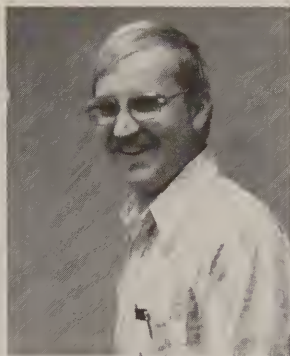
Terri Peterson
English, German, Athletics



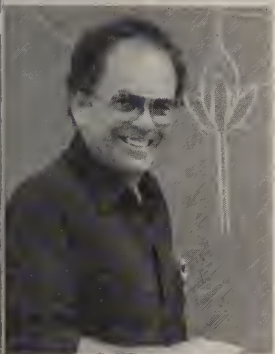
Patricia Phelan
English



Dick Pilgrim
Calculus



Michael Price
Mathematics, ASB



William Reed
Science



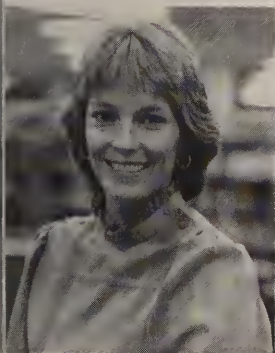
Nadine Reid
Business Education



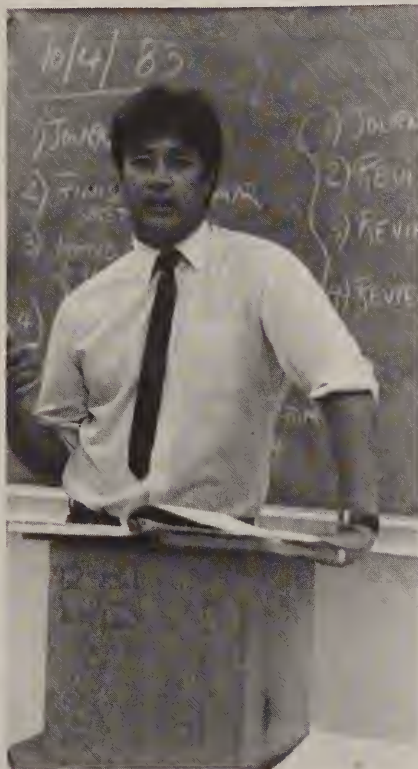
Virginia Rodriguez
English, Spanish



Mr. Owen exhibits the effects of physics on a person's mind.



Kathleen Salkin
Media Director



Mr. Yandall sermonizes Puritan ethics.



Belinda Saracino
Drama, Public Speaking



"Whan that Aprill ..."



A second childhood for Mr. Price.



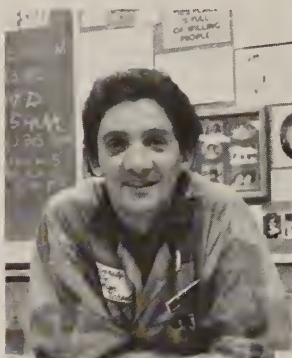
Pat Scanlan
Industrial Education



Josephine Scanlon
P.E., Athletics



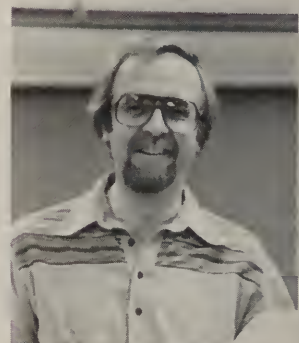
Ron Schmidt
French, ESL



Rick Schofield
Graphic Arts



Gloria Stipe
Nurse



Gerald Stukenberg
Social Studies



"26 down, 159 to go."



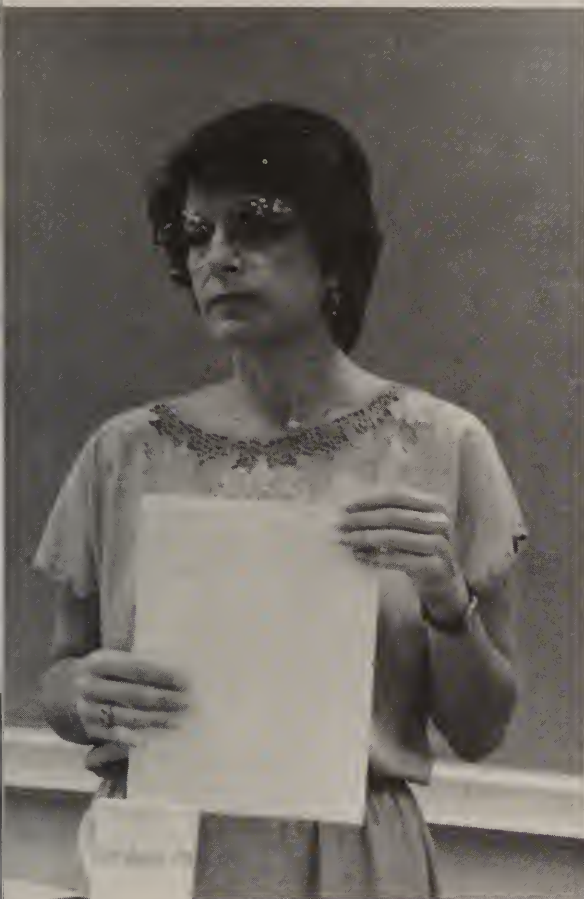
Connie Thompson
P.E., Athletics



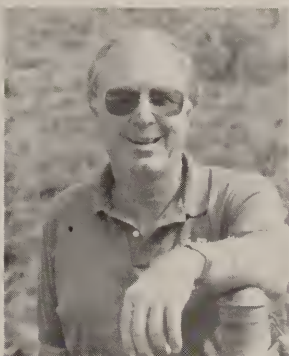
Richard Thornton
Science



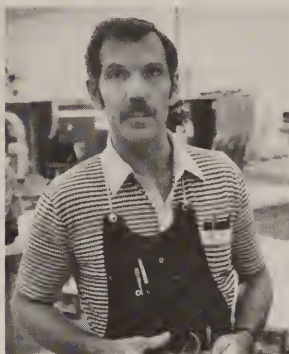
Donaldo Viana
Spanish, Athletics



"I sure hope I'm not interrupting your conversation girls."



Stephen Vukojevich
P.E., Athletics



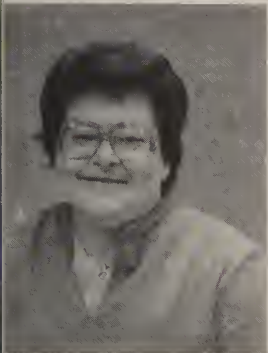
Bob Wise
Industrial Education



Nanci White
Mathematics



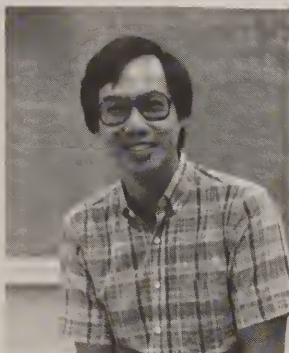
"Well, it seems your son just can't get to class on time."



Jean Vigneault
Mathematics, Science

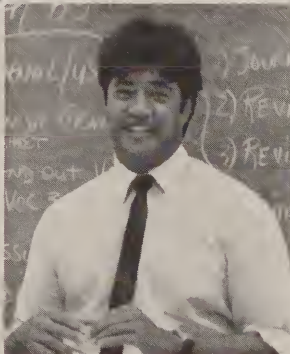
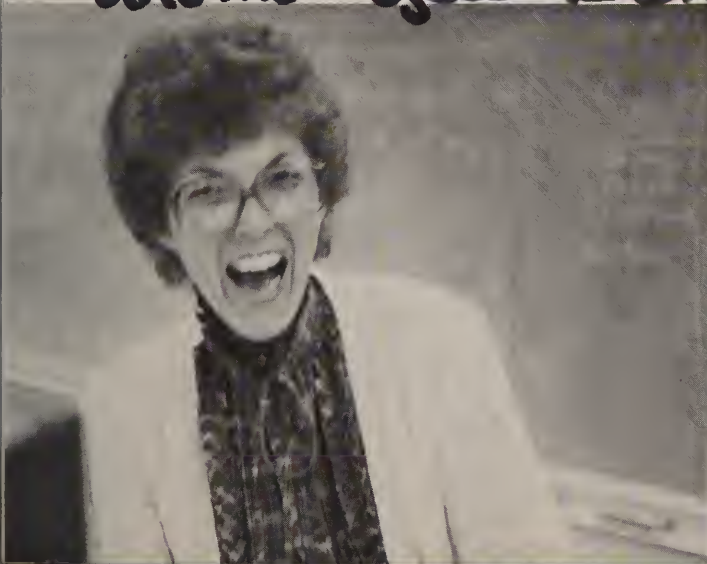


Susan Vreeland
English



Sam Wong
Social Studies

another good teacher



Ed Yandall
English, Athletics

Mrs. Climes finds a student with a sense of humor.



Trials And Tribulations

"Help."

"What's the problem?"

"I gotta get out of that class. The teacher lags. I just can't hang with another day in there!"

Sound familiar? It did to the U.C.H.S. counselors, Boyd Gilliland, Nancy Goodpasture, Weldon Keating and Sandy Madden. In addition to their regular duties, the counselors were also there to talk to when you just broke up with your boyfriend or girlfriend or when you were trying to decide which college you wanted to go to. They sacrificed many long hours and several Saturday mornings for planning and reworking schedules and for PSAT and SAT testing. They spent several weeks in the summer trying to fit everyone into the classes they wanted. Making the school year easier and more profitable for everyone was the end result of their labor.

Head Counselor, Dr. Gilliland



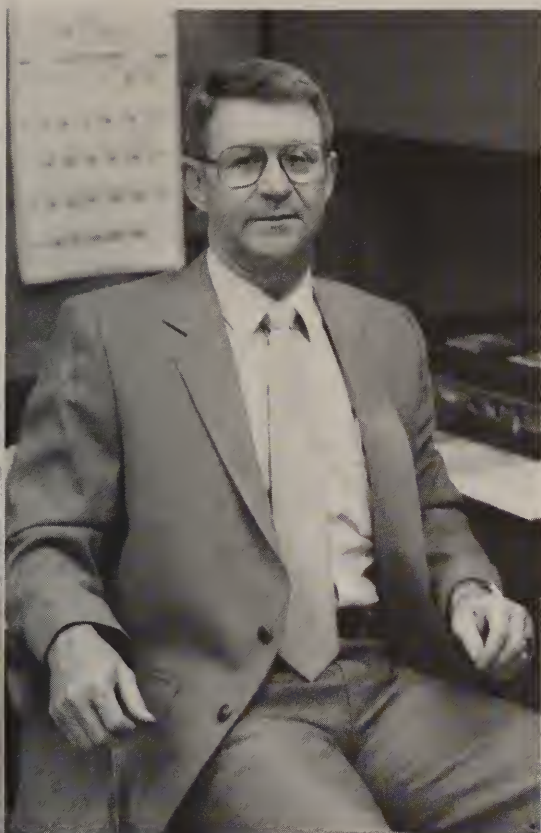
Dr. Gilliland, Dr. Keating, Mrs. Madden, Mrs. Goodpasture



Dr. Keating; N-Z counselor



Mrs. Goodpasture; G-M counselor



Bob Becker, District Counselor



"Hello, Grand Central schedule."



Mrs. Madden; A-F counselor



Dr. Gilliland not only helps find the right schedule, but ...

Where Would We Be Without Them?



Cafeteria: Ruth Bosch, Evelyn Prokopchuck, Georgana Vincent, Teresa Lacky, Mike Shelmon, Joyce Edwards, Dorothy Rusnell, Dee Sullenberger, Sophie Pina, Mary Roiz

"The gardeners on the lawn mow,
Custodians watch the garbage grow,
Secretaries seldom type slow,
Librarians line the books in a row,
T/A's guard the lot you know!"

University City High School's classified Staff worked hard to keep our school organized but, unfortunately got very little recognition for it. Sue Toth, the attendance secretary, spent endless hours writing passes for tardy students.

Outside, Chuck relined the football field for the game against our archrivals, Mira Mesa. Although seldom seen, head custodian, Paul Schnaubelt, was chairman of the Principal's Advisory Council and was very active in this organization. In the Media Center, Sandy Pais assisted students in locating research materials needed for their term papers. John Collins was frequently present at some afterhours events insuring that sound systems were functioning properly. This supporting staff was essential to our high school experiences. The cared about the kind of place UCHS was, and acted from that concern.



A shocked Ruth Bosch makes change for a Halloween Dracula.



"What did you say about my hamburgers?"



Attendance Secretaries: Sue Toth, Ruby Littler



Gardeners: Don Gibson, Chuck Floyd, Jim Rexroad, Chuck Cardwell, Karen Fear, Gary Takeshita



Media Technicians: Sandy Pais, Betty Kellers, John Collins



Custodians: Paul Schnaubelt, Jean Lameroux, Donald Pero, Bob McDonald, Don Cotten, Joe Danscuk



Counseling Secretaries: Helen Good, Carolyn Lacey, Mary Martin, Dianne Cooper



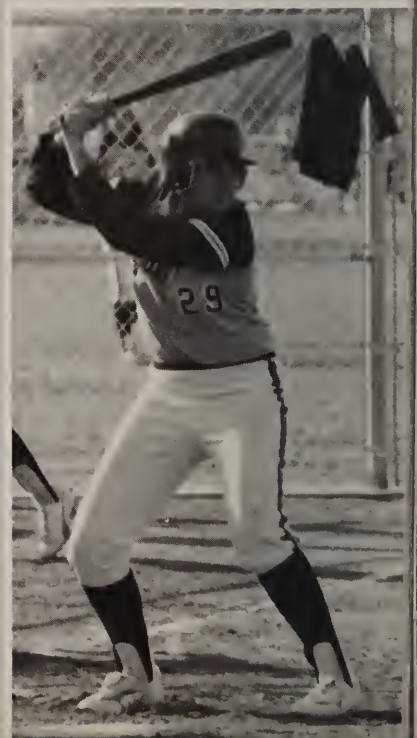
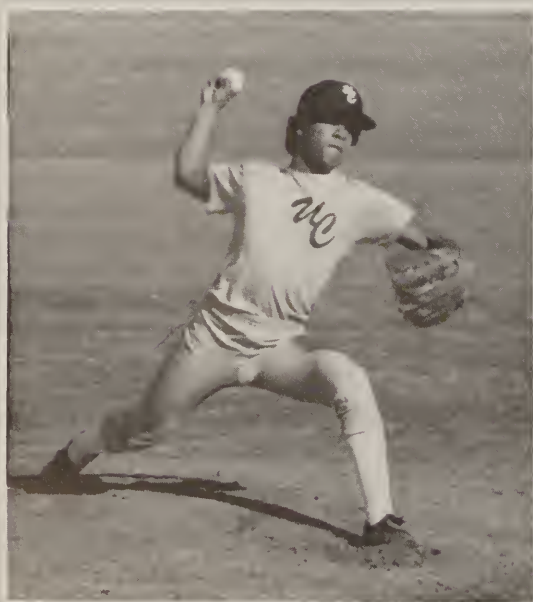
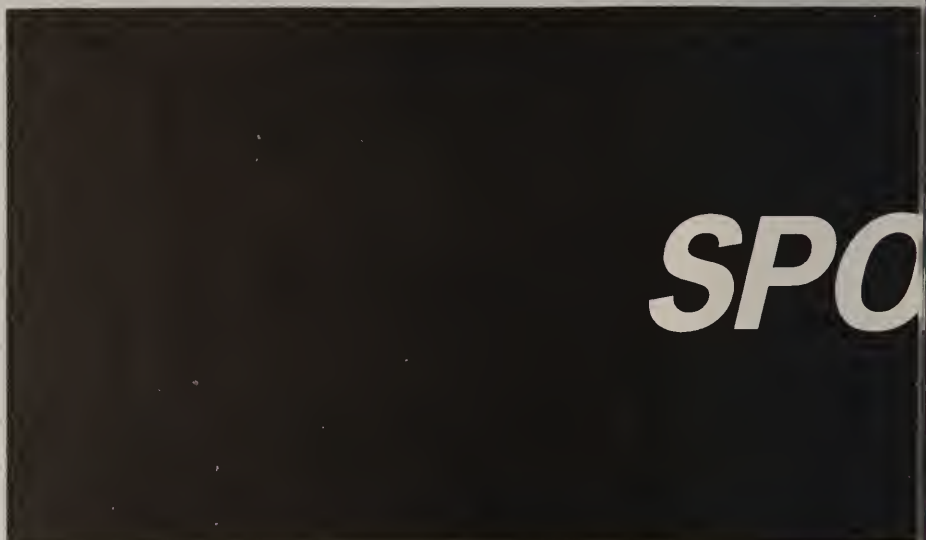
Office Secretaries: Eileen Fagan, Lois Kilburg

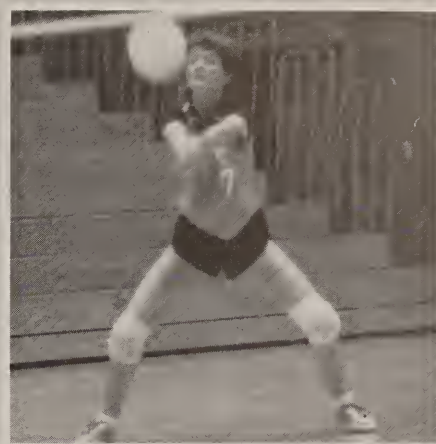


Administrative Assistant: Deanie Stevens

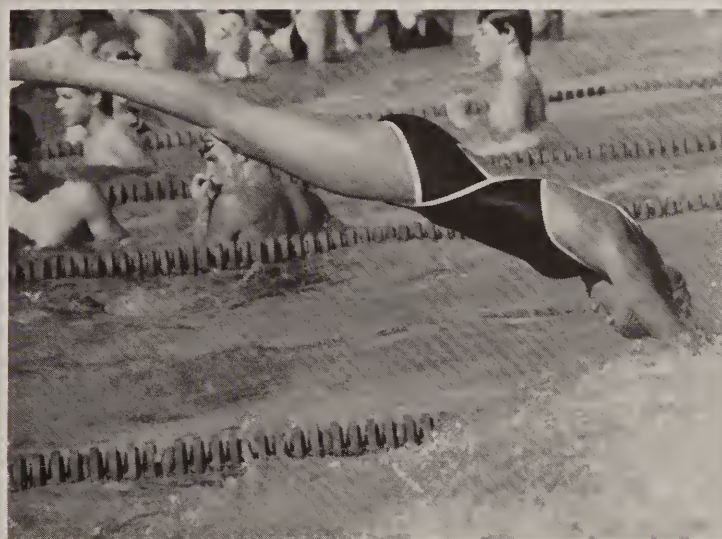
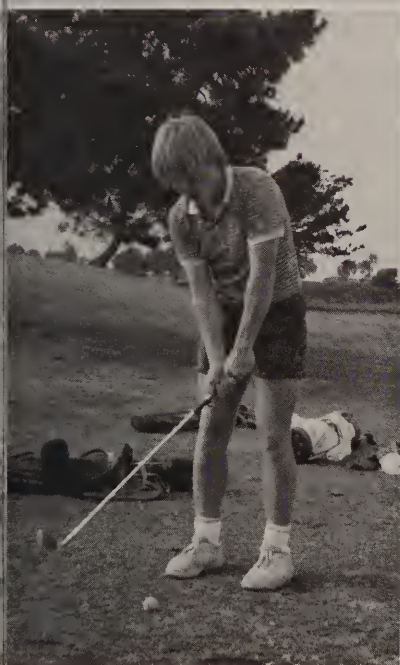


Instructional Aides: Vivian Merz, Ann Armstrong





SPORTS



Experience Pays Off

Wham! Bam! Crash! Unngh! Shivers run down my spine as my legs grow cold and tense and my hands burn from being stepped on. My mind races with the agony of knowing that in an instant bruised bodies will come crashing down upon me.

The second year Varsity Centurion Football Team was through earning respect and had its goals set on the C.I.F. playoffs.

Hard work, determination and enthusiasm were what made the team strong contenders for a playoff berth in the tough Western League this year. "I was pleased with our team's performance this season," said head coach Steve Vukojevich, "For only being a second year team we've made tremendous progress. We played good football with everyone in the league."

Headed by coaches Steve Vukojevich, Allan La Motte, David Pais and Greg Hill and led by team captains Matt Brock, Maurice Johnson and Darnell Hopkins, the team showed character and unity as well as a decent record. The team was also strengthened by a powerful veteran offensive line, by quarterbacks Mike DeGuzman and Eric Bridge and by returning wide receivers Albert Crosby, Darnell Hopkins and Bobby Clark.

"A football team is only as good as its offensive line," Coach 'V' remarked, "and I feel we have one of the best."

Many of the Centurions played both offense and defense this year, inviting the institution of a conditioning program which proved invaluable in many fourth quarter comebacks. "We knew what our offense could do but the defense consisted mainly of unproven j.v. graduates, though as the year went on they proved to be just super," coach commented.

The Centurions were a more experienced team this year, showing that one more year together fortified the team's fighting drive, making for better unity and a more successful year.



Coach V paces the side lines. Darnell Hopkins dashes down field for a big gain.



Mike Houghton sticks a Mira Mesa ball carrier.

Spotting a down field target, Eric Bridge sets up to pass.



1st row: Kevin Smith, Mike De Guzman, Albert Crosby, Harold Davis, Maurice Johnson, David Caravantes, John Fitzhugh, Tim Danziger. 2nd row: Coach Vukojevich, Coach La Motte, Mike Houghton, Adrian Banks, Rico Mc Dowell, Tony Thomas, Darnell Hopkins, Eric Hendrix, Coach Hill, Coach Pais. 3rd row: Mark Roberson, Tony Moscato, Frank Hooks, Scott Harris, Jerry Musial, David Gray, Bobby Clark, Robert Fidel, Ron Anuskiewicz. 4th row: Scott Holslag, James Young, Jeff Purcell, Richard Synnott, Tom Dickerson, Damon Becker, Charles Bridge, Steve Jones. 5th row: Eric Bridge, Joe Luis, Steve Herrick, Jerry Paladino, Matt Brock, Scott Huckleberry, Scott Westin.



Richard Synnott gets a taste of victory.



Mike De Guzman holds the ball as Scott Huckleberry attempts the conversion.



Darnell Hopkins narrowly escaping the grip of a Mira Mesa back.



Mike De Guzman scans the field for his receiver.



Exhaustion engulfs Matt Brock at the end of the game.



Centurions swarm upon their prey.

"Hey guys, we really got 'em this time."

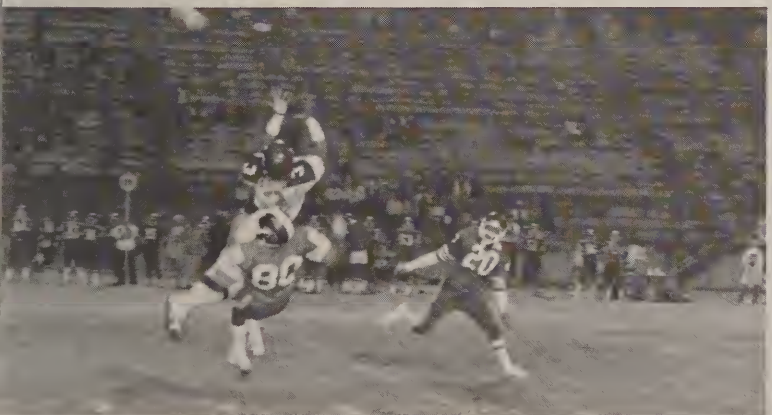




Runningback Maurice Johnson shakes off a Maurader as he heads for the end zone.



Maurice Johnson powers through the hole his linemen created.



Eric Hendrix awaits instructions on the sidelines.

best player



UCHS demonstrates excellent defense as Scott Weston pulls down a Mira Mesa man while Tony Thomas crushes him.

Albert Crosby leaps to receive against San Diego High.

J.V. Works Their Way Up!

This year the J.V. Centurion football team quenched their thirst for success. With help and training from Coaches Yandall, Manson and Christy the '83-'84 team was better than ever.

This year's offense was led by quarterbacks Jamie Lynn and Steve Nemmeth. Protecting them on the passes and opening the holes for runningbacks Tracy Williams, Joe Pleasant and Doug Grant were linemen Mike Fentress and Chris Hobbs. Hauling in Lynn's and Nemmeth's passes were receivers Jeff Venzon, Aaron Root and tight-end Steve Asslin.

The key to the great success of the UCHS J.V. football team was their awesome defense. In the trenches for the Centurions were linemen Ken Kries, Jerry Lopez and Ron Ventimiglia. Leading the team as captains were Ken Kries, Steve Asslin and Tracy Williams.



J.V. Coaches wonder why the play they sent in isn't being executed.



UC's iron curtain stops Mira Mesa.



Jerry Lopez makes a finger tip catch.



John Jauregui fights for the extra yard.



TOP ROW: Jamie Lynn, Rudy Lovato, David Gosne, John Samuels, Robert Fisher, Thad Krebs 2nd ROW: Steve Hawley, Ronnie Cowell, Trevor Laurence, Russell Hensley, Stefan LaCasse, Jason Sardina, Jan [unclear], Mario Lovato 3rd ROW: Chris Hobbs, Paul Banish, Mike Malolie, Ken Phippen, Doug Grant, Jeff Sardina, Chad Neale, Jimmy Anusiewicz, Sam Thomas 4th ROW: Coach Ed Yandall, Jeff Venzon, Jerry Lopez, John Jauregui, Doug Murphy, Rudy Martinez, Steve Nemmeth, Michael Fentress, Ron Ventimiglia, Alvin Pangilinan, Coach Scott Christy BOTTOM ROW: Ken Kries, Robert Aviles, Francisco Borstel, Aaron Root, Tracy Williams, Jeff Pleasant, Doug Lewis, Marc Miller, Mickey Castonguay.



With plays like this, J.V. held Mira Mesa scoreless.

Tracy Williams shows why he's one of the most valuable players.

Poised To Spike

"We are more intense and better defensively this year," expressed Varsity Volleyball coach Lori Schwalbech. Three returning varsity netters, Katie Kellers, Jeanne LaMotte and Mary McCahon, guided a team comprised mainly of members from last year's J.V. squad to another successful season.

Thanks mainly to their aggressive play and "never say die" attitude, UC gained respectability in the talent-laden Western League. Despite some early season setbacks, UC refused to be intimidated by their more experienced opponents, and after they pocketed their first victory they gained confidence to go along with their enthusiasm and aggressiveness. Improvement could be seen from day one of practice and by midseason the squad had proved it could compete against the traditional powerhouses, Pt. Loma and University.



Top row: Donna Kline, Mary Margret McCahon, Sally McMullen, Jeanne LaMotte, Kirsti Mykles-tad, Coach Lori Schwalbach, Bottom row: Mary Ribant, Katy Kellers, Kathy Anuskiewicz, Kelli Russell

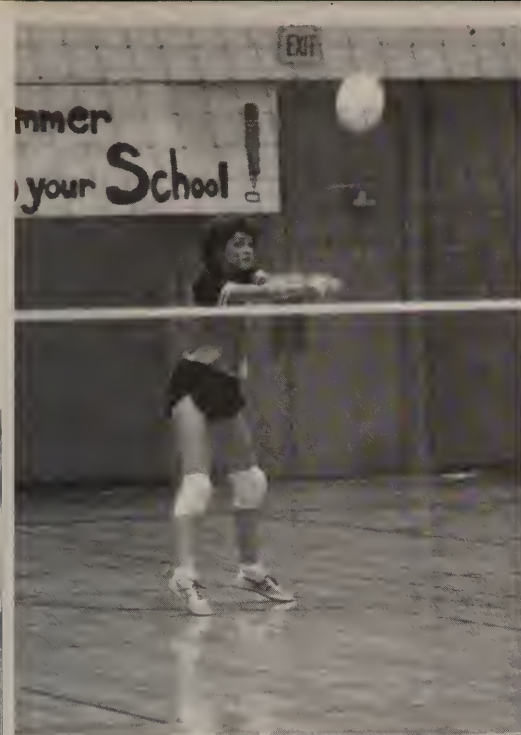
Fuckers



Kelli Russell delivers a wicked serve.



Mary Margret McCahon and Katy Kellers combine efforts to block a hit.



Jeanne LaMotte returns a serve. Kelli Russell and Sally McMullen go up for a block.



Mary Ribant exhibits her form in a smashing serve.



Mary Margret McCahon goes up for a dink.



Jeanne LaMotte bumps the ball to the setter.

A Bump Set Hit To Win

We had to run the mile in under seven minutes every week," exclaimed the girls on this year's J.V. Volleyball team. Besides jogging, the team practiced their individual fundamental skills such as passing, smashing, serving, and spiking for at least two hours every day. Team defense played an important role in the success of the game. Without the cooperation and team effort between the defensive players, winning would have been impossible. With the exception of two returning players, all the members of the team were beginners. Several team members expressed Great potential for the future. "Kim Manning had an incredible serve, Michelle Silva was a good defense player, and Annette Backos showed her strength as a good all around player," commented Coach Karen Brown. These players added to the all around performance of this year's J.V. Volleyball team, and are all looking forward to playing on next year's Varsity squad.



Standing: Heather Taylor, Kristina Kaufman, Joanne Lamonte, Kim Ball, Annette Bakhos, Coach Karen Brown. Kneeling: Amy Hilgers, Michelle Silva, Suzanne Fentress, Kim Manning, Mary Grant.



Heather Taylor prepares to return a serve.



Kim Ball dinks it over.



Kim Ball sets the winning point.

Which way did it go?





"Hit it here, I dare you."



Badminton Serves Opportunity

"Watch the birdie, hit your racket and follow through," said Coach Scanlon to her Badminton team. Badminton is a game that requires endurance, finesse, and lots of practice.

This ancient game can be great fun and very competitive. This can be attested to by the twenty one members of the team, which consisted of twelve boys and nine girls. Brian Creek was the only returnee this year. The team practiced two hours every day working hard on fundamentals, strategy, and an attitude of winning. Many members had that desire to compete against their opponent and bring glory to U.C.H.S.



"I got it!"

Andy Schofield goes for the overhead smash.

No Pain . . . No Gain

"Push it, push it, pump those arms," yelled boys cross country coach Rick Mitchell as his runners did a grueling hill run. Hills, ladders, triangles, and speed workouts were just some of the things the boys did to keep in shape. All of those activities took a great deal of strength, endurance, and above all, will power — the power to say "I can" when the body says "I can't", the power to push one self to the limit.

There is a certain point a runner reaches during a race when he feels he can go no further. His legs ache and his lungs hurt but by sheer power of the mind he keeps pushing on until his foot crosses the finish line. Talent and a dedicated mind were the two qualities evident in all 35 team members. The top runners on the team were Geoff Folsom, Shawn Smith, Scott Schneider, Randy Barnes, and Jim Eveleth, all of whom ran the previous year. Mike Cohen, who was injured early in the season, ran up to 700 miles this past summer on his own initiative. A combination of disciplined minds and healthy bodies enabled the team to go the distance.



Geoff Folsom and Chris Beresford struggling to keep their pace.



Randy Barnes contemplates his strategy for the next race.



Strong Centurion start for another win.



Top Row: Rick Mitchell, Chris Beresford, Mark Kellogg, David Koenig, Scott Schneider, Dan Hood, Jim Edgett, Larry Geller, Jeff Gurley, John Shafer, Sergio Waisman, Chris Norberg, Mike Stingling, J.V. Coach Robert Grant, Middle Row: Shawn Smith, Randy Barnes, Geoff Folsom, Ken Cashman, John Griffin, Cliff Gordon, Jim Eveleth, Richard Kalichmay, Jeff Randall, Randy Zounes. Bottom Row: Jed Sexton, John Hellsin, Thomas Jetton, Donald Marks, Manuel Gonzales, Robert O'Barr.

Cliff Gordon striding toward the finish line with determination.



While stretching, U.C. runners plan their attack.



Jill Newman gives it her all for her fastest time.



Erika Allen gives it her all.



Debbie Starks shows her determination



Yvonne Coiner glides to the finish line



Tanya Keil keeps on pushing

Aching For The Finish Line

"We should see a lot of improvement during the season and a stronger team next year," exclaimed Coach Harding at the beginning of the 1983 Varsity Girls Cross Country season. The team was in a building period this year because many of the girls on the '82 team graduated.

The team, led by sophomore Jill Newman, and junior Erika Allen, was very competitive and determined. The runners needed endurance and discipline. Their bodies were often called upon to push beyond the limit. "It's hard sometimes to keep on going when your body is sore and tired. You just push harder, and when you finally reach the finish line you feel so good that you've made it," said sophomore runner Tanya Keil.

All of the 14 girls on the team were hard workers and got along well. Their true effort and high spirits paid off, if not in their standings, then surely in their own personal satisfaction.



Standing: Denise Irvin, Jill Newman, Aline Zirino, Erin Barr, Tina Robinson, Bonnie Lopez.
Kneeling: Karen Hylen, Eileen Alfonso, Erika Allen, Debi Beard, Debbie Starks.



Debbie Beard and Eileen Alfonso push on past the one mile mark at Morley field.



Aline Zirino keeps a good pace.

Erin Barr pushes herself to the limit.

Girls Tennis . . .

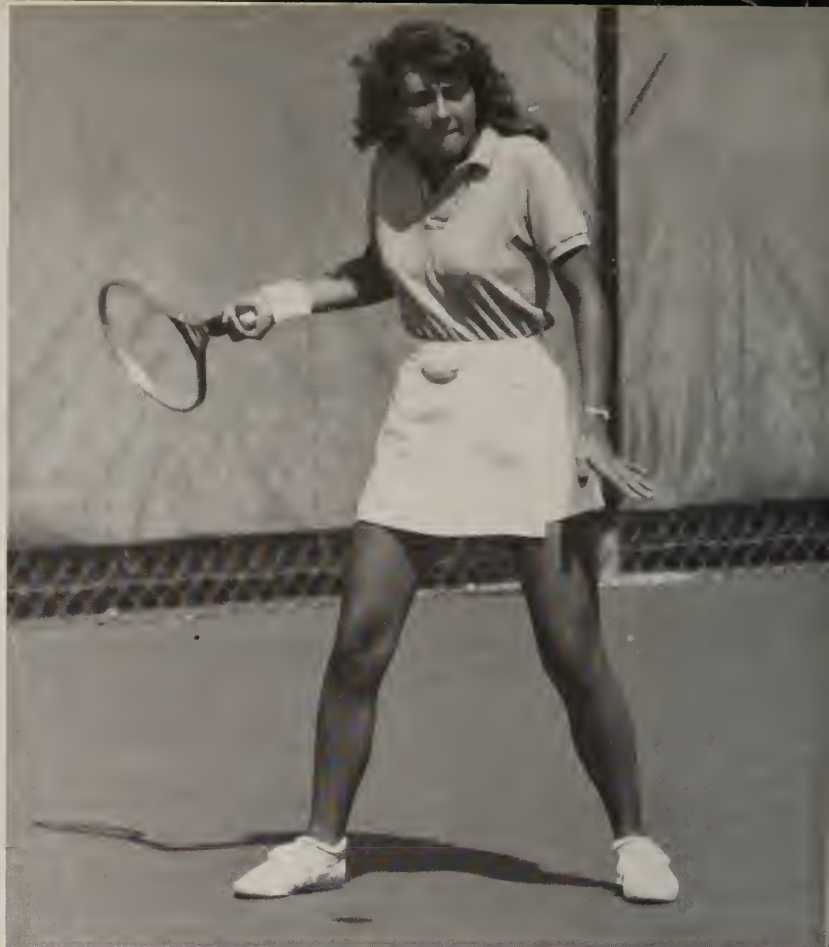
"All of us on the tennis team are like sisters!" exclaimed UCHS Varsity girls tennis team captain, Debbie West. On the top of the ladder was senior Cindy Benshoff, followed by juniors Gail Sheean and Cindy Buzard. After the loss of Cindy Benshoff's expert match playing (due to her injured leg) the team remained a pretty evenly talented group.

The girls on the '83-'84 team were a truly dedicated bunch. They began a two hour practice day schedule during the last two weeks of summer. The energetic athletes continued to sweat through endless workouts throughout the entire season.

Coach Connie Thompson helped the girls develop better tennis skills and taught them strategy to use during their tough matches. The long hours and hard work led to a "smashing success" for the UCHS Varsity girls tennis team this year.



Karina Heimburger shows us her smooth backhand.



A tough return in the making by a determined Cindy Buzard.



Team captain, Debbie West, checks the pre-game roster.

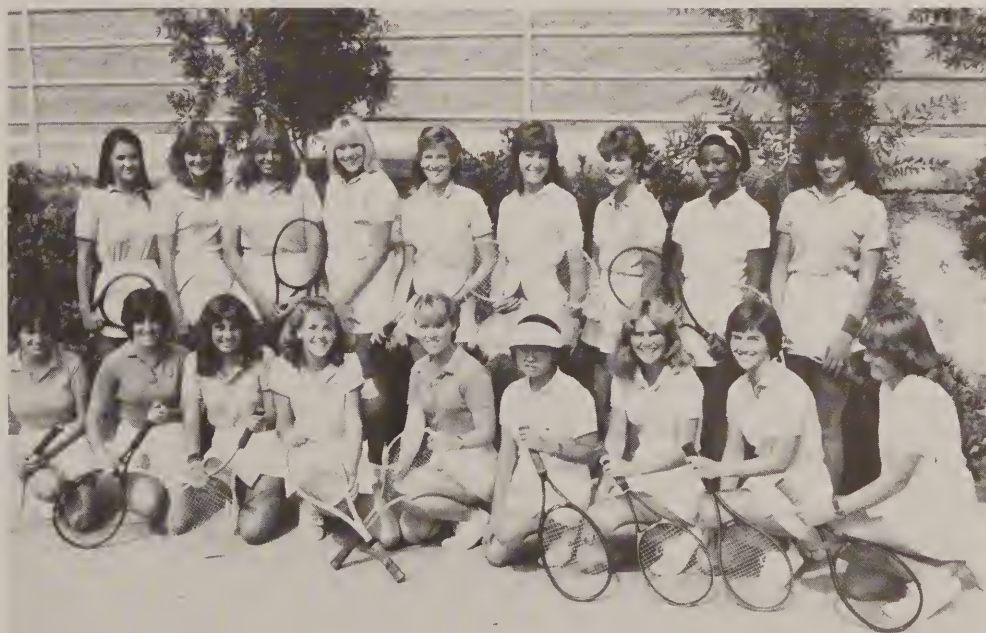


Cindy Benshof displays her unique style.

... Aces Another Season



Shirl Washington concentrates on a winning return.



Top Row; Julie Emerson, Wendy Wheeler, Lisa Marincio, Cindy Benshof, Laura Ferguson, Karen Lillie, Laura Korbelak, Shirl Washington, Lisa Hunt. Bottom Row: Gail Sheehan, Debbie West, Cindy Buzard, Heather Phillips, Amanda Foster, Akiko Tamano, Andy Sickles, Tina Mertel, Karina Heimburger.

It is all in the grip according to Gail Sheehan.

Pass, Pass Score!

A quick sprint and a perfectly executed slide tackle by the fullback regains the ball in Centurion control, only to be quickly released to a halfback who dribbles downfield allowing the offenders time to set up. A quick pass to the wing and the strategy is obvious; a loft across the face of the goal and a connection with one of the sure footed forwards provides the finishing touches on the typical scoring drive so often executed by the Centurion soccer team this year.

"I like soccer players that hustle!" Coach Donald Viana exclaimed, "And we have a whole team of them this year!" The Centurions were a large team this year because of the junior varsity team being cut from the program. This made for lots of anxious people on the bench and frequent substitutions to keep everyone fresh and give everybody a chance to play.

"I felt that the key to success was teamwork, hustle and conditioning," Coach Viana commented, looking out over the field where the players were running wind sprints. They ran sprints, jogged miles and drilled on numerous soccer agilities all year long to hone their skills and stay in shape, practicing plays and basic soccer strategy, passing and teamwork.

The Centurions were a powerful team, consistent in their drives and dominant in ball control all season long. They had few goals scored against them due to an unforgiving, iron-clad defense and goalie, Scott Huckleberry, who yelled plays and set up the defense for impending attacks. However, the Cents scored an average of five goals a game due to a voracious, goal-hungry offense led by Aaron Ellis, the leading scorer for the Cents. Those qualities led them to victory for their first thirteen games, including winning both the La Jolla and Vista Tournaments before starting into regular season play, in which they won the Western League title and entered C.I.F. competition. The #1 seat.



Coach Kelly and Viana discuss second hour strategy during halftime.



Eric Ryan and Aaron Ellis celebrate the winning goal of the LaJolla Cup.



Vincent Wong powers through Madison defenders on yet another goal scoring drive.



Aaron Ellis shows ball control.

Brian Harrington fights for the ball.

Fred Hernandez uses his head.



Front Row: Tom McSherry, Craig Halder, Brian Harrington, Steve Beck, Randy Zounes, Marc Miller, Matt Tillotsen, Thane Hall, Michael Maister, Vincent Wong, Ken Pippin, Richard Sousa, Mike Khoo. Back Row: Sergio Waisman, Fred Hernandez, Damon Werner, Jeff Jonilonis, Aaron Ellis, Joe Luis, Scott Huckleberry, Jeff Purcell, David Hurst, Bobby Sickels, George England, Eric Ryan.

Girls Soccer Kicks Toward Winning Season

Being a first year team the girls had a lot of work to do but they seemed to have accomplished it with apparent ease. The twenty-one member team was guided by first year coaches Terri Peterson and Scott Harris. "I've wanted to coach for years because I love soccer!" said coach Peterson. She also plays in the Peninsula Women's Soccer League.

The practices, led by Senior Scott Harris, consisted of a lot of running, drills, and scrimmages. "He makes you want to work," said Teresa Ong. Most of the girls were veteran soccer players and some, like Wendy Janon, have played for up to eight years. The team's competitive drive turned out many victories and always kept them looking ahead to the next match. Each game brought the girls closer together in knowing each other's skills and complementing and anticipating one another. They became Western League champs and went on to the CIF finals.



Front: Teresa Ong, Gail Sheehan, Lisa Khoo, Julie Jonilonis, Wendy Janon, Jill Newman. Middle: Karina Heimberger, Kim Grennan, Becky Muka, Tina Mertel, Missy Henry, Lani Schlafman, Linda Rockwell. Back: Scott Harris, Debbie Rickard, Danica Rigoli, Kathy Romito, Julie Lingo, Chris Thomas, Coach Terri Peterson.



Jill Newman brings it up the wing.



Recharging for a second half.



Lisa Khoo evades her opponent.



Wendy Janon concentrates on the competition.



Lisa Khoo demonstrates ball control.



"They don't look that tough!"



Julie Lingo boots a goal.



"Another day, another win."

Teresa Ong takes a break during the action.

Match Point

The hot sun glaring down across the courts, the sweat running off your brow and the tensed ache in your arms and legs all work to impede your concentration as you focus on that 10' X 15' service square on the other side of the net. Your heart beats with anticipation as you loft the ball high above your head into the sky and leap after it, your racket driving through the ball with a "swish" as it slices out over the net and then dives into the square beyond. It is returned firmly but you are determined to take control and you fire it back cross-court, forcing your opponent to a side-on defense; running up to the net his returning shot approaches. You slam it back across the other side and he dives after it fruitlessly, your smash winning the match with the point, moving your team forward with the first win of the meet.

This year's Centurion tennis team was coached by Shaun Evans, an ex-collegiate coach for New Mexico State who emphasized fitness as a key to good tennis. "We practice the way we play," he said. "Hard and as a team; and I think we have one of the finest teams in this respect." The Cents, led by #1 player Chris Henderson, did sprints, drilled on strategy and practiced volleys in preparation for the matches each week.

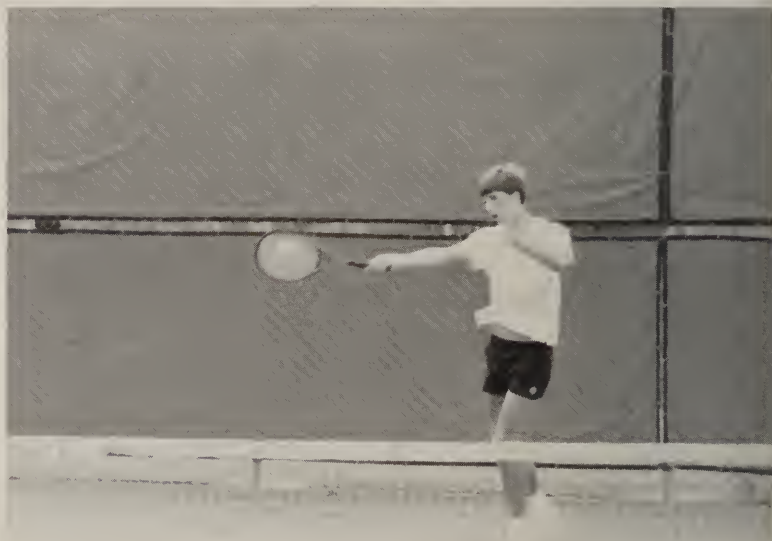


Chris Henderson makes a careful follow through.

Victor Wong discusses strategy with Coach Evans.



Aaron Ellis lunges for a cross court-line shot.



Scott Ezell hits a solid forehand.





Richard Kim poised to serve.



Lionel Leger perfects his topspin form.



Top Row: Coach Shaun Evans, Josh Ramas, Chris Hobbs, Chris Henderson, Aaron Ellis, Scott Ezell, Tim McGinnis, Victor Wong, Richard Kim, Bottom Row: Mike Houghton, Matt Cornforth, Lee Sonnenberg, Ludi Munevar, Roger Ahern, Lionel Leger, Stephen Lachmayr.

Drive, Pitch, Putt— Elements Of A Winner

Golf has been described by many students of the game as frustrating, challenging, and probably the most difficult sport to master.

This year twelve members of the U.C.H.S. golf team attempted to par various courses in the county and bring a championship to our school record.

The team consisted mostly of juniors, some sophomores and one senior. Of the twelve members of the team only six played and five of the best scores were counted to determine the winner of the match competition, while the other six were on stand by. The golf team's home golf course was Torrey Pines which is a nationally recognized course where the Andy Williams Open is held. The players had two matches a week and they practiced on their own time. Team member Ron Ventimiglia commented, "The reason we were so competitive this year was because most of our players were involved in the junior golf program." The golf team this year developed a love and true understanding for the game.



Jimmy Anuskiewicz looks for a birdie on hole #3 as Peter Hissong watches.



Craig Halder hits a wood shot on number 10 as he goes for a par.



Scott Schneider anticipates a birdie.



Peter Hissong, Jimmy Anuskiewicz, and Craig Halder tallie scores at Torrey Pines.



Marilyn Gennetten prepares for her dive.



Coach Anderson gives a final pep talk before the meet.



Top Row: Eric Belz, Roy Miller, Francisco VonBorstel, Marty Walsh, Erik Hamnar, David Rauch, Pat Grady, Peter Kellers, Craig Randle, Paul Livesay. Second Row: Michele Clark, Marilyn Gennetten, Jenny Lees, Lisa Baker, Kris Stewart, Jessica Olsen, Diane Huth, Anne Nebiker, Karen Ketchen, Amanda Foster, Coach Sandy Pais, Coach Mike Anderson.



The team awaits upcoming instructions.



Lisa Baker awaiting her turn on the starting block.

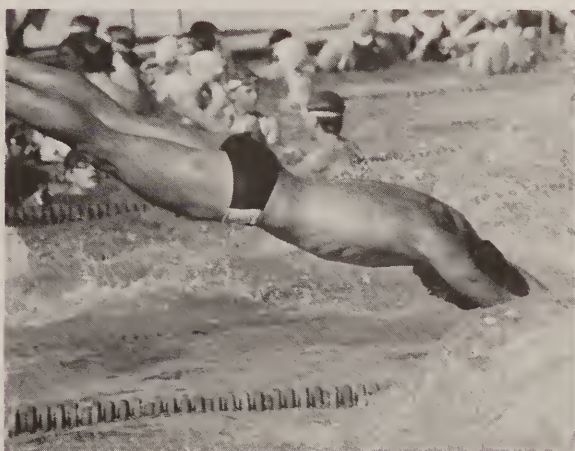
Swimmers Stay Afloat

"Are you leaving campus right now?"
 "Yeah."
 "Can I have a ride up to the pool?"
 "Sure, come on."
 "Great!"

Does this conversation sound familiar? It was a common one to overhear after fifth period during the Spring season. The swim team held their practices at Swanson Pool Monday thru Thursday from 1:30 till 3:30, and rides were sometimes hard to come by.

"It's a young team, but they've got a lot of spirit and a lot of drive," comments faculty sponsor Sandy Pais. Several members of the team made CIF qualifying times during their very first meet.

"It's hard work sometimes, but always worth it!" comments Karen Ketchen. The team worked hard with rigorous workouts during the weekly practices to prepare for each Friday's meet. Some of the boy's team's top swimmers were Pat Grady, Craig Randal, and Roy Miller. Promising members of the girl's team were Karen Ketchen, Lisa Baker, and Katy Kellers.



Scott Harris struts his racing dive.



Jenna Scarafone practices her butterfly stroke.

Hard Hitting— Fast Pitching

"Our goal is the playoffs," said pitcher and first baseman Nate Hopper. With excellent pitching and a solid defense this year's Varsity Baseball Team had some real potential. The pitchers were Mike deGuzman, Brian Clark, Eric Bridge, Tom Vandenberg, and Nate Hopper who commanded the mound as well as other fielding positions. The players showed a lot of skill and versatility which contributed to their competitiveness out on the field. The strong twelve-man team was aided by four Junior Varsity members who alternated between teams for experience. "We're looking for consistency in our playing," commented Coach LaMotte. The loss of many big hitters made the team even more determined to prove their winning capabilities. Kevin Smith, Eric Bridge, and newcomer Mark Dizinno were the main hitters. The players gave the fans an exciting, fast paced game as well as a team to be proud of.



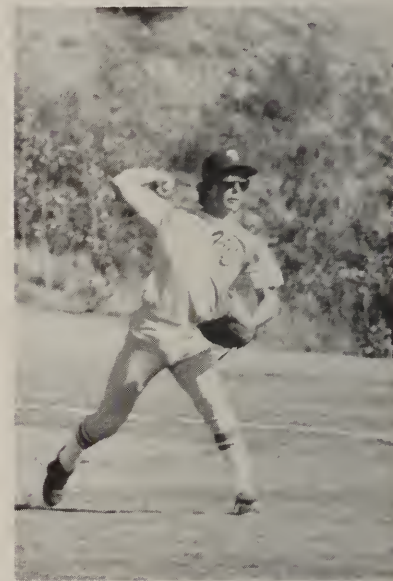
Coach LaMotte is in complete command.



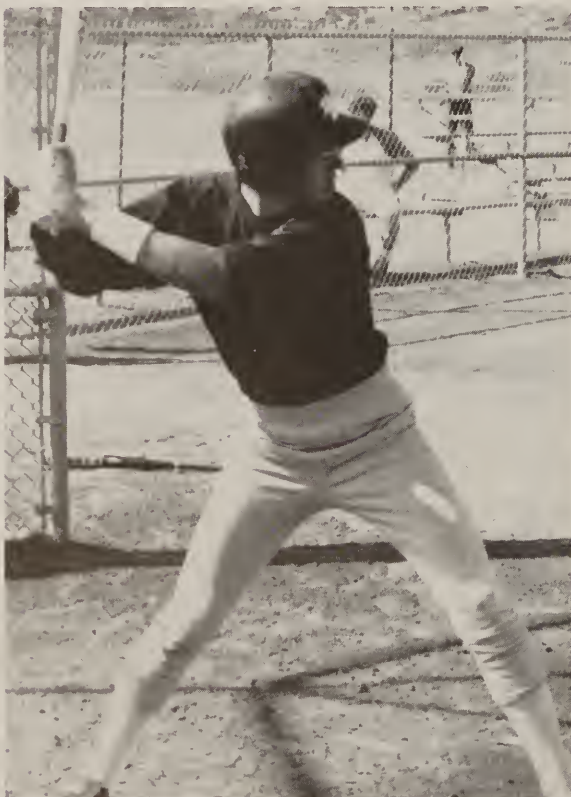
Eric Bridge waits patiently to bat.



Steve Jones rifles the ball to the plate.



Kevin Smith lines up his throw.



Eric Bridge exhibits his successful batting stance.

A concentrated effort by Mike deGuzman.





Mike deGuzman delivers his fast ball. Steve Jones practices his Hank Aaron imitation.



Top row: Coach LaMotte, Mark Dizinho, Nate Hopper, Eric Bridge, Steve Jones, David Gladstone. Bottom row: Tom Vandenberg, Mike Fentress, Brian Clark, Jeff Nichols, Mike deGuzman, Jason Bierholm.



Mike Fentress practices his catching skills. Nate Hopper stretches at first for the last putout.

A Swinging Success

Their main goal was to prepare themselves mentally, physically, and technically as a team so that they could play the game of softball to the best of their ability. "I am very much impressed with the closeness of the girls and the way they work together", commented Coach Coons, "The ability level of the team is not only in the Seniors but also in the Juniors and the two starting Sophomores."

Having the winter season changed to spring was a big advantage. The days were longer and there was hardly any rain. The team practiced hard and strong to achieve a powerful defense as well as an offense. They played their games very competitively. Having four returning varsity players, seven players that moved up from J.V., and three new players, the team had a very good season.



Mary Watson gets the out with another excellent throw.

Starter Jeanne McCracken calls for a pitch out.



Top row: Tami Napp, Mary Watson, Lorene Phillips, Selynthia Armstrong, Sharon Stoltzfus, Cindy Benshoof, Kristin Koehler, Suzannah Banet, Karol Solt, Michelle Henry, Coach Coons. Bottom row: Jeanne McCracken, Yvonne Body, Kelli Russell, Michelle Silva, Heather Phillips, Mary Beth Zopatti.



Sophomore Suzanna Banet takes a hard shot.



Michelle Henry comes set.





Yvonne Body waits for the right pitch.



Heather Phillips rifles it to second.



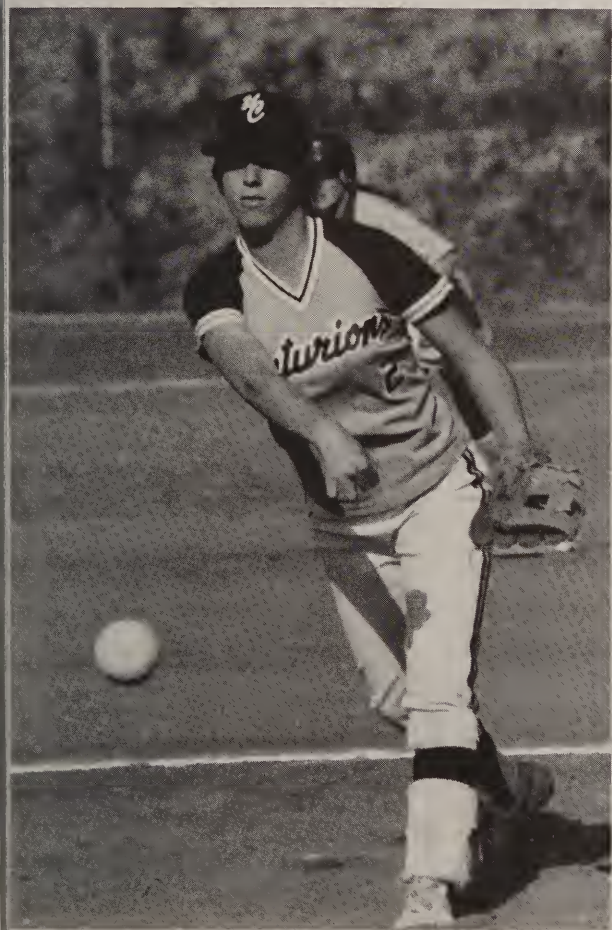
Coach Coons and Mary Watson discuss the strategy.



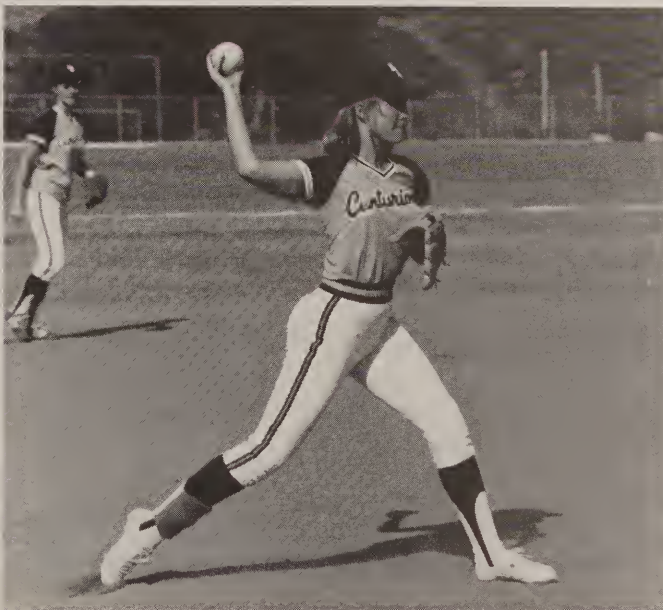
Michelle Henry guns it in to home.



Selynthia Armstrong relays a signal to teammate.



Senior pitcher Mary Beth Zopatti fires in another strike.



Kristin Koehler goes for a double play from third base.

Only A Base Away

"Team work is the name of the game" explained Coach Vukojevich, "without it you don't have a team."

The Junior Varsity Baseball team led by coach Steve Vukojevich was a strong and powerful team. "I believe it is the most powerful team since the school began" boasted Vukojevich, and when asked to sum up the team in a few short words "fine potential" was his answer.

The team consisted of fourteen enthusiastic players, all of which practiced endless hours of batting, running, sliding, infielding, and out-fielding to prepare for their season games.

The Junior Varsity Centurian Baseball team mostly prepared themselves for future positions on Varsity. The eight Juniors and six Sophomores practiced hard to make it a prosperous season.



Frank Hooks fires a ball to first.



Darell Woodard warms up before the game.



Coach Vukojevich stresses team work as his strategy.



Damon Becker, Frank Hooks, Kurt Schilling, Jerry Musial, James Guerra, Gus Bojkovsky, Darrell Woodard, Brian Martin, Tony Thomas, Mike Swafford, Steve Beck, Aaron Root, Scott Jalowayski, Mark Roberson.



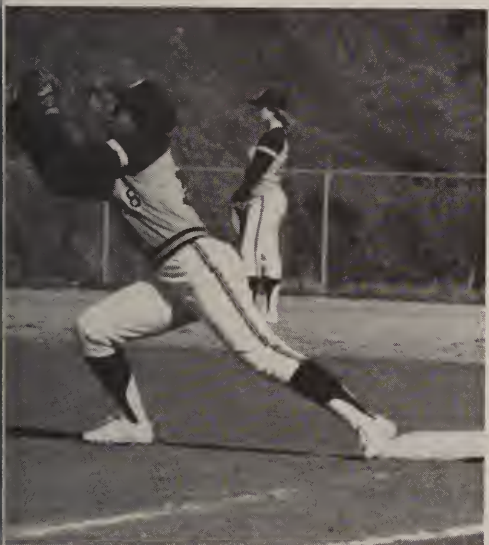
Steve Nemeth fields a line drive.



Steve Beck slams one down the alley.



Becca Carcabuso lays down a sacrifice bunt.



A double play attempt made by Julie Becker.



Coach Lori Schwalbach writes out the line up card.

Team Play

"Very supportive attitudes this year" explained Lori Schwalbach. This year's Junior Varsity practiced every weekday to come together as a team to make it a winning season. "We have a lot of talent" stated team members, "We think of ourselves as equal, no one of us is better than the other."

This year's Junior Varsity Centurion Softball team coached by Lori Schwalbach, consisted of fifteen girls all of which practiced offense and defense strategies as well as attitudes towards the game.

Switching to Spring from Winter league brought better weather to the softball teams. Powerful playing as well as unity gave the players experience and prepared them for Varsity play.



Kim Manning slingshots the third strike.



Bonnie Lopez fields a hard hit grounder.



Top Row: Coach Lori Schwalbach, Sally McMullen, Julie Becker, JoAnne LaMotte, Sheryl Nunes, Donna Kline, Karen Merker, Amy Gauthier, Bottom Row: Becca Carcabuso, Kim Manning, Johanna Cottle, Bonnie Lopez, Erin McDougall, Heather Taylor, Tammy Mariano

A Rebounding Season

"Awesome!" That was the only way to describe the Boys Varsity Basketball team.

Playing an aggressive defense, and a half court style of offense, the Centurions raced off to a 10-2 pre-league record.

In the course of those victories the Centurions captured the Peninsula Classic and finished second in the Kiwanis tournament.

"The team has really molded together. We've taken our beatings the past two years and now we're the ones giving out the beatings," said Coach Mike McDonald.

The team was assisted by Steve Vukojevich and Greg Hill. "They really pulled us together and kept Coach McDonald calm when he would start winning," said Co-Captain Jerry Paladino. The other captain was all C.I.F. candidate Matt Brock. The 6'6" senior is the main reason for the team's success and his performance will determine how far they go.



Christian High defenders are intimidated by Matt Brock's ability to score.



Jerry Paladino fights his way up for a basket.

The players wait for the game plan.





Jerry Paladino soars for a basket.



Matt Brock takes off for another bucket.



James Alexander drives through a defender for two points.

Larry Porter displays his shooting style in front of two defenders.



Queens Of The Court

"It's just a matter of keeping things in perspective", explained Coach McDonald about the 83-84 Varsity Girls Basketball team. They lacked experience but made up for it in technique. They were new to the Varsity competition since most of the girls had played on the J.V. team the year before. They won their first game, against Castle Park, with a 43-17 final score.

They weren't as tall as the other Varsity teams. The tallest player was only 5'9" and other teams had two to three inches on them. There were only four seniors on the team; the rest were juniors. "The team should be stronger next year when we have more experience," commented the coach. They were realistic about their talent but didn't let it get them down. "They've come a long way since the beginning of the year", exclaimed coach McDonald.



Standing: Coach McDonald, Selynthia Armstrong, Sharon Stoltzfus, Annette Bakos, Kim Ball, Sheryl Martin, Jeanne LaMotte, Laura Ferguson, Rhonda Chester, Kirsti Myklestad, Heather Taylor. Kneeling: Kim Manning, Kelli Russell, Kathy Anuskiewicz, Heather Phillips, Tracy Lynn, Mary Ribant, Jeanne McCracken, Janis Gruver.



This is basketball, Heather, not soccer.

Kathy Anuskiewicz drives for a two point play.



Kathy Anuskiewicz passes off.



Selynthia Armstrong makes an out of bounds save.





Jeanne La Motte drives towards the hoop.



Sharon Stoltzfus goes in for a lay-up.



Sharon Stoltzfus breaks through a defender.



Kathy Anuskiewicz takes the ball on a fast break.

JV Boys Basketball Builds Tradition

Five players ran down the court dribbling and passing the ball as they looked for an opening for a "lay-up" shot, and U.C. scored two points.

Basketball, the most popular of all indoor sports and a feature event in the 1984 Olympics, gathered momentum at U.C.H.S. The team played better as the season went on from December to February. More and more people came to the games and supported them.

The team consisted of twelve players, four sophomores and seven juniors, four of whom were returning. They practiced everyday after school for two hours to develop their skill at handling the ball.

Basketball is a sport that requires a great deal of agility, speed, intelligence, and teamwork. The J.V. Basketball team displayed all of those qualities. J.V. player Andy Scofield replied, "Our team has a lot of quickness." Coach Vukojevich commented, "They are a group of players that work well together as a unit and there isn't just one star on the team."



James Young drives for a two pointer.



Coach Vukojevich preps the team before a tough game.



Scott Ezell knows practice makes perfect.



The sky is the limit for Mark Roberson.



Top Row: Steve Schmunk, Jerry Black, Andy Scofield, Brian Creek, Scott Ezell, Rudy Lovato, James Young, Bottom Row: Mark Roberson, Ron Cowell, Mike Malolie, Jeff Randall, Mike Norris.



Joanne LaMotte drives hard to score.

Hustling Hoopers

"What we lack in numbers we make up for in spirit," comments Coach Greg Hill of the Girl's Junior Varsity Basketball team. "We're a physical team and fundamentally sound, we should give any team in the league a run for their money except for our inexperience on the court." The novice hoopers carried "team play" to its fullest as no one player stood out from the bunch. "There is no one all-star on this team," said coach Hill. "They're all outstanding and they should develop into a first class team by the end of the season."



Joanna Cottle shoots from the line during practice



Top Row: Stephanie Cucero, Shirl Washington, Joanne LaMotte, Theresa Moore, Gloria Palacios, Coach Hill. Bottom Row: Mary Grant, Joanna Cottle, Bonnie Lopez



Stephanie Cucero practices free throws.



Tonya McClellan shoots before the seconds of the game run out.

Get A Grip!

The whistle blows and you shoot out at your opponent without even thinking, your concentration centered on getting a hold on your foe and receiving the first takedown, the first key step in dominating and winning a wrestling match. You force him to his back and get those first two points, working up the body to the head for a "head and arm," the most lethal of the pinning moves in its easy access and efficiency. Your opponent struggles to roll you, sensing your superiority, and you shove his arm across his face to cut off his breathing. He wriggles frantically to keep his shoulder blades off the mat for a few seconds and then slows, your iron grip draining his last spurts of energy along with his breath. Then, "Wham!" The referee's hand slaps the mat as the whistle blows and you've won your team six more points, adding another pin to your record.

This was the dream that kept every wrestler going this winter when he stepped back onto the mat for another three hours of grueling practice.

Every day the Centurion wrestler was met with the wrestler's mile, consisting of five laps including stairs (because wrestlers can't count) before practice to get them in condition. "We were a much better team physically this year", Coach Yandall commented. "The extra conditioning kept us from tiring in the last period and won us a few bouts as well".

Led by team captains, Mike Houghton and Jeff Benzon, the second year grapplers added victory after victory to their individual records and the team competed fiercely in the Western League as strong contenders for the title. "Few wrestlers returned from last year but those who did helped to teach the newcomers and added drive, unity, spirit and experience to the team, the key ingredients to a successful wrestling squad," Coach Yandall said.

Gary McDowell and George Brooker also helped coach the team this year, getting into the ring with the wrestlers and showing them precisely how it's done. Going to all day tournaments and pushing the wrestlers to victory, where at the Orange Glen tournament, Coach Yandall got news that he was now the proud father of a baby boy, Eki, the team's mascot.



Standing: Coach Ed Yandall, Gretchen Smith, Mike Anderson, Mike Houghton, Steve Harris, John Kapitze, Tony Moscato, Steve Hawley, Alvin Pangilinan, Coach Gary McDowell, and Coach George Brooker, Kneeling: Craig Morrison, Kevin Aylesworth, Todd Brehe, Jeff Venzon, Kent Ninomiya, John Shafer, and Paul Livesay.



Jeff Venzon puts the crunch on his opponent.



Standing: Coach George Brooker, Coach Gary McDowell, Bruce Stone, Steve Manber, Brian Vowinkel, Craig Jerpseth, Larry Geller, Coach Ed Yandall, Kneeling: Daniel Glazerman, John Helsing, Brian Engleman, Francisco Vom Borstel, and Kyle Yasuhara.



Kyle Yasuhara and John Shaffer concentrate during a take-down drill.



Coach Ed Yandall keeps track of Centurion points on the scoreboard.



Steve Hawley and Tony Moscato work for a take-down.



Tony Moscato's opponent tries to crash his "arms of steel."

Sharing The Glory

All noise dissipates as you tune your senses to their highest level, the blood running hot through your legs as they tense, your fingers tingling with anticipation. "BANG!" cracks the gun like a whip. The runners herd forward like a team of horses; cheers filling the infield as teammates and fans spur them on. The first runner approaches the end of his quarter of the race, and with his last ounce of strength, passes the baton to his teammate. The race continues as other events come to a close, the results of each event contributing to the overall outcome of the track meet.

"Track is a team sport," commented Coach Mitchell. "It's comprised of many individual efforts which all contribute to one single cause — winning."

The Boy's Track Team coaches were: John Hutsel for discus and shot put; Connie Thompson for hurdles and infield events; Nick Ciaccio for sprints; Robert Grant for long distance running; and Head Coach Rick Mitchell, who with the help of various volunteer timers, announcers and officials from the UC High Staff, engineered the passing of this symbolic baton, (representing the hearts of all the athletes and coaches combined) to carry it down the final straightaway to victory.



Scott Schneider pulls ahead in the 2 mile.



Doug Dixon sprints to gain the lead.



"I am going to go over that bar with this pole?"



The UC runners give it their all in the 100 meters.



Back Row: Gerald Black, Geoff Folsom, Randy Barnes, Cliff Gordon, Dan Hood, Tim Patrick, John Eichorn, John Samuels, Mike Jungling, David Gosney, Tony Romag, James Young, Rich Synnott, Scott Schneider, Chris Colborn, Thad Krebs, Mark Schoonover. 4th Row: Ken Pippin, Andrew Goldstein, Richard Diaz-Canedo, Jim Eveleth, Jeff Gurley, Maurice Simmons, Mike Cohen, Rico MacDowell, Mike Norris, Don Marks, Larry Geller, Ricky Gish, Ray Kelly, Jeff Randell, Doug Dixon, Doug Grant. 3rd Row: Tom Jetton, Robert O'Barr, Cory Krell, Doug Lewis, Chris Beresford, Mike Meister, Jeff Hunter, Darnell Hopkins, Damon Werner, Albert Crosby, Sam Thomas, James Jones, Glen Rogers, Joe Scarafone, Shawn W Smith, Scott Mraz, Robert Marcos. 4th Row: Coach Ciaccio, John Hutsel, John Mamber, Robert Grant, Coach Mitchell, Coach Hill.



John Eichhorn throws for the winning mark.



David Weinbaum follows through on a powerful release.



Sam Thomas builds speed in the final turn. The 800 meter runners push it in the last lap. Doug Grant explodes from the starting blocks.



The Krebs leads the team to another UC high jump victory. Hoppy sets a pace in the 400 m relay.



Geoff Folsom pushes towards the finish line.

Steve Mamber builds speed in the turn.

Centurion runners come in first in the 2 mile.

Feminine Footwork

Runners to your marks. Get set. Go! With these words from the starter, this year's UCHS Girls' Track Team got off to a great beginning. "I know that some of the individuals from the team will even make CIF championships," exclaimed runner, Tosha Delaca. "With all of their hard training, they deserve it!" Tosha added. The UCHS Girls Track Team worked strenuously everyday. Increasing their speed, improving their form and building up endurance were three key goals the girls set for themselves.

"Aside from training, a team needs to feel like a team to be a team," stated long jumper Lynn Bremner. "I think we have a really outstanding team this year because no matter how we do, we always have each others' support."

The endless effort the girls put into training was evident especially by the achievements of girls like Monique Weaver and Lynn Bremner. Monique set school records in 100 meter and 200 meter sprints as well as in the 400 meter relay with times of 12.2, 26.3, and 51.0 seconds. Lynn Bremner's talent lay in the long jump where she beat her own record from the year before with a length of 18'1".

Whether in hurdling, shotputting, sprinting, relaying or high jumping, the girls track team of '84 gave it their all.



Tina Robinson, Ananda Turner, Monique Weaver, Shirl Washington - U.C.'s fabulous foursome.



Heather Croft stretches out during practice.



Kim Grennan glides through the air with ease.



Lisa Clark summons all her strength for the shotput.



Ananda Turner gets off the line with power and grace.

Lynn Bremner gives the triple jump her best effort.



Monique Weaver rounds the turn and heads for home in the 440 relay.



"I don't think there's anybody back there!" states Cheryl Washington.



Nancy Nadeau makes a one point landing in the long jump.



Monique Weaver and Ananda Turner patiently await the 400m relay.

Aline Zirino, Rosalia Hayakawa and Heather Croft take a few practice laps.



Lynn Bremner reaches for those extra inches.



Shirl Washington spends long hours developing her form.



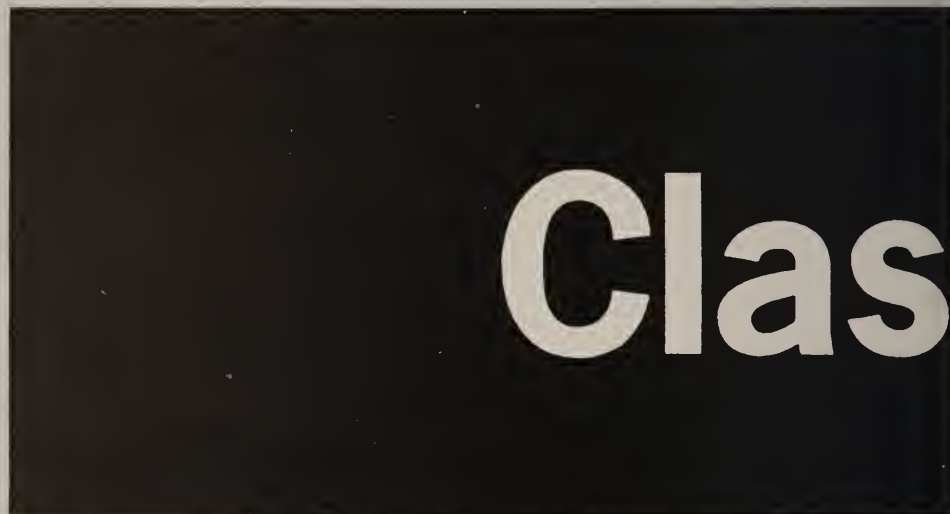
Andrea Hill limbers up before the meet.



Second Row: Carol Sonnenberg, Mary Ribalt, Yvonne Coiner, Amy Perkins, Lynn Bremner, Jeanne LaMotte, Nancy Nadeau, Latonya McClellan, Leslie Evans, Danica Rigoli, Kim Grennan, Debbie Rickard, Tosha Delaca, Andrea Hill. Front Row: Meraliann Grant, Jill Newman, Erica Allen, Gail Shehan, Pat Tanjuaquio, Monique Weaver, Rosalia Hayakawa, Ananda Turner, Heather Croft, Celeste Ogata, Aileen Altonso, Aline Zirino, Tina Robinson, Debbie West, Cindy Buzard, Erin Barr, Shirl Washington, Coach Thompson.



Nancy Nadeau crosses the hurdles with determination and confidence.



Coming to a high school where everyone was older and seemed to be taller was a frightening experience for most sophomores, most of which only saw the bad points. After being at U.C. for a few weeks the tenth graders found out that there were some good points too. "I like the fact that everyone was older and more mature, but I don't like being teased about my grade!" commented Karen Merker, a sophomore here at U.C.

The juniors on the other hand already knew what high school life was like, eased through the year with a sence of pride. "It's better than being a sophomore" was a big response among most of the juniors, but the biggest thought was "I would rather be a senior!" The two classes looked forward to the senior year when they would be the "superior class."





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"I'm going off campus for lunch . . . I'll be back tomorrow."



Sophomore class officers: David Moore, Bill Autenreith, Scott Jalowayski, and Brian Vowinkle.

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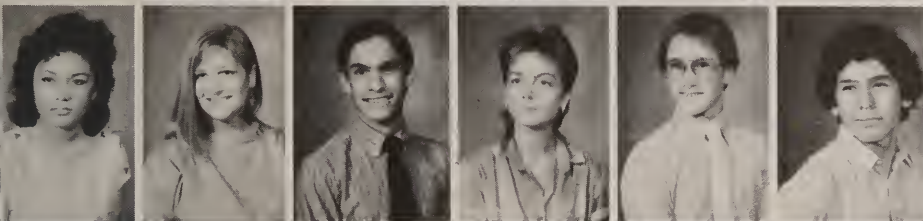
They're twins . . . maybe someday they'll be omeletes?

What goes on behind closed doors?





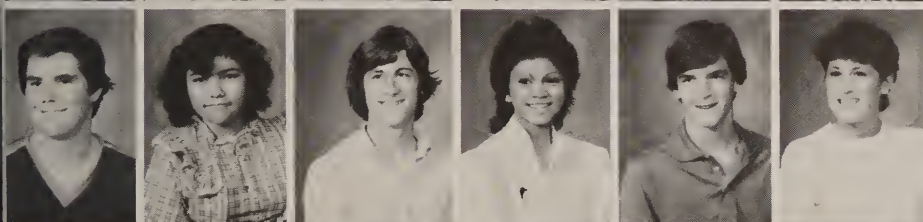
Paul Acosta
Roger Ahern
Angela Aldridge
Eileen Alfonso
Guadalupe Alvares
Jimmy Anuskiewicz



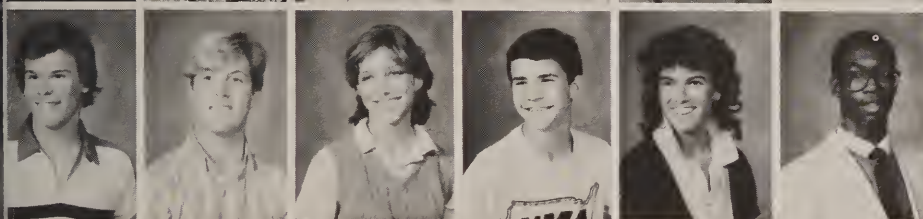
Arli Armentia
Jeanette Arsenault
Vito Asaro
Danielle Auletta
William Autenreith
Roberto Aviles



Kevin Aylesworth
Marlene Baddour
Dwight Bagby
James Bailey
John Baldwin
Suzannah Banet



Paul Banish
Lourdes Banuelos
William Basham
Eleanor Bautista
Stephen Beck
Julie Becker



Eric Belz
Michael Bennett
Eileen Beres
David Billings
Lisa Bittar
Gerald Black

SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



"She couldn't have been serious, 1-100 all!"



"I wish I would have made the football team."

Jennifer Bonder
 Pamela Braddy
 Todd Brehe
 Steve Brevick
 Kim Brooke
 Gus Bujkovsky



Melinda Bunch
 Christopher Burton
 Tina Caldwell
 Stacie Campbell
 James Canty
 Rebecca Carcabuso



Jennifer Carruthers
 William Cary
 Mickey Castonguay
 Corinne Castro
 Staci Cerrudo
 John Chew



Caryn Chick
 Eric Christensen
 Joy Chuang
 David Cipra
 Dawn Clark
 Michele Clark



Jeffrey Cohen
 Eric Cohen
 Michael Cohen
 Susan Colaneri
 Gary Cook
 Shelley Craig



SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORE



"Jane ... sees ... Spot ... run."

A survivor of the 80's.





John Creel
Ronnie Crena
Mary Davis
Susan Davis
Tim Dayney
Philip Demarco

Joseph Depuy
Paul Desaulniers
Julie Diehl
Mara Dille
Kristin Dinniss
Dana Dixon

Andrea Dizon
Laura Dossett
Donna Douglas
Tracey Duncan
Jennifer Dunham
Monique Ebipane

Julie Edwards
Cristy Emerson
Rene Encinas
Sarah Escritor
Joseph Estus
James Eubanks

Aileen Evans
Scott Ezell
Robert Falcone
Jason Farmer
Nancy Feinberg
Suzanne Fentress

SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES!



Bill Autenreith is baffled by a math problem.

"It's just a costume."

Andrew Ferrier
Steven Finch
Eduardo Flores
Lara Flower
Regena Franklin
Karen Freer



Michael Garcia
Debra Gelfand
Marilyn Gennetten
Amy Getrost
Richard Gish
David Gladstone



Daniel Glazerman
Bronia Gmach
Sepiden Goltapeh
Manuel Gonzalez
Kimberly Gore
Matthew Gorsuch



David Gosney
Stephanie Grammer
Meraliann Grant
Alexander Green
Deanna Griffen
William Grimes



Tiffany Gross
James Guerra
Jose Gunther
Jeff Gurley
Daniel Haas
Craig Halder



SOPHOMORES SOPHOMORESSOPHOMORESSOPHOMORES!



"I know, it's the uh ... uh..."

"What's up Doc?"

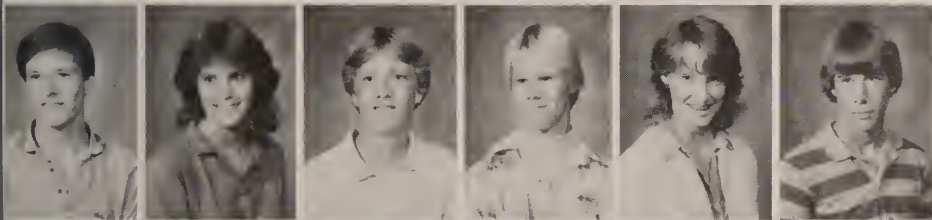




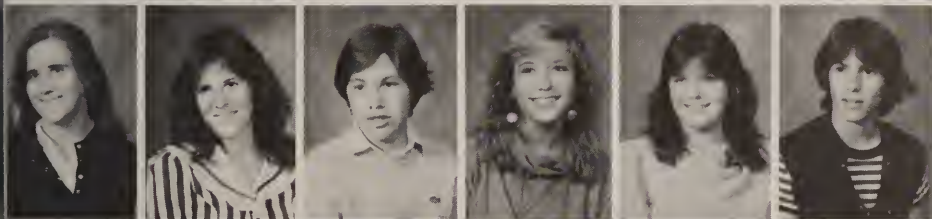
Deborah Hall
Scott Hamrick
Lori Harral
Kelley Harris
Stephen Harris
Elizabeth Hartigan



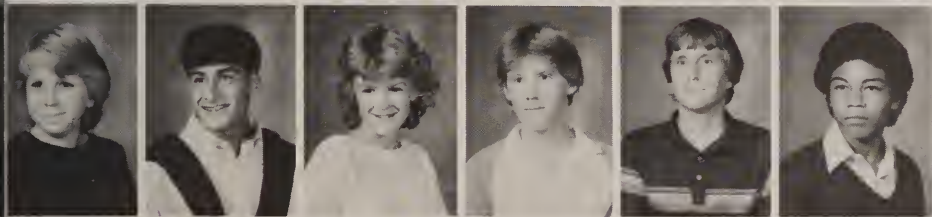
Kim Hawley
Rosalia Hayakawa
Maureen Heck
Karina Heimburger
John Helsing
Kristin Hengstenberg



Russell Hensley
Jennifer Higgins
Peter Hissong
Christopher Hobbs
Lynn Honson
Stephen Holliday



Gina Hout
Tanya Howe
Michael Howell
Lisa Hustosky
Diane Huth
Stanley Hyman



Nancy Jacobsen
Scott Jalowayski
Kathryn Jarvis
Craig Jerpseth
Thomas Jetton
James Jones

SOPHOMORESSOPHOMORESSOPHOMORES SOPHOMORES!



"It's not my favorite thing to do, but it's why I'm here."

"Hey cutie! What's your phone No?"

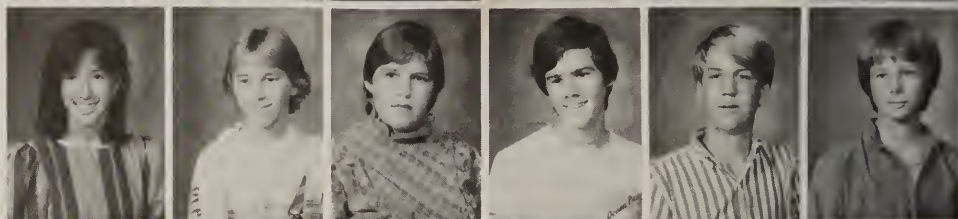
Vicky Kamen
Stephanie Kaneko
Alae Kazzazi
Keli Kear
Tanya Keil
Peter Kellers



Susan Kellogg
Michael Khoo
Tetsu Kidokoro
Kurt Kieselbach
Steve Kim
Julie Kinslow



Lara Klein
Joe Klostermann
Tammera Knapp
Michael Koenig
Michael Korch
Robert Kovalski



Thad Krebs
Laura Krell
Bard Laabs
Stefan La Casse
Lily Lai
Joanne La Motte



Martin Lechner
Gloria Lee
John Lee
Katherine Lee
Wayne Lee
Jennifer Lees



SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



Stacey Campbell . . . out of class again.

"Where's Andy?!" asks Raggedy Ann.





Gregory Levorchick
Thomas Lin
Julie Lingo
Sophie Liu
Paul Livesay
Evelyn Lopez

Yvonne Lopez
Jill Madeja
Jesse Mallinger
Elena Manalo
Steve Manber
John Mandley

Sharon Manor
Cecilia Manzanero
Robert Marcos
Donald Marks
Andrew Martin
Michelle Martin

Claudia Martinez
Rudy Martinez
Cristina Matos
La Tonya McChellan
Erin McDougall
Frances McEvilly

Mary McGuire
Eric McKillican
Marla Mealey
Marla Medina
Patricia Mercado
Karen Merker

SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



"Don't you wish you were as cute as me?"

"Eenie, meenie, inynie, mo . . ."

A row of six black and white portrait photographs of students. From left to right: a young man with short, dark hair wearing a horizontally striped shirt; a young woman with dark, wavy hair and a headband, wearing a light-colored collared shirt; a young woman with long, dark, wavy hair, wearing a vertically striped shirt with a bow at the neck; a young woman with short, dark hair, wearing a light-colored top with a dark V-neck collar; a young woman with dark, wavy hair, wearing a dark top with a light-colored V-neck collar; and a young man with short, dark hair, wearing a light-colored collared shirt.

A row of six black and white portraits of students. From left to right: a young woman with blonde hair, a young man with dark hair, a young man with dark hair, a young man with dark hair, a young man with dark hair, and a young woman with dark hair.

A black and white portrait of a young woman with voluminous, feathered hair. She is looking slightly to the left of the camera with a neutral expression. She is wearing a light-colored top and a small hoop earring. The background is out of focus, showing other people in a crowd.

"The newest fashion in eye wear."





Mike Phillips
Shannon Pippin
Alicka Pistek
Joseph Pleasant
Michael Price
David Purinton

Diana Purves
Antonio Ramirez
Josue Ramos
Jeffrey Randall
Cornell Reed
Evan Richman

Tamara Riggs
Maria Rinaldo
Kelly Robbins
Tina Robinson
Brian Romag
Henrik Romberg

Aaron Root
Thomas Roy
Christy Rueden
Avram Sachs
Stephanie Saladino
Celia Samaniego

Sarita Santana
Jason Sardina
Jenna Scarafone
Wendi Scheck
Curtis Schilling
Steven Schmunk

SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



Donald Marks, "THE FONZ" of the 80's.

"I like the way he walks."

James Scoffin
Steven Scuderi
Eve Selfridge
Juan Seturino
Jed Sexton
John Shafer



David Shapiro
Jordan Shapiro
Sharon Shatoff
Miyako Shirakawa
Yoram Shtrikman
Sara Shuffelton



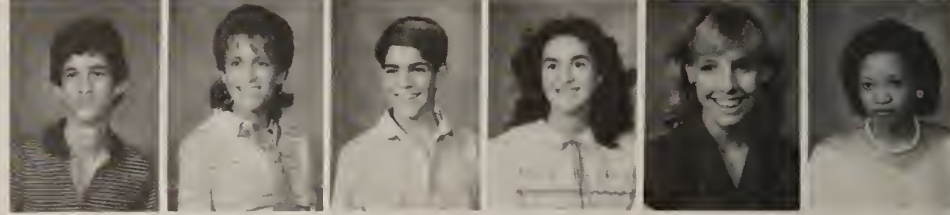
Eleanor Sickels
Serena Siebuhr
Todd Simonis
Stephanie Slack
Michael Smay
Gregory Smith



Peter Snee
David Sousa
Matthew Stevenson
Kristin Stewart
Michael Stewart
Bruce Stone



Daniel Sztuden
Orly Tal
Ross Talner
Debra Tanghigh
Heather Taylor
Kimberly Taylor



SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



"We're going to the movies tonight, right?"

"Thank God It's Friday."





Samuel Thomas
Alicia Thweatt
Seoul Tighe
Matthew Tillotson
Stephanie Torrinely
Paul Tucker

Deanna Tulagan
Ananda Turner
John Ulrich
Melissa Vidana
Albert Viramontes
David Vitala

Brian Vowinkel
Kim-Chi Vuong
Shirl Washington
Gary Watkins
Mary Watson
Brian Wenzel

Jennifer Wermers
Lisa Wheeler
Wendy Wheeler
Laural Wicks
Manual Wingfield
Anita Wolf

Vincent Wong
Kent Wyatt
Kyle Yasuhara
Troy Young
Armida Zavala
Aline Zirino

SOPHOMORESSOPHOMORESSOPHOMORESSOPHOMORES



Sharon Manor Keeps her eyes on her own paper

"So I don't have Vogue P.E. Clothes!"



"No way! Monday again...so soon!?!"



"What do you mean it's due at the end of the period!?"

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORS JUNIORSJUNIO



"Boy are we enthusiastic!", scream juniors at a UCHS game.



"You called...?"



The Junior candid smile. "Is this picture in the yearbook?"

SJUNIORSJUNIORSJUNIORS JUNIORSJUNIORSJUNIORSJUN



Beatrice Abrigo
Burt Adams
Grace Aguilar
Hayzel Aguilar
Audrey Alferos
Erika Allen
Rodney Allen

Christine Anderson
Kristen Anderson
Mark Andrus
Kathy Anuskiewicz
Keith Archibald
Susan Armstrong
Scott Atkinson

Denise Bailey
Anthony Baker
Debra Baker
Kimberly Ball
Mujhaid Bari
Vivien Bascos

John Batzloff
Rhonda Beaulieu
Cynthia Beaver
Yvonne Beck
Damon Becker
Hormozd Behi



"Once upon a time, in a land far away..." "Are all these interruptions really necessary?"

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORS JUNIORSJUNIO

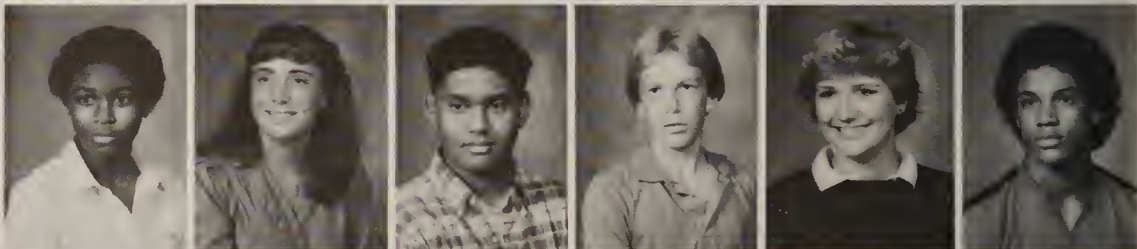
Bryan Bemis
Lance Bishop
Heather Boles
Diana Bonder
James Boren
Dawn Braddy



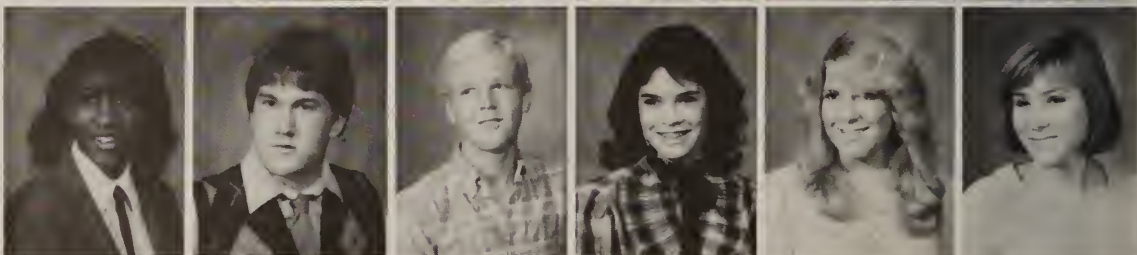
Elaine Brazeau
Lynn Bremner
Eric Bridge
Steve Browning
Charles Buck
Leslie Bucsit

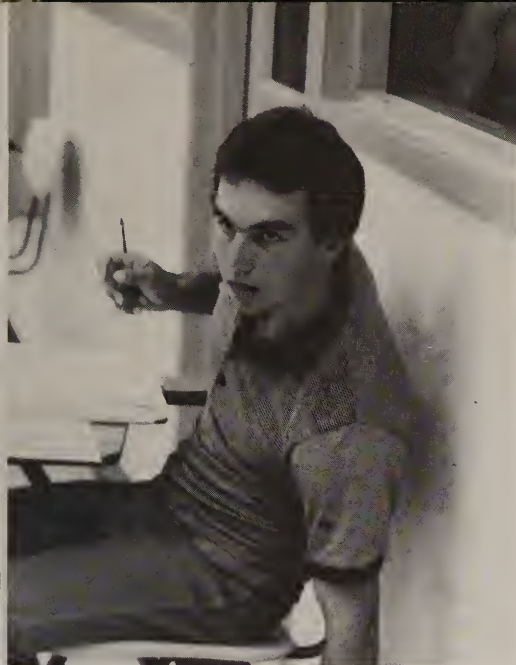


Sandra Butler
Cindy Buzard
Romeo Carcabuso
Eric Carlson
Helen Carson
Terry Carter



Tina Cartwright
Hanis Cavin
Edward Chapin
Amanda Chapman
Julaine Chattaway
Laura Christensen





"I know I've got the answers in here somewhere." Inseperable buddies forever.

SJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUN



Larissa Clark
Bradley Cline
Ellen Cobb
Mark Coddling
Kim Codiamat
Richard Colavin

Christopher Colburn
John Cole
Anne Colleti
Yvette Conrad
Kaylee Cornofsky
Lois Cotter

Richard Covington
Kimberly Cox
Cheri Craig
Monique Craven
Lisa Creadick
Brian Creek

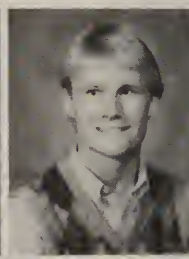
Trina Cremans
Heather Croft
Michael Daligdig
Alan Daniels
William Davies
Marsha Deestrada



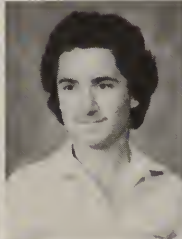
"Did he call on me? But I didn't raise my hand!" Erik Hunsaker hard at work.

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIO

Gina Demangos
Scott Denton
John Depuy
Thomas Dickerson
Mark Dietter
Douglas Dixon
Michael Doyle



Brenda Dubarko
Dean Dupont
Marie Duran
Karen Dykes
Andre Ebipane
James Edgett
Aaron Ellis



Michelle Elmore
Mark Emerick
Brian Engleman
Yvette Espinosa
Samantha Eyres
Mark Fabrizio
Kristina Fain



Michael Fentress
Laura Ferguson
Scott Ferguson
Teresa Ferrer
Robert Fischer
Monica Flores
Peggy Foretic





"I vote we just cancel this assignment altogether." "Can I help you?"

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNI



Amanda Foster
Natalie Garcia
Amy Gauthier
Kristopher Gent
Karen Gibson
Robin Gibson
Andrew Goldstein

Madeline Gooden
Clifford Gordon
Susanna Gorton
Douglas Grant
Michael Grove
Janice Gruver
Gregory Guinness

Thane Hall
Rhonda Hamilton
David Hancock
Michael Hansen
Daniel Harrington
Judith Harris
Kurt Hartman

Craig Harwood
Stephen Hawley
Jeff Healey
Stacey Hearn
Eric Hendrix
Patrick Herman
Amy Hilgers



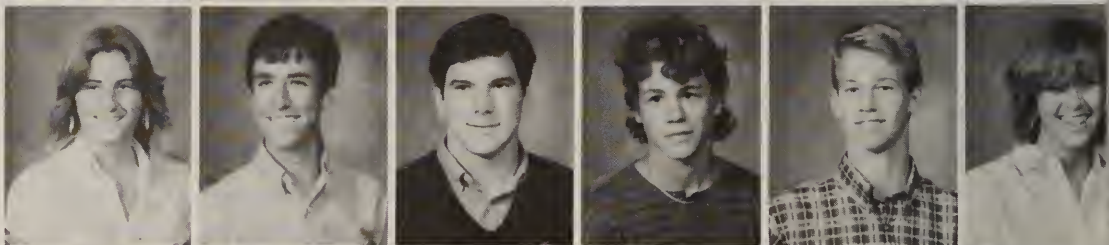
"Audrey, I think you missed a spot." The G.Q. face of the 80's!!!

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNI

Andrea Hill
Erin Hill
Kendra Hill
Robert Hill
Gweneth Hollister
Scott Holslag



Kimberly Holt
Daniel Hood
Francis Hooks
Todd Hoover
Nathan Hopper
Susan Housh



Daniel Houston
Harold Hsu
Ronald Huber
Rachael Huggard
David Hunt
Tonia Hunter



David Hurst
Marcy Hurt
Karen Hylen
Susan Ignatoff
Denise Irvin
Brian James





"Attendance Office: Please excuse Doug Grant..." "I already told you I don't know the answer to number one!"

SJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUN



John Jauregui
Thomas Jenkins
Julie Jonilonis
Michael Jungling
Kim Kaas
Vicky Kaku

William Kalchik
John Kapitzke
Susan Katz
Kimberly Kelso
Kevin Kempton
Karen Ketchen

Paul Ketchen
Donna Kline
Kristin Koehler
Kimberly Koenig
Sara Kopels
Laura Korbela

Michael Kries
Lisa Kroeker
Jennifer Krouse
Jacqueline Kutnik
Edward Lampkin
Trevor Laurence



"In my opinion, we should have an extended lunch every day."

"You expect me to go out with him!"

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIO

James Laurino
Christopher Lechner
Aymee Leech
Karen Lillie
Beverly Loiacono
Michelle Loomer
Rudy Lovato



Richard Lowe
Jacquelyn Lucas
Stephanie Lucero
Dominic Luina
Kelly Lupro
Binh Luu
Tracy Lynn



Joel Maister
Michael Malowney
Felice Marocco
Ronald Marr
Bryan Martin
Sheryl Martin
Laura Mathis



Wendy Matthews
Colleen McCahon
Latisha McClellan
Jennifer McClure
Shayne McCool
Rico McDowell
Heidi McGinnis





Joel Maister discusses weekend plans with Beth Nadeau. "Now, where did he go?!"

SJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUN



Mary McGroarty
James McHenry
Steven McKay
Robert McKinney
Sally McMullen
Thomas McSherry
Gennady
Medvinsky

Malina Mendola
Denise Miles
Kathryn Miller
Marc Miller
Roy Miller
Douglas Milton
Richard Monita

Helen Montague
Ludwig Munevar
Collette Murphy
Gerald Musial
Michelle Myking
Paul Naylor
Ann Nebiker

Stephan Nemmeth
David Newell
Sherry Nolan
Mitra Noorani
Michael Norris
Robert O'Barr
Deron O'Bryant



"Blowing in the wind."

"A pop quiz today, but you didn't tell us."

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIO

Kent O'Dell
Celeste Ogata
Jessica Olsen
Teresa Ong
Alvin Pangilinan
Lonn Paul



Lonnie Perry
Vincent Perryman
Maithao Pham
Heather Phillips
Raquel Pina
Kenneth Pippin



Jennifer Proenza
Jeffrey Purcell
Jennifer Quinn
Lisa Rahiser
David Rauch
Junifer Ravelo



Liza Raymond
Todd Repp
John Revilla
Mary Ribant
Holly Rickard
Danica Rigoli





"Are you sure you don't want to go out with me?" Smile, David!

RSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUI



David Ring
Regina Ringgold
Kimberly Rose
Michael Ross
Yael Rubin
Sean Safreed



John Samuels
Jeffrey Sardina
David Sarwinski
Steven Schechter
Elana Schlafman
Diedre Schloyer



Irene Schneider
Scott Schneider
Andrew Scofield
Clair Scott
James Scott
Suzanne Scott



David Shanks
Erin Shean
Gail Sheehan
Shannon Sherlock
Edward Shiloff
Joanna Shyu



"I don't know what ever made me want to go out with him in the first place."



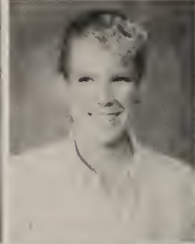
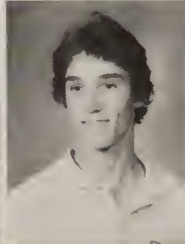
"Hey Mike, pay attention. They're taking our picture."

JUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIO

Robert Sickels
Terrence Sieving
Michelle Silva
Maurice Simmons
Christopher Skinner
David Skoglund
Brandt Smith



Gretchen Smith
Karol Solt
Leonard Sonnenberg
Eric Sorenson
Richard Sousa
Julie Spahn
Bradley Stevenson



Sharron Still
Mechele Stiving
Tina Streeper
Julia Sulkowski
Elizabeth Summers
Michael Swafford
Christine Swain



Daniela Sylvers
Anna Tafvelin
Pat Tanjuaquio
Dennis Taylor
Ruth Taylor
Mark Tettenburn
Anthony Thomas





"Psst, what's the answer to number one?" "And then he said..."

SJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUNIORSJUN

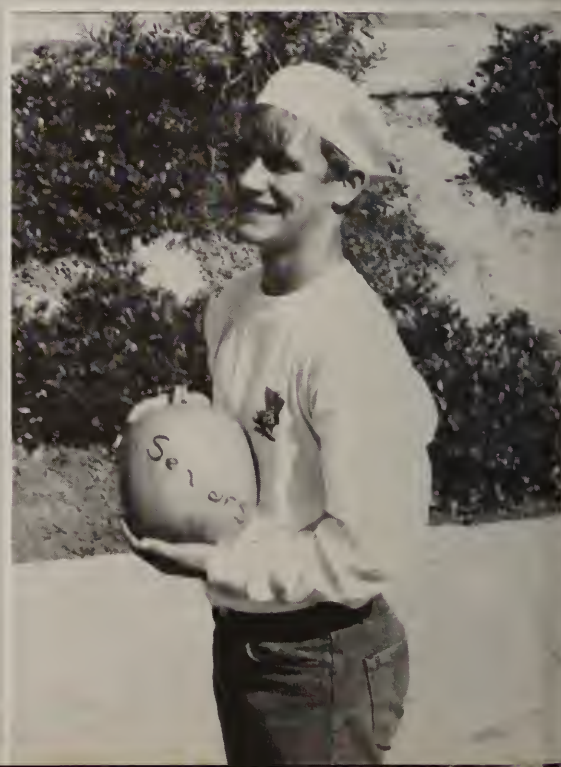
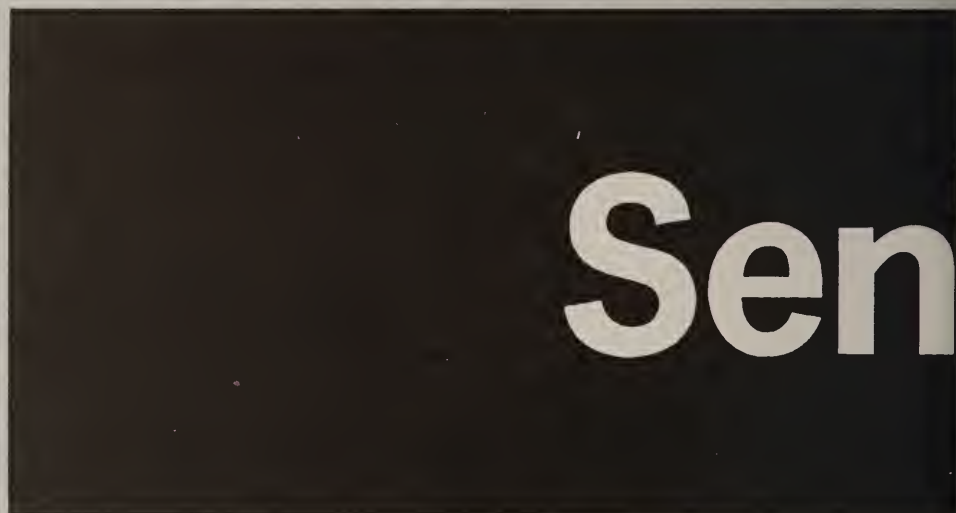


Christopher
Thomas
Flemming
Tranberg
Patricia Uhler
Arthur Valentine
Ronald Ventimiglia
Suzanne
Ventimiglia
Jeffrey Venzon

Jon Vidana
Lisa Viertel
Carmela Vitrano
Leslie Vogt
Sergio Waisman
Cynthia Wallace
Richard Wallen

Martin Walsh
Patrick Watson
Jennifer Wesley
Scott Wetzel
Sharon Williams
Lana Willis
Trevor Wilson

Carolyn Wolf
Tanya Wolfson
Darrell Woodard
Sabrina Woodin
Susan Wright
Jeffrey Wyatt
James Young





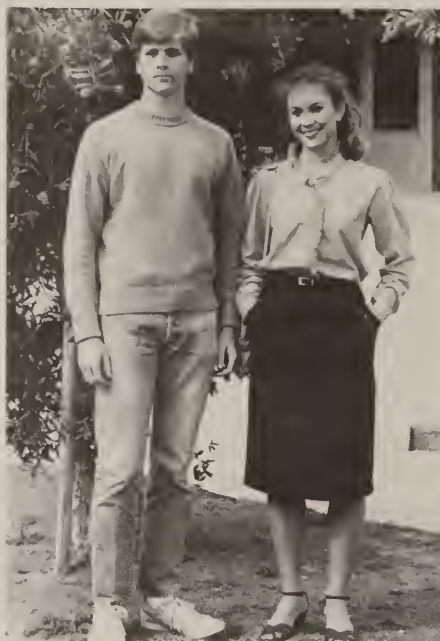
"Senioritis." That's what Maurice Johnson called the affliction that effected the seniors this year. It was an eager excitedness over finally graduating and going on to fulfill one's life ambitions, and at the same time, sadness over leaving the security of high school and the friends they've known for years. It was also a time to slack off in studies and enjoy the last of the carefree years.

Led by Class President Nancy Nadeau, the second graduating class was the first to show a true sense of unity and school spirit at UCHS. Their spirit was seen in their participation at pep rallies, on the field and in the stands at athletic events, at dances and other school functions. Many friendships were made that will endure long after the last game was won and the final bell sounded. Of his classmates, Bobby Clark remarked, "I think they're awesome!"

iors



The Most And The Best



MOST LIKELY TO SUCCEED

John Griffen/Rosemarie Day



MOST FASHIONABLE

Jackie Rios/Albert Crosby



MOST WANTED TO BE SNOWED IN WITH

Matt Brock/Suzi Danziger



MOST SCHOOL SPIRIT

Nancy Nadeau/Ken Parks

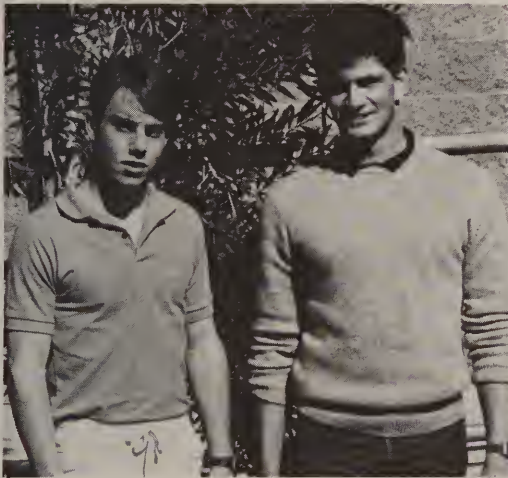
MOST LIKELY NOT TO BE IN CLASS

Frank Jauregui/Sharon Stolfus



CLASS COUPLE

Scott Harris/Carol Sonnenberg



INSEPARABLE BUDDIES INSEPARABLE BUDDIES

Mike Fitzsimmons/Bruce McKillican Kristen Strange/Jackie Rios



CLASS CLOWNS

Mike Lupro/Becky Muka

Remember peering around corners and over your shoulder to catch a glimpse of that irresistible body that just walked by? Or the awful punch lines and funny pranks of the class clowns? Or how about that empty seat next to you in English class-by the body that was supposed to be sitting there. Remember the couple that always seemed so perfect for each other? Or the friends that were always so close they seemed inseparable? Or how about the people that always dressed so stylish, modeling the latest fashions for everyone else to copy? Remember the people that always had it together and were sure to succeed? Or what about the ones that stood in front of the crowd and led the cheers, generating school spirit in all of us? Seniors were voted for in January for all of these categories, the winners crowned with title of "Senior Standout" for 1984, but shall live in our memories forever.

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ING GALS. TSANDMM! I AM LAUGHING! YOU NERD! BE REAL IM SURE!
WELL I GUESS THIS IS IT! LOOK OUT WORLD HERE COMES THE ONE
THE ONLY MONIQUE MARIE MOXEY!! APPLAUSE MASS HYSTERI.

BECKY MUKA- NE WATITUDE / Homecoming FloaTIS1, pass
easley X-masgreenhairBall-upnight / Party/fish, funwoogie/ trouble
causeit don't get into/ soccer-voiders/ UC/IE / ntrX/ uuf/unch, fract
ealafangs/ ForGameKRCareKRhurIKRloveKR-Friend /MF2D0R_ JS_ JS-
Piores_VrTSvrent "HEY, Baby, Zashaken" CoolVacantJanJleani
4x5yntoxerSKWdrWMTMontyPithonChrisSmilesFren.Grovel, dive
w/koGreenGlow/BB-goofidieA-Steve, Coke/milk&budsToshXSkip
xpik-trip, Cherly/fialsZu/ right" TrueFndcmeCmsntIndishomewo
w/DebFitzibz-Eichhorn/Skull/ Joe-Maia-woogiewoogie-becloscr
tain-

RAMON MURRAY M' SO GLAD WE HAD THIS TIME TOGETHER!! HA-
HAHA!! NO REALLY, WHAT A YEAR! STEP ASIDE PLASE. HAPPINESS IS
READING THE RAZOR'S EDGE. I WANT SOME, YOU CAN'T HAVE
NONE, IS THERE LIFE AFTER YOUR SENIOR YEAR? BEAM ME UP
SCOTTY. LIFE AT UCHS IS REALLY JUST A BIG BOWL OF CHERRIES
WITH YESTERDAY'S PIT(S)! IS THERE LIFE AFTER A PEP RALLY? I DON'T
KNOW, ASK THE DOG! MIDNITE MOVIES LIVE FOREVER! HOW ABOUT A
RIPE ROLL? DON'T CRASH YOUR CAR!! THE RAZOR'S EDGE WILL LIVE
FOREVER! SHE'S A MANIAC!! WHERE'S THE BEEF?? VG, MB, TH, VP,
C7, LUY YOU ALL! WHERE'S THE PARTY? PARTY OVER HERE! IT HAS
BEN AN ULTIMATE EXPERIENCE!! BYE.

KRISTI MYKLESAD-AM. HIGH SCHOOL IS A BLAST! FANTAS. VAC. & HOL., S.F., MEX., I.V. G.R. C. PRTIES & COPS M&M, MICH.-M. 2 GR. J'S WHEN FOOD ROWDY V.B.-CSN KEEP ROW. REVER, LAM.I. SURV. TRIG. THANKS 2 K.K.-SPL. U. C. B-B. - B CSN, WIN FRIENDS SPACE A CRAZE A.B. - BACHRUNNER MADE L.F. - L.J. FAN H.P. - CURL, HEA. BOYS, COL. PRT. - #1 FUN 2 ST. CH M&M'S LEGS EV. DAY COMB: LOCK 23-37-13 THAT'S IT C U IN NORWAY U.C. STUD.!!!

NANCY NADAE! HEER CAMP & ARTESANS-BB & FB GAMES, MB
WHAT HAPENED JER? BA'S/SUNROOF ALL NIGHTERS W/ TORRY &
ALBERTS. DONUT SHOP LAKE MARINA FL GUM IN MY HAIR MATT
GOOD TIMES IN BOAT. MR. BUD HEVER. BALL ROOM DANCING W/ SP
& BE. WHAT ARE MY NEW NEIGHBORS, BESIDES CRAZY. 2& GAMES
TRY TO LOOK NORMAL. HT VV. WHERE'S THE PARTYS? GOLF W/JE
SURFING W/MM SAILING W/EB. DON'T WORRY WE WON'T SINK MP
ROCKY LIVES ON S/R W/ D. CETH. CARRY ON TRADITION BUT
FORGET THE LOUD LAUGH, YOU'VE ALWAYS BEEN THERE WHEN I
NEEDED YOU DAD. THANKS 4ALL YOUR SUPPORT LOVE YOU LOTS.
BUT DO WE HAVE TO HAVE TV DINNERS AGAIN?

DAVID NICKLAS-GROG HUCKER! Mr. Happy lives! JIM-ML to the winner? Thanks for being you FOREV! EEE. Moves, grog, water balloons. CHEECH can't major in video games! Calc would be tough w/o you. SHAWN-Watch out for those killer Trees. Bo wants to go to the beach! Ray-D! laugh if it runs. Thanks for the rides. KEEP PUSHIN Fudge 1 year to go. Thanks for speedwork/coach. Rocks, morning roadruns CIRC CHAMPS. Thanx for Europe Terri Love ya EBB? BOWIE-DON't worry, there is Some life in JHS. IRY Jannell. Watch, out RPI Here I come. BE HAPPY!

coaches, 2 bad about my knee/TB, JV, BE, MH, SH, SM-go Cif 4 me, OK? AB getbelieve!/Wit 4 Pros was fun/AB you stud geog! Good luck at SDSU/Will Stud View ever be? There is nothing wrong w/orange van!!/Heytall honk Ta buddy-ya U Shuck, good Z know U/TAPUR the best ever?/Berkeley?/Good Luck Lill Sliss, U will need it!/RH-I am your secret admirer ***Stacey I love you***EPITAPH Isn't this w/life all about? isn't this a dream come true? Isn't this a megmrate too?21-OB

Its been fun - YAKI was here

ROCKY NORTON-years were long but later days Times were hot in 10
w/DOC Sevei & yousestrouser The crunched up Toyota at lunch was
HotBrock you experienced it winter days befor school wounding was
killer watching Fred Flinstone go over the falls playing baseball was hot
w/ Noke & gotties kids trips w/the Bro's were the Hot est the older Bro's
brang Fun Times ever you munchkin out of town trip were always fun &
wild later to all my friends and I feel sorry for you prisoners who are
stuck her for one more year.

DAVID O'BARR-IT MUCH TO REMEER 3 YEARS OF FUN 10TH-CAP-
TAIN W. FOOTBALL 11UPHDOWNSTRCE HEY DAVE M CROSS CON-
TRYSYTEAM I HATE TO RUN ANYWAY I LIKE TO DANCE, SMACK!
ANARCHY!HEY! WHERE'S MY TRNCHCOAT? FADE AWAY MK.
HOWLING? STONES MMW/MPLI. MUCH MORE 12TH-SRFPNKS. UR
BANEGORILLAS. MORMON DANCES WITH EH - TV - ETC. NO SLAM
DANCING! CLRMNT WILL NEVER FORGET LUNCH FUN HA HA HA I

[illegible]

KEN PARK-The end is near! IOMTUCHS JV BS BL. VARBBL. Friendship.
ASB Pres., PTSA Rep, CAC Rep, Many new resp. MP leaves = KP works

160



David Adams



Clyde Ahrens



James Alexander



Anamaria Alvarez



Shawn Ambrose



Michael Anderson



Ron Anuskiewicz



Jenny Armstrong



Selynthia Armstrong



Julie Aylesworth



Suzanne Baeza



Janet Bailey



George Balle



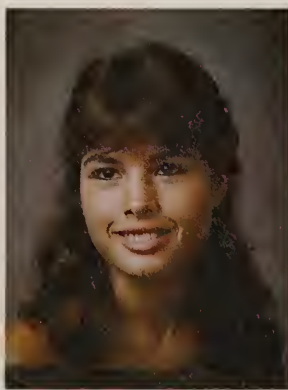
Randall Barnes



Erin Barr



Dora Barrett



Deborah Beard



Heather Beaton



Adam Behar



Bradley Bendett



Steve Benny



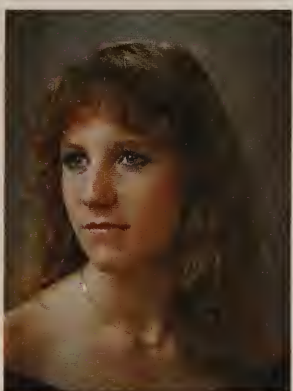
Cynthia Benshoof



Chris Beresford



Jennifer Betts



Amy Bischoff



Maria Bishop



Melba Bland



Mark Blodgett



Yvonne Body



Mike Boren



Daniel Brady



James Bremner



Muscle Man

"I suppose guys who don't know me might be a little intimidated by my body", commented body builder Phil Hernon. He started lifting weights a year ago for football, but when the football season ended the lifting didn't. He continued to lift because he liked the feeling that "something has been accomplished". Phil worked out one to two hours a day, six days a week, on different muscle groups so all muscles got worked twice a week.

He was featured in Flex, Muscle Up, and Muscle Digest magazines for winning his first competition, "Teenage West Coast".

Phil worked out at Gold's Gym for free on the condition that he compete in "Teen San Diego." He strictly conditioned just before his competitions while on a starvation diet. While not working on competition form he built up his muscles and was on a low fat, high protein diet.

The 5'7", 175 pound senior was an all around athlete. Besides football and weight lifting he also participated in baseball for seven years and track and won the San Diego North County tennis championship last summer.

He said he didn't want to get into sports in his senior year because, "I don't like coaches breathing down my neck."



Charles Bridge



Laura Bridge



Matthew Brock



Jason Brown



Kelly Brown



Michael Brown



Ike Bruckman



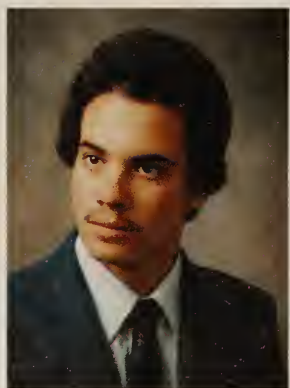
William Buchanan



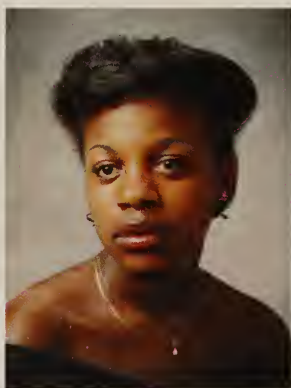
Martin Bunch



Patricia Bunzy



Vince Bustamante



Elizabeth Butler



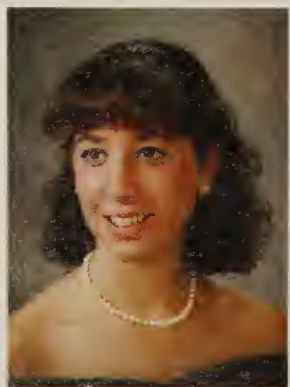
Rob Campbell



David Caravantes



Kenneth Cashman



Pamela Ceren



Bob Chamberlin



Rhonda Chester



Chih-hsin Chiang



James Childress



Brian Clark



Robert Clark



Michael Cohen



Yvonne Coiner



Heidi Coric



Matt Cornforth



Dee Dee Couch



Albert Crosby



Susan Danziger



Tim Danziger



Henry Davenport



Dana Davis



Scientific Student

"I was never really interested in English, I even received a couple of D's in second grade," stated Randy Zounes. This was one of the reasons why he became involved in mathematics and the sciences. He was raised by science-oriented parents who obviously influenced him. Planning on majoring in engineering sciences and having a minor in mathematics, he chose three colleges which he might like to attend: U.C.S.D., Harvey Mudd College, and U.C. Davis, in that order. In the ninth grade, he took first place in the State Science Fair. "It was the most glorious moment of my life. I was in a daze for almost a week." This project took almost a year for him to complete. It was about the geo-magnetic pulsations of the earth's magnet field and determined that they were caused by sunspots. Randy has completed two other Science Fair projects and took first place with them also. "The thrill of winning is the thing that I like," he explained. Although Randy has done very well academically, he also has participated in many sports. He has received four varsity pins in track and cross country, and hopes to receive one in Soccer. Randy hopes that in the future he can keep up his scholastic grades and his physical activities.



Glenn Davis



Harold Davis



Rosemarie Day



Michael Deguzman



Tosha Delaca



Gregory Delacruz



Leila Deleon



Heather Demaio



Derek Derieux



Susan Dietter



Brent Dougherty



Leesa Drost



Andrea Drucker



Rob Echevarria



Julie Emerson



George England



Clorinda Espinoza



Leslie Evans



James Eveleth



Eric Eyres



Michael Fabrizio



Michael Fagan



Robert Fidel



Arlesa Fielder



Debra Fischel



John Fitzhugh



Mike Fitzsimmons



Kim Fleshman



Michelle Flores



Geoff Folsom



Bijan Forutanpour



Julia Freer



A Dancers World

Seven musicals so far and more to come! Clorinda Espinoza has danced in three professional musicals and four school productions. In one musical she had a lead acting and singing role for which she received actress and dancer of the year from her high school, El Capitan. Her most recent production was "Guys and Dolls" with Grossmont College in which she was the youngest member of the cast.

She began her dancing career at the age of three by taking ballet, acrobatics, and tap dancing. At eleven she became involved in synchronized swimming or underwater ballet. At the same time she also played soccer holding the prestigious position of center forward. She practiced soccer from 3:00 to 5:00 and then swam from 6:00 to 10:30 daily. In addition to this she took up gymnastics at her previous high school, El Capitan. When asked how she managed it all she replied, "I like to be busy. I hate idle time."

At 14 she stopped swimming and soccer to do some serious dancing. At 15 she was the head physical education director at the East County Girls Club and taught ballet and jazz. "It was my first job," she said with a smile and that was just the beginning.

Upon moving to University City two years ago she has enrolled in the vocal, drama, and dance programs here at U.C. High. Putting more emphasis on education last year she held a heavy load of classes plus a job as assistant manager at Fashion Conspiracy in the University Towne Centre.

For the future she would like to go to college and major in business because she "can't live on a dancing career alone," and business fascinates her. But Clorinda would like to minor in theater arts and maybe someday open her own dance studio.



Deborah Fujita



Oray Fuller



Janis Garcia



Todd Garrison



Christine Garza



Camille Gascon



Tania Gatt



Joan Gilbert



Donald Glaser



Deborah Glazerman



Thomas Goddard



Caryn Gold



Francisca Gomez



Ricardo Gonzalez



Vonnie Gorham



Diane Gosney



Robert Goudy



Kelli Gragg



David Gray



Kim Grennan



John Griffin



Sandra Haisha



Chris Halkin



Deborah Hanson



Anna-Lisa Harkonen



Brian Harrington



Scott Harris



Wendy Heath



Kevin Heck



Michael Heck



Jill Hemingway



Chris Henderson



Hangouts

"Where's the party?"

"My parents are out of town. Let's all cruise over to my place."

But what were seniors supposed to do when their parents didn't leave town? Sit around and watch "The Dukes of Hazzard"? There had to be a place to go on a Friday night, and in front of the television certainly wasn't it.

"What are we doing tonight?"

"Let's go to Crown Point or the Frontier."

"Today's Tuesday, we should go see a dollar movie at the Towne Centre."

Often when the parents were at home the students made hangouts like Crown Point, Frontier Drive-In, and University Towne Centre their own personal inner sanctum. There are many memories of all those "Mr. Bud" and "Mr. Gumby" parties. It sure was cold on a late Friday night at Crown Point. Although heat came from the bon fire, a greater warmth came from the friendship. Everyone stood around in the dark parking lot and the only face you could see was that of the person directly in front of you; the others were merely silhouettes. The music was supplied by our car stereos and under that, mumbled fragments of different conversations could be heard.

"We should have beaten Clairemont!"

"Mr. Mitchell sure is a cool math teacher."

"Who are you taking to prom?"

As the hours passed, the cars thinned out to only a few and all were gone except for the ashes from the fire. But the real fire never stopped burning. It simply took a rest in everyone's memories. At the next party its flames roared again, because the real fire is one of friendship made in a cold parking lot hangout.



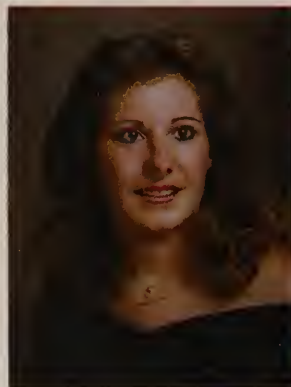
Greg Henry



Michelle Henry



Fred Hernandez



Krista Hess



Peter Hobbs



Mark Hodgson



Ann Hoffner



Marshall Hopkins



Katrena Horne



Michael Houghton



Shihyen Hsu



Scott Huckleberry



Lisa Hunt



Ricky Hunter



Shayne Ireland



Wendy Janon



Frank Jauregui



Richard Jennings



Roger Joe



Mary Johnson



Maurice Johnson



Danielle Jones



Stephen Jones



William Jones



Jeff Jonilonis



Richard Kalichman



Eric Kay



Katy Kellers



Raymond Kelly



Phil Kennedy



Sandy Keshavarzi



Lisa Khoo



Seniors On Ice

Dedication is what it took to be an ice skater and still maintain a social life and a decent grade point average.

Dee Dee Couch and Monique Moxey attempted to do just that. Every morning they crawled out of bed at the ungodly hour of 3:30 a.m. and began skating at 4:30 and worked continually until 10:00 a.m. Early in the morning while most people were still sleeping soundly Dee Dee and Monique jumped, stretched, and concentrated solely on their skating skill. The courage and flexibility it took to achieve in skating was reminded to the skaters every morning. They had to continually keep their goal in sight and go for it at all times.

Each of them attained many trophies for their outstanding efforts in competition.

Although their goals in skating are different, Dee Dee is interested in pair skating while Monique's interests lean towards single skating, it still takes the same amount of dedication. UCHS honors the efforts of these two ambitious students.



Richard Kim



Brigitte Klein



Kevin Knox



David Koenig



Kent Korson



Kimberly Kramers



Kyle Krause



Cory Krell



Jeanne LaMotte



Seung Lee



Lionel Leger



Jacqueline Lemoine



Maria Leon



Robert Leonard



Jeanette Lewis



Mike Liang



Gregory Little



Maria Littler



Shiun-Chi Liu



Shawn Logue



Kimberly Long



Tami Lopeman



Frederick Loucks



Diana Lublin



Jose Luis



Michael Lupro



Donald Lutz



Kelly Lynch



Steven Lynn



Michael Maister



Kimberly Maloney



Ronald Mandley



Guardian Angel

A group of thirteen young men banded together in February, 1979 in a rundown tenement in the South Bronx. These were the first Guardian Angels.

Mark Nicholaw, a member of the San Diego chapter explained, "We are primarily here for two reasons. We function as crime deterrents by patrolling neighborhoods and intervening in crimes in process. We also serve as a constructive organization for young people. Being an Angel gives us a means of developing a positive self-image while being of service to the community as well."

Mark Nicholaw joined the Angels in July, 1982. Three months of strenuous physical conditioning, martial arts training, and actual street patrols were required to become a graduated Angel.

"We are required to follow a code of conduct, and wearing our uniforms is a privilege that must be earned." The red and white shirts that the Angels wear must be earned during a period of probation following the initial training. The design on the shirt, an eye set in a triangle with wings extending is symbolic of peace and the Angel duty to protect and see all.

Mark has participated in approximately two patrols a week. His patrols primarily walked the streets of Logan Heights, Downtown, and Southeast San Diego.

"It was all worth it though," he said, "because I was tired of seeing people afraid to walk the streets. Joining the Guardian Angels was my way of doing something about it."



Louie Manson



Michael Marincic



Amy Marshall



Russell Martin



Patricia Mathews



Mary McCahon



Christopher McCauley



Marianne McCoy



Jeanne McCracken



Heather McDonald



Timothy McGinnis



Buffy McGuire



Bruce McKillican



Vickie McLemore



Anita Mehr



Karen Melcher



Monica Meyers



Ofelia Meza



Mariana Michas



Andrew Micone



John Milam



Joy Miller



Mary Mills



Steven Misleh



Lisa Monita



Phillip Mooney



Donna Morafcik



James Morris



Anthony Moscato



Brian Mosher



Monique Moxley



Becky Muka



It's All Relative

"Convenience is the best thing about it," agree seniors George Balle, Katy Kellers, Jeanne LaMotte and Jim Eveleth on the subject of being related to a member of the UCHS faculty.

"If I ever needed a parent signature, money, or the car keys, all I had to do was run down to the library and ask mom!" Mrs. Kellers has worked at every school Katy has attended, Spreckles, Standley, and now UCHS. "It would be strange not to have her here," commented Katy.

Jim got a chance to see his uncle, Coach Mitchell, on a fairly regular basis because he coached both the track and cross country teams which Jim actively participated on. "He requested not to have me in any of his math classes though, so as not to create any controversy," remarked Jim.

Whereas Katy and Jim saw their mom or uncle all the time, the other two rarely associated with their parent on campus. "I never see her, we don't drive to and from school together and I don't have any of her classes," said George of his mother. About her dad, Jeanne remarked, "I haven't been in any of his p.e. classes because I have always had athletics with a female coach."

None of these students minded having mom, dad, or uncle on campus. "It really helped my financial situation because I sold vocabulary tests to all of my friends in my mom's classes," said George with a mock seriousness. "prices are negotiable." Jeanne really enjoyed having her dad here. "The best thing about it in my junior year was getting to drive the car, in my senior year it's the motorcycle!"

Having a parent on campus might make some people think one would receive special treatment, however, these four neither wanted nor were given it. They all agree, "we're no different."



Kirsti Myklestad



Nancy Nadeau



Ajay Narain



Trang Nguyen



Mark Nicholaw



Jeffery Nichols



David Nicklas



Kent Ninomiya



Chris Norberg



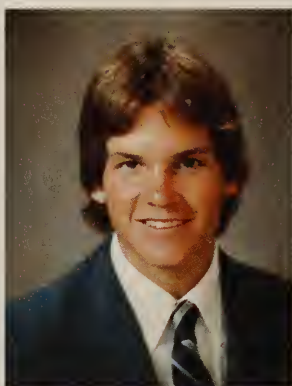
Rocky Norton



Mark Nunes



David O'barr



Bob Osborne



Jerry Paladino



Kenneth Park



Ken Parker



Sherri Passin



Timothy Patrick



Jill Paul



Virginia Payzant



James Pechulis



Mary Peet



Heather Peri



Tanya Perkin



Annette Peynado



Adrienne Phillips



Lorene Phillips



Lisa Piatt



Rebeca Pina



Larry Porter



Valerie Pough



Parissa Pourhosseini



On Her Toes

"She would dance whenever she heard music, and she really enjoyed it," commented Rosemarie's mom. Rosemarie Day began dancing at a very early age. Her parents and teachers noticed that she had a natural beat, so they enrolled her in a dance class at the age of six. Rosemarie has been dancing for the past eleven years. She has learned jazz, character dancing, and a little folk dancing, however, she has mainly concentrated on ballet. Rosemarie attended dance class six days a week where she trained rigorously for four hours every day. The first two hours were spent warming up, stretching, and developing combinations and steps to her dances, whereas the last two hours were used for the rehearsing of the dances which were to be performed on stage. Rosemarie performed in a well respected professional troupe called The California Ballet Company. With a combined ensemble of twenty men and women, the company performed in Mexico, Palm Springs, and Long Beach, as well as in San Diego. At school, too, Rosemarie excelled. She was enrolled in many honors classes as well as an auto mechanics class. "I don't want to be a helpless female," she commented when asked why she took the auto shop class. After a lot of debating, Rosemarie has decided not to continue with her ballet career after she graduates. She wanted more time for her college education and her social life. She admitted, however, that if she misses dancing a lot, she will return to her ballet.



Chris Ramras



Craig Randle



Sundari Ranganathan



Mark Richards



Todd Richards



Deborah Rickard



Rebecca Riddle



Michelle Riley



John Ring



Jacqueline Rios



Lydia Rios



Carla Roberson



Linda Rockwell



Sandra Rodes



Joe Rodriguez



Anthony Romag



Kathleen Romito



Lisa Ruben



Kelli Russell



Eric Ryan



Jay Ryan



Arthur Salcido



Marissa Sanchez



Julie Sanfilippo



Joseph Scarafone



Jenny Scott



William Sevic



Alise Shatoff



Yasuko Shirakawa



Terry Simonis



Paul Sinfield



Benito Singer



Bonjour Mes Amis!

"It's so great to be able to see the works of art you read about with your own eyes," exclaimed Krissy Zounes in one of her letters from France, where she spent the first semester. She lived with a family in Chaumont, which is a city in a low lying mountain area around 220 kms from Paris. She went through an organization called Interschola and her only costs, air fare and some administrative fees, came to \$2,000. While in France she attended school, taking a light load of classes. Krissy found the people kind and helpful while she perfected her spoken French. Whether hanging out at the local cafes with her friends from school or eating those delicious French pastries, Krissy found France to be an exhilarating experience and certainly one she will never forget.



Leah Singer



Kristen Slater



Mark Slater



Aaron Smith



Andrea Smith



Christine Smith



Kevin Smith



Shawn O. Smith



Shawn W. Smith



Carol Sonnenberg



Alan Southwell



Christine Souza



Evan Stachelek



Kathy Starkey



Debra Starks



Brian Steffen



Sharon Stoltzfus



Jennifer Stookey



Kristin Strange



Christina Sullenberger



Richard Synnott



Akiko Tamano



Heather Tammarine



Cherie Tedde



Djuanda Temple



Gary Tettenburn



Julie Thomas



Thomas Thorpe



Tim Throckmorton



Richard Tin



Anh Tran



Robert Trimble



It's A Racket!

"Competition! That's what I like about playing tennis," replied Chris Henderson, a three year Varsity member of the U.C.H.S. tennis team. It started about eight years ago for Chris when he first started playing tennis. His mother inspired him to start playing because she recognized that he had the talent. And he does have the talent. Chris is not your average tennis player. As a matter of fact, he is considered one of the top five tennis players in San Diego. Chris works out about two or three hours a day playing tennis. He hopes that working this hard will win him a scholarship or hopes that someday he might play tennis professionally.



Michele Trombley



Daniel Trout



Michael Tuller



Derek Underwood



Allison Valencia



Torrey Vance



Tom Vandenberg



Vic Villalpando



Howard Vitkus



Antonina Vitrano



Mary Wachtler



Linda Wallace



Derek Watkins



Paul Watson



David Wayne



Monique Weaver



John Webb



Joseph Weigand



David Weinbaum



Kevin Wenzel



Damon Werner



Deborah West



Kim Wheat



William Wheeler



Yolanda White



Cherilyn Wicks



Jr. Williams



Maia Winters



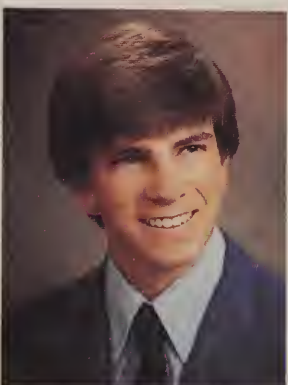
Jacqueline Wirtz



Paul Wong



Victor Wong



Adam Wopschall



UC's Ace

"Adding full power and pulling the plane off the runway is a high only those who have experienced it can imagine," commented Dave Adams when asked to summarize the feeling of flying a plane. "I've wanted to fly ever since I was little. The only toys I ever played with were planes."

Dave Adams started turning his childhood dream into reality in November, 1982 when he started ground school with the P.S.A. Flight Academy in Mira Mesa.

"Flight school wasn't as hard as I expected. I had to do a lot of math and physics and I had to learn how to read weather charts. I didn't even see a plane for the first three months," explained Dave.

After Dave completed his twelve hours of instructed flight time he was ready to start his solo flight time. "The first time I soloed I felt an incredible feeling of freedom. The cockpit was silent and the only thing that stood between me and the ground was thousands of feet of nothing and I alone glided across it like it was a giant pillow," reflected Dave.

During the year Dave Adams flew with the Golden State Flying Club. Through the club David rented his airplanes and continued his flight studies.

"There's nothing like flying up the coast," commented Dave when asked about his favorite flight route.

For Dave Adams, fulfilling his childhood dream of becoming a pilot added a new dimension to his life. It not only fed his enduring hunger for flying but gave him his own private heaven.



Gary Wright



Peter Wright



Donald Wrixon



Jeff Wyman



Ross Yagoda



Greg Yavorsky

Seniors Not Pictured

Dupree Adkins
Hooman Asbaghi
Adrian Banks
Farhat Bari
Jason Bierholm
Anthony Bullard
Robert Butte
Mitchell Cavanaugh
Ricardo Diazcanedo

John Eichhorn
Minnette Fink
Lana Fisher
Reed Fry
Suzanne Garrett
Shelda Harris
Tracy Heckler
Paul Houston
Donald Hunt

Jeffery Hunter
Josephate Jordan Jr.
Meenu Kaku
Ayad Kazzazi
Edwin Lai
Otis Lambert
Trine Larsen
Joe Lewis
Ethan Loeb



Mrs. Nowak,

Thank you for being one of those special teachers who really cares and shows it too. You have taught me a lot and not just about our government. You taught me to be myself (my own person) and to be more open and honest with people. You really are special.

Love,
(your friend & student)

Kevin Hong

ME!

Mrs. Nowak,

Seniors Not Pictured

Barmak Mansoorian
Hayley Moss
Ramon Murray
Peter Otoole
Ken Patrick
Mary Proenza
Susan Reinhardt
Glenn Rogers
Bjorn Romberg
Anthony Rueden
Darren Sam
Kenneth Sipe
Kyle St. John
Glenn Westin
Sharon Williams
Hilleary Wilson
Salwa Yousif
Suhail Yousif

I enjoyed
Being in
your gov.
class. I'm
sure I would
have liked it
better than
any other class.
See you!

Jeff Hunter



Bill Yeamans



Laura Zirino



Mary Zopatti



Krisena Zounes



Randolph Zounes













Looking Today At Yesterday's Dreams

To the underclassmen, from the class of '84

In our four years, we;

Lived our days - gave them our best
But now they're gone - laid to rest

Recall them often - in our mind
But they keep falling - far behind

Time must rush - another day
Whisking yesteryear - away

Life brings on - still more dreams
Casting old ones - down life's stream

We can't make today - forever
Even our dreams - are not that clever

Life must match time's tireless pace
Until time drops it - from the race

We say to our classmen - to this end
Today cannot return - ever again

Let time bring on - days anew
For time itself - belongs to you

Use it
Live it
Lead it on
Until the last of it - is gone

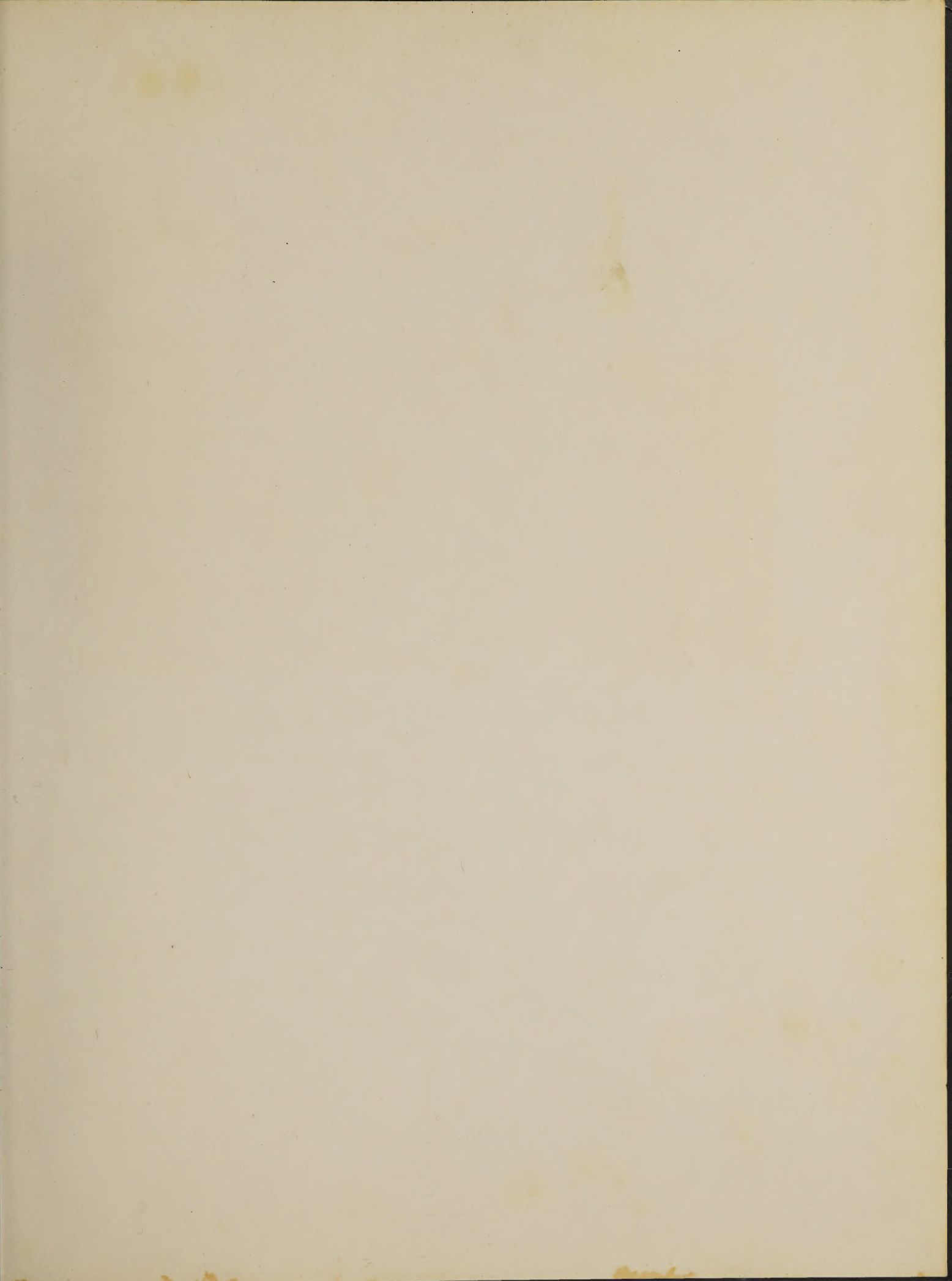
Burst your days - right at the seams
For tomorrow you'll look - at yesterday's dreams





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Mrs. Nowak,
 To my dear,
 Sweet teacher who
 I liked very much
 even though I don't
 think she thought so. I know
 I got on your nerves, but hey
 you were more than a teacher, I'd con-
 sidered you a friend. Thanks for all your
 help. If I didn't know about our gov. I know
 now. Thanks once again. I enjoyed all the stories
 you told us in class. Some were sad while others
 were amusing. Please take care of your self and remain
 happy. Keep smiling → when you smiled it made me smile.
 Thanks for all the funny movements in class.

Yours
 Nikkine
 Weaver
 (your former student
 and friend)

Mrs. Nowak,
 I wanted to thank you
 very much for the knowledge
 you gave me this year.
 I really learned alot this
 year. (Sorry 2 words)
 Thank you once again.
 Jimmie Eveleth
 Per. 5 4/84

Mrs. Nowak
 I want to thank you
 for everything you've taught
 me. Before I took this class
 I didn't know anything about
 government, now when I turn
 on the news I know what they
 are talking about and that is
 due to you and your class.
 Also you were a fun teacher
 to learn from. So take care

of yourself. Class of 84
 Per 4. Gov.
 Love Bruce M. Wilkin

